

Piranha Swimming Presents  
**Annual Piranha Progressive Series/Pentathlon**  
**April 13 and 14, 2013**

**Saturday - Part Two of the Piranha Progressive Meet Series (C/B/A+)**

Swimmers attending all 4 meets in the series will receive a patch.

**Sunday - Second of Two Pentathlons Meets (Age Group)**

Enter this meet online at: <http://ome.swimconnection.com/pc/quik20130413>

**SANCTION:** Held under USA Pacific Swimming Sanction No. **13-050**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO & VIDEO:** Use of audio or visual recording devices, including a cell phone camera, is not permitted in changing areas, rest rooms or locker rooms.

**OFFICIALS:** **Meet Referee:** Peggy Ramirez **Head Starter:** Chuck Johnson **Meet Marshal:** Phil Spratt  
**Meet Director:** Sheri Lang – 707-584-7176, [quiltnmama@sbcglobal.net](mailto:quiltnmama@sbcglobal.net)

**LOCATION:** Honey Bee Pool, 1170 Golf Course Drive, Rohnert Park. Take Hwy 101 NB to the Wilfred Ave exit. Turn left off hwy on to Commerce. Go right at next light on to Golf Course Dr. Turn left into pool. There is a small parking lot available as well as street parking. For additional parking: While on Golf Course (before the Pacific Market Shopping Center) turn left at stop light for Country Club. Turn right at Hudis Street stop sign. On right will be parking lot for Marguerite Hahn Elementary School. If you walk past the baseball field, follow the sidewalk into the park and you will see the pool.

**COURSE:** Heated 25-yard outdoor pool with up to 6 competition lanes as well as a small Warm-up/Warm-down area available during the meet. The minimum water depth measured in accordance with USA Swimming (USA-S) Article 103.2.3, is 5'0" at the start end and 3'5" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

**TIME:** The competition pool will be available for warm-up from 8:30 am – 9:15am. The meet will start at 9:30 am.

**RULES:** Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course. All events are timed finals and will be seeded fastest to slowest. At the discretion of the Meet Director and the Meet Referee, events may be combined. **Swimmers may compete in a total of 5 events. All swimmers ages 12 and under should complete competition within four (4) hours. Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.** If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.

Saturday swimmers in the PC-A+ division must have met at least the PC-A time standard, those in the PC-B division must have met at least the PC-B time standard, and all entry times slower than the PC-B standard will be in the C division.

Coaches must maintain contact with their swimmers during warm-up.

All entry into the pool for warm-up is feet first with a 3-point entry method from the starting block end of the pool.

**All coaches and deck officials must wear their current and valid USA Swimming membership cards in a visible manner.**

**Attention High School Swimmers (February through May):** If you are a high school swimmer in season, you need to be Unattached from this meet. It is the swimmers responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to swimmers swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

**DECK CHANGING:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

**UNACCOMPANIED SWIMMERS:** Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start. **It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.** The certification process includes the completion of a Racing Start Certification Checklist. If the swimmer is not accompanied by their USA Swimming Coach, please have their coach complete and deliver to the Meet Director a signed copy of Racing Start Certification Checklist: [http://pacswim.org/09rsc\\_checklist.pdf](http://pacswim.org/09rsc_checklist.pdf). **Please Note:** Swimmers not accompanied by a USA Swimming Member coach that do not have signed copy of Racing Start Certification Checklist, must start each race from within the water.

**RESTRICTIONS:** Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. No deck changing. No pets are allowed on deck except for working assistance animals. All shelters must be properly secured. No glass containers are allowed in the meet venue. No propane heater is permitted except for snack bar/meet operations. **Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.**

**ELIGIBILITY:** Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. . Saturday swimmers in the "A" Division must have met at least the "PC-A" time standard; swimmers in the "B" Division must have met at least the "PC-B" time standard; all entry times slower than the "PC-B" time standard will be in the "C" Division. Entries with **"NO TIME" will be accepted.** Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. **If you are a high school swimmer in competition season, you need to be unattached from this meet. It is your responsibility to be unattached from this meet.** Disabled swimmers are welcome to attend this meet and should contact the meet director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy. The swimmer's age will be the age of the swimmer on the first day of the meet.

