STOCKTON SWIM CLUB PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET

DECEMBER 12-13, 2015

ENTER ONLINE: http://ome.swimconnection.com/pc/RAM20151212

TEAMS: RA, EA, OA, TIGR, EBSD, ECG, PLS, BSW, TRIV, LAC, LBD, CROW, DA, CCAD

SANCTION: Held under USA/Pacific Swimming Sanction No. 15-170

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: Meet Referee: Randy May Head Starter: Mike McCombs

Meet Marshal: Kristen Rasmussen Admin Official: Jennifer Winters

Meet Director: Sarah E.B. Drouin (860) 778-7875

LOCATION: Cortopassi Aquatics Center, St. Mary's High School, 5648 N. El Dorado Street, Stockton, CA 95207

DIRECTIONS: From I-5, Exit March Lane, Go east on March Lane 2.3 Miles, Turn left on El Dorado Street, Go approx. ½ mile, St. Mary's High School will be on your right hand side. Enter parking lot and proceed to the rear of the school. Pool is located by the football field.

COURSE: Outdoor heated 25 yard pool with up to 8 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 6'6" at the start end and 6'6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under swimmers only will be held from 8:45 to 8:55 AM

RULES: • Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.

- All events are timed finals.
- All events will swim fast to slow.
- Swimmers may compete in a maximum of four (4) events per day.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Any swimmer entered in the meet must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, and all areas of St. Mary's High School during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heaters are permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or designated areas is prohibited.
- Deck setup is limited to officials and coaches. Space for coach setup with good visibility may be limited and teams are encouraged to share table/tent space where possible.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- **ELIGIBILITY:** Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
 - Swimmers in the "BB" Division must have met at least the listed USA-S National Motivational "BB" time standard. Swimmers in the "B" Division must have met at least the listed "B" time standard. All entry times slower than the listed "B" time standard will be in the "C" Division. For 8&U, swimmers in the "A" division must have met at least the listed "A" time standard.
 - Entries with "NO TIME" will be ACCEPTED.
 - Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
 - Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
 - Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met standards for the 17-18 age group.
 - The swimmer's age will be the age of the swimmer on the first day of the meet.

ENTRY PRIORITY: Meet entries will not be accepted any earlier then **November 7, 2015.** Entries from members of **assigned** "year round" Zone 2 teams postmarked or entered online by 11:59 p.m. on November 13, 2015 will be given 1st priority acceptance. Entries from members of all Zone 2 teams (year round and seasonal) postmarked or entered online between 12:00 am **November 15, 2015** and 11:59 pm **November 20, 2015** will be given 2nd priority acceptance. All entries from Zone 2, all other Pacific LSC Zones and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received.

** NOTE: Swimmers who falsify their entry from by listing a team to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded and they may be referred to the Pacific Swimming Review Committee for disciplinary action.

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to http://ome.swimconnection.com/pc/RAM20151212 to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary,

and is in no way required or expected of a swimmer by Pacific Swimming. Online entries will be accepted through Wednesday, December 2, 2015.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday, Monday, November 30, 2015 or hand delivered by 6:30 p.m. Wednesday, December 2, 2015. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: STOCKTON SWIM CLUB

Mail or hand deliver entries to: STOCKTON SWIM CLUB

3615 N. MERRIMAC CIRCLE STOCKTON, CA 95219

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any swimmers not reporting for or competing in an individual timed final event shall not be penalized. Swimmers who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS: The first 8 places will be awarded for 9-10, 11-12, 13-14, 15-16, 17-18 age groups in each division (C/B/BB). 8 & U will be awarded in each division (PC-A, PC-B, and PC-C). All swimmers achieving an A time for the first time will be awarded a standard A medal, regardless of place achieved in the event. No awards will be given for swimmers 19 years of age and older. Note: Individual awards must be picked up at the meet. We will not mail or distribute awards after the meet.

