

**CARSON TIGERSHARKS BLIZZARD BLAST SWIM MEET
PACIFIC SWIMMING SHORT COURSE AGE GROUP OPEN
FRIDAY – SUNDAY, JANURARY 17 - 19, 2020**

Enter Online: <https://ome.swimconnection.com/pc/CARS20200117>



SANCTION: Held under USA/Pacific Swimming Sanction No. **20-002**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, or information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet may be posted in real time on the Internet.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

Meet Referee: Roger Pflieger	Head Starter: Jim Morefield	Admin Official: Veronica Harmon
Chief Judge: Valerie Rudd	Meet Marshall: Gary Kolb	
Meet Director: Ben Kahue; benkahue3@gmail.com ; 775-338-4387		

LOCATION: Carson Aquatic Facility, 841 N. Roop St., Carson City, NV

DIRECTIONS: From Business Hwy. 395 go two traffic lights East on Hwy. 50 (E. Williams St.). Turn right on Roop St. and go one block south. Turn left behind the Carson City Community Center. From Reno on Hwy. 395 take exit 39. Turn right and travel west for 0.9 mile. Turn left into Mills Park and the Carson City Community Center. Additional parking is available at the Bank of America at the northwest corner of Roop St. and Hwy. 50 (E. Williams St.).

COURSE: 25 yard by 50 meter indoor pool with up to 8 short-course lanes for competition and 8 lanes for warm-up and warm down. Colorado Timing system with touch pads and scoreboards will be used. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The minimum water depth in the competition course as measured in accordance with Article 103.2.3, is 5 feet at the start end and 5 feet at the turn end.

TIME:

- **FRIDAY SESSION:** Meet begins at 5:00 pm with warm-ups from 4:00 – 4:45 pm.
- **SATURDAY AND SUNDAY 11 & OVER:** meet begins at 8:30 am with warm-ups from 7:00 – 8:15 am.
- **SATURDAY AND SUNDAY 10 & UNDER:** warm-ups not before 12:00 pm, meet begins not before 1:00 pm.

RULES:

- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals and will be seeded fast to slow.
- Athletes may enter as many events as they wish, but shall check in for and compete in **no more than 2 events on Friday and 5 events each day on Saturday and Sunday, for a maximum of 10 events total.**
- **Entries for a session will close before the entry deadline** if and when the estimated session timeline for 12-under athletes reaches 4 hours, or when the combined session timelines for that day reach 8.5 hours, whichever occurs first.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their valid USA Swimming membership information in a visible manner at all times while on deck.** All coaches are required to sign in at the meet before the start of warm-ups and present their valid registration information. Except for coaches accompanying athletes participating under the provisions of 202.8 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must show proof of current USA Swimming coach membership.

DISTANCE:

- **Per Zone-4 policy, to be eligible to enter the 1650 freestyle, an athlete must have previously established an official time in an event of 400y/400m or longer.**
- All athletes entered in the 1650 freestyle must be **checked in by 5:00 pm on Friday otherwise they will be considered scratched from the event.**
- The 500 and 1650 freestyle events will be swum alternating women's and men's heats.
- All athletes in the 500 freestyle must provide their own lap counters. All athletes in the 1650 freestyle must provide their own timers and lap counters.

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start the race in the water without the use of the backstroke ledge. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages or the recognition of alcohol sponsors are prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- No animals except for physician certified "service assistance" animals. Please show certification when asked by meet officials or marshals.
- All shelters must be properly secured.
- Deck changes are prohibited.
- **IMPORTANT:** All floor and wall vents must be kept clear at all times to ensure proper air circulation in the facility.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY:

- Athletes must be current athlete members of USA Swimming, and must enter their name and registration number exactly as they are shown in their USA Swimming Registration. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Entries with **"NO TIME" will be ACCEPTED (Exception: see distance rules).**
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards.
- The athlete's age will be the age of the athlete on the first day of the meet.

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk of Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all events shall be no earlier than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check-in will not be allowed to compete in the event.

SCRATCHES & NO SHOWS: Any athlete not reporting for or competing in an individual event shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

ENTRY TIMES: Entries must be submitted using the athlete's best short-course yards time for each event. All entry times must be submitted in yards.

ENTRY FEES: \$4.00 per individual event, \$9.00 participation fee per athlete. All entry fees MUST be included with entry. No refunds will be made, except mandatory scratch downs.

ENTRY DEADLINES: entries for each session will close by the applicable deadline listed below, **or when a session becomes full and is closed early per the rules section above, whichever is first.** NO LATE ENTRIES WILL BE ACCEPTED. NO DECK ENTRIES OR ENTRY CHANGES WILL BE ALLOWED. Check <https://ome.swimconnection.com/pc/CARS20200117> for session open or closed status.