**ENTRY FEES:** \$2.75 per event, \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

**Make check payable to:** Piranha Swimming  
**Mail with entries to:** Sheri Lang  
Swim Meet Entries  
3 Fall Court  
Rohnert Park, CA 94928

**MAILED OR HAND DELIVERED ENTRIES:** Mailed Entries must be on the attached Consolidated Entry card. Entry cards must be filled out including best short course time for each event. Entered times must be submitted in yards. "No Time" entries will be accepted and will be seeded in the slowest heats. Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Incomplete or illegible entries may require that a collect call be made in order to accept entries. Entries must be postmarked by midnight Monday, April 1, 2013 or hand delivered to Sheri Lang at Honeybee Pool in Rohnert Park, CA no later than 8pm, Wednesday, April 3, 2013. No late entries will be accepted. No fax entries will be accepted. No refunds will be made except for mandatory scratches. If you would like to confirm entry, please include a self-addressed, stamped envelope or postcard.

**ONLINE ENTRIES:** You may enter this meet online or by U.S. mail. To enter on-line go to <http://ome.swimconnection.com/pc/QUIK20130413> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, **April 3, 2013.**

**CHECK-IN:** The meet will be pre-seeded with swimmers swimming fastest to slowest. Swimmers need not check in (see "SCRATCHES:" below).

**SCRATCHES:** Pacific Swimming scratch rules will **NOT** be in effect (see "CHECK-IN" above). Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. Swimmers are requested to report promptly to the starting blocks when their event/heat is called.

**NO SHOWS:** We will make one call for any swimmer that has not reported to the blocks, and there will not be any penalty for missing an event.

**AWARDS: Saturday Progressive Session:** For individual events, awards will be given for 1<sup>st</sup> – 8<sup>th</sup> place by age group ("PC-A", "PC-B", and "PC-C"). "A" medals will be awarded for NEW A times achieved by swimmers in PC-B or PC-C, regardless of the place achieved in the event. Age groups are: 8 & under, 9-10, 11-12, 13-14, 15-16, and 17-18. **Sunday Pentathlon Session:** No individual awards will be given except for newly achieved A-Time awards. 1<sup>st</sup> – 3<sup>rd</sup> awards will be given for the best pentathlon time (combined time of all 5 events) by age group.

**ADMISSION:** Free.

**REFRESHMENTS:** A snack bar will be available serving breakfast, lunches, snacks and beverages. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers.

**MINIMUM OFFICIALS:** One half-hour before the scheduled start of each session, the Meet Referee shall conduct an inventory of Officials, and shall compare the number of swimmers present against the number of Officials present representing each team. No more than 3 days after close of entries, Meet management (ref or director) shall contact the representative from each team participating, and provide a preliminary inventory.

Each team shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that team during the meet, in accordance with the table below. \* Zone 3 Pacific Swimming will include Colorado, Intermediary/ Chief Timing Judge, and Hytek-Computer into the count of Officials for a session: these positions are not carded. Zone 3 Pacific Swimming will accept Trainees into the count of Officials for a session, so long as they are carded.

| Number of swimmers competing in meet per team: | *Number of trained and carded officials required: |
|--|---|
| 1-10   | 0   |
| 11-25  | 1   |
| 26-50  | 2   |
| 51-75  | 3   |
| 76-100   | 4   |
| 101 or more                                    | 5   |