ADMISSION: Free. A '2 DAY' program will be available for a reasonable price.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. All participating teams are expected to provide lane timers based upon the number of swimmers registered to swim each day. Team timing lanes for Saturday and Sunday will be assigned and coaches will be notified of assignments during the week prior to the meet. Information on hotels offering a discounted rate will be posted to www.stocktonSwimClub.org

MINIMUM OFFICIALS: The Meet Referee shall conduct an inventory of Officials and shall compare the number of swimmers entered against the number of Officials that worked representing each team per day of the meet. Those teams who have not provided sufficient Officials in a day of the meet, in accordance with the table below, will be fined \$100 per missing Official per day.

Number of swimmers entered in meet per team per day	Number of trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Every 20 Swimmers over 100	+1

EVENT SUMMARY

SATURDAY				
8 & Under	9-10	11-12	13-18	
25 BR	200 FR	200 FR	200 FR	
25 FL	100 FL	100 FL	200 FL	
50 BK	50 BK	50 BK	100 BK	
50 FR	100 BR	100 BR	100 BR	
	50 FR	50 FR	50 FR	
OPEN 500 FR Girls				

SUNDAY				
8 & Under	9-10	11-12	13-18	
50 BR	50 BR	50 BR	200 BR	
25 BK	100 BK	100 BK	200 BK	
100 IM	100 IM	100 IM	200 IM	
25 FR	100 FR	100 FR	100 FR	
	50 FL	50 FL	100 FL	
OPEN 500 FR Boys				

EVENTS

SATURDAY, DECEMBER 12			
EVENT#	EVENT	EVENT #	
1	13-18 200 FR	2	
3	11-12 200 FR	4	
5	9-10 200 FR	6	
7	8&U 25 BR	8	
9	13-18 200 FL	10	
11	11-12 100 FL	12	
13	9-10 100 FL	14	
15	8&U 25 FL	16	
17	13-18 100 BK	18	
19	11-12 50 BK	20	
21	9-10 50 BK	22	
23	8&U 50 BK	24	
25	13-18 100 BR	26	
27	11-12 100 BR	28	
29	9-10 100 BR	30	
31	8&U 50 FR	32	
33	13-18 50 FR	34	
35	11-12 50 FR	36	
37	9-10 50 FR	38	
39	OPEN Girls 500 FR		

SUNDAY, DECEMBER 13		
EVENT#	EVENT	EVENT #
41	13-18 200 BR	42
43	11-12 50 BR	44
45	9-10 50 BR	46
47	8&U 50 BR	48
49	13-18 200 BK	50
51	11-12 100 BK	52
53	9-10 100 BK	54
55	8&U 25 BK	56
57	13-18 200 IM	58
59	11-12 100 IM	60
61	9-10 100 IM	62
63	8&U 100 IM	64
65	13-18 100 FR	66
67	11-12 100 FR	68
69	9-10 100 FR	70
71	8&U 25 FR	72
73	13-18 100 FL	74
75	11-12 50 FL	76
77	9-10 50 FL	78
	OPEN Boys 500 FR	80

Use the following URL to find the time standards: http://www.pacswim.org/swim-meet-times/standards

Pacific Swimming – Hosted by Stockton Swim Club Hot Cocoa Classic - SHORT COURSE C/B/A+ MEET December 12-13, 2015 Consolidated Entry Form Name: Last, First Middle UNATT TEAM ABBR Club Abbr. Club Name LSC – (PC, SN) Date of Birth Sex Age M F USA-# Event # Distance / Stroke **Entry Time** Circle one SCY / LCM SCY / LCM SCY / LCM : SCY / LCM SCY / LCM : SCY / LCM : • SCY / LCM : SCY / LCM : SCY / LCM : SCY / LCM . # of entries _____ x \$4. $\overline{00} =$ \$___ Participation Fee \$ 8.00 Total Coach Swimmer's Address Home Phone Cell Phone Email