ONLINE ENTRIES: To enter online go to <https://ome.swimconnection.com/pc/CARS20200117> to receive an immediate entry confirmation. The "billing information" email should be brought to the meet as proof of entry. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will not be accepted after 11:59 pm on Wednesday, January 8, 2020.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best yards time. Entries must be postmarked by midnight, Monday, **January 6, 2020** or hand delivered by 6:30 p.m. Wednesday, **January 8, 2020, and may be rejected if a session is already full.**

Make check payable to: Carson Tigersharks

**Mail entries to: Becki Boehnke
PO Box 1876
Carson City, NV 89702**

**Hand deliver entries to: Becki Boehnke
841 N. Roop St
Carson City, NV 89701**

AWARDS:

- **Individual High Point:** High Point and runner up awards for age groups 8 & U, 9-10, 11-12, 13-14, and 15-18.
- **Individual Events:** Ribbons 1st – 8th place for age groups 8 & U, 9-10, 11-12, and 13-14.
- Athletes 15-18 will not receive individual ribbons. Athletes 19 years of age and older will not receive points or awards.
- ALL AWARDS MUST BE PICKED UP AT THE MEET. Each club is asked to designate a club representative to claim awards. NO AWARDS WILL BE MAILED.

SCORING: Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

ADMISSION: Free. A 3-day meet program will be available for a fee.

SNACK BAR: A snack bar will be available during the meet.

HOSPITALITY: Lunch and limited hospitality will be available to all working officials and coaches.

MINIMUM OFFICIALS: All available USA Swimming member certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. Participating clubs are **requested** to provide at least the following number of certified and carded officials for each session:

Club Athletes entered in session:	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

TIMERS: Clubs will be assigned lanes based on the number of Athletes from each club (host club will not be expected to time).

EVENT SUMMARY:

FRIDAY			SATURDAY				SUNDAY			
9-10	11-12	13 & O	8 & U	9-10	11-12	13 & O	8 & U	9-10	11-12	13 & O
200 IM	400 IM*	400 IM*	100 IM	100 IM	100 IM	200 BK*	50 BR	200 FR	200 FR	200 FR*
500 FR*+	500 FR*+	1650 FR#	25 FR	50 BK	200 BK*	100 FR*	25 BK	100 BK	50 FL	100 BR*
			50 FL	100 BR	100 FR	200 BR*	100 FR	50 BR	100 BR*	200 FL*
			25 BR	50 FL	50 BK	100 FL*	25 FL	100 FL	200 FL*	100 BK*
			50 BK	100 FR	200 BR*	500 FR*+	50 FR	50 FR	100 BK*	200 IM*
					100 FL				200 IM*	50 FR*
					50 BR				50 FR	

- * Events designated 9-12, 11 & Over, and 13 & over will be swum combined but scored in separate age groups.
- + The 500 Freestyle events will alternate women's and men's heats, and athletes must provide their own lap counters.
- # A previous official time in an event 400y/400m or longer is required to enter the 1650 freestyle. The 1650 freestyle will alternate women's and men's heats, and athletes must provide their own timers and lap counters.

ORDER OF EVENTS:

WOMEN'S EVENT #	DESCRIPTION		MEN'S EVENT #
	AGE GROUP	EVENT	
Friday PM Session			
1	9-10	200 IM	2
3	11 & Over	400 IM	4
5	9-12	500 Freestyle	6
7	13 & Over	1650 Freestyle	8
Saturday AM Session			
9	11-12	100 IM	10
11	11 & Over	200 Backstroke	12
13	11 & Over	100 Freestyle	14
15	11-12	50 Backstroke	16
17	11 & Over	200 Breaststroke	18
19	11 & Over	100 Butterfly	20
21	11-12	50 Breaststroke	22
23	13 & Over	500 Freestyle	24
Saturday PM Session			
25	9-10	100 IM	26
27	8 & Under	100 IM	28
29	9-10	50 Backstroke	30
31	8 & Under	25 Freestyle	32
33	9-10	100 Breaststroke	34
35	8 & under	50 Butterfly	36
37	9-10	50 Butterfly	38
39	8 & Under	25 Breaststroke	40
41	9-10	100 Freestyle	42
43	8 & Under	50 Backstroke	44

Sunday AM Session			
45	11 & Over	200 Freestyle	46
47	11-12	50 Butterfly	48
49	11 & Over	100 Breaststroke	50
51	11 & Over	200 Butterfly	52
53	11 & Over	100 Backstroke	54
55	11 & Over	200 IM	56
57	11 & Over	50 Freestyle	58
Sunday PM Session			
59	9-10	200 Freestyle	60
61	8 & Under	50 Breaststroke	62
63	9-10	100 Backstroke	64
65	8 & Under	25 Backstroke	66
67	9-10	50 Breaststroke	68
69	8 & Under	100 Freestyle	70
71	9-10	100 Butterfly	72
73	8 & Under	25 Butterfly	74
75	9-10	50 Freestyle	76
77	8 & Under	50 Freestyle	78

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Pacific Swimming – Hosted by Carson Tigersharks Blizzard Blast Swim Meet January 17 - 19, 2020 Consolidated Entry Form													
Name: Last,				First				Middle					
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN, etc.)				
USA-#													
Event #	Distance / Stroke						Entry Time			Circle one			
							: .			SCY / LCM			
							: .			SCY / LCM			
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# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ \$ 9.00 Total \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													