## EVENTS

| SATURDAY, PROGRESSIVE SERIES |                            |         |
|------------------------------|----------------------------|---------|
| Event #                      | Event                      | Event # |
| 1                            | 10 and under 25 Yard Free  | 2       |
| 3                            | 11 and over 25 Yard Free   | 4       |
| 5                            | 10 and under 100 Yard Free | 6       |
| 7                            | 11 and over 100 Yard Free  | 8       |
| 9                            | 10 and under 50 Yard Free  | 10      |
| 11                           | 11 and over 50 Yard Free   | 12      |
| 13                           | 10 and under 200 Yard Free | 14      |
| 15                           | 11 and over 200 Yard Free  | 16      |
| 17                           | 10 and under 25 Yard Back  | 18      |
| 19                           | 11 and over 25 Yard Back   | 20      |
| 21                           | 10 and under 100 Yard Back | 22      |
| 23                           | 11 and over 100 Yard Back  | 24      |
| 25                           | 10 and under 50 Yard Back  | 26      |
| 27                           | 11 and over 50 Yard Back   | 28      |
| 29                           | 10 and under 200 Yard Back | 30      |
| 31                           | 11 and over 200 Yard Back  | 32      |

| SUNDAY, PENTATHLON SERIES |                              |         |
|---------------------------|------------------------------|---------|
| Event #                   | Event                        | Event # |
| 33                        | 10 and under 100 Yard Free   | 34      |
| 35                        | 11 and over 200 Yard Free    | 36      |
| 37                        | 10 and under 100 Yard Fly    | 38      |
| 39                        | 11 and over 200 Yard Fly     | 40      |
| 41                        | 10 and under 100 Yard Back   | 42      |
| 43                        | 11 and over 200 Yard Back    | 44      |
| 45                        | 10 and under 100 Yard Breast | 46      |
| 47                        | 11 and over 200 Yard Breast  | 48      |
| 49                        | 10 and under 200 Yard IM     | 50      |
| 51                        | 11 and over 400 Yard IM      | 52      |

Use the following URL to find time standards:  
[http://www.pacswim.org/page/times\\_standards.shtml](http://www.pacswim.org/page/times_standards.shtml)

|   |                   |  |                 |  |  |            |            |            |                |  |  |  |
|---|-------------------|--|-----------------|--|--|------------|------------|------------|----------------|--|--|--|
| Pacific Swimming – Hosted by Piranha Swimming<br>April 13 and 14, 2013<br>Consolidated Entry Form |                   |  |                 |  |  |            |            |            |                |  |  |  |
| Name: Last,   |                   |  | First           |  |  |            | Middle     |            |                |  |  |  |
| Club Abbr.  |                   |  | UNATT TEAM ABBR |  |  |            | Club Name  |            |                |  |  |  |
| Age   |                   |  | Date of Birth   |  |  |            | Sex<br>M F |            | LSC – (PC, SN) |  |  |  |
| USA-#   |                   |  |                 |  |  |            |            |            |                |  |  |  |
| Event #   | Distance / Stroke |  |                 |  |  | Entry Time |            | Circle one |                |  |  |  |
|   |                   |  |                 |  |  | : .        |            | SCY / LCM  |                |  |  |  |
|   |                   |  |                 |  |  | : .        |            | SCY / LCM  |                |  |  |  |
|   |                   |  |                 |  |  | : .        |            | SCY / LCM  |                |  |  |  |
|   |                   |  |                 |  |  | : .        |            | SCY / LCM  |                |  |  |  |
|   |                   |  |                 |  |  | : .        |            | SCY / LCM  |                |  |  |  |
|   |                   |  |                 |  |  | : .        |            | SCY / LCM  |                |  |  |  |
| # of entries _____ x \$2.75 = \$ _____<br>Participation Fee \$ 8.00<br>Total \$ _____             |                   |  |                 |  |  |            |            |            |                |  |  |  |
| Coach   |                   |  |                 |  |  |            |            |            |                |  |  |  |
| Swimmer's Address   |                   |  |                 |  |  |            |            |            |                |  |  |  |
| Home Phone  |                   |  |                 |  |  | Cell Phone |            |            |                |  |  |  |