

SANTA CLARA SWIM CLUB & SWIM SOUTH BAY
PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET
SEPTEMBER 23-25, 2022

Enter Online: <http://www.fastswims.com>



"A" Session Clubs: SCSC, QSS, MAC

"B" Session Clubs: TIDE, MHSA, CSC, GCST, GSMY, LGSC, MTW, PVP, PEAK, SLST, MAKO, SVS, BAY, WAVE, VS, SBA, ACSC, CRUZ, MBSC, SEA

SANCTION: Held under USA/Pacific Swimming Sanction No. **22-113**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on Meet Mobile.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

| | |
|--|---|
| Meet Referee: Mette Graversen | Head Starter: Brett Shaug |
| Meet Marshal: Joe Javernick/Adam Wilson | Admin Official: Debbie Fuji/Sachi Itow |
| Meet Director: Kevin Zacher (SCSC) kzacher@santaclaraswimclub.org | |
| Marisa Watts Cozort (BAY) marisa@swimsouthbay.org | |

LOCATION: GEORGE G. HAINES INTERNATIONAL SWIM CENTER, 2625 PATRICIA DR, SANTA CLARA, CA 95051

DIRECTIONS: From Highway 101, exit south on Lawrence Expressway or Bowers Avenue. Turn left at Homestead Road. Turn left at Las Palmas Drive. Proceed to Patricia Drive and turn left. - Or - Exit Highway 101 on San Tomas Expressway. Turn right on Homestead Road. Turn right on Las Palmas. Proceed to Patricia Drive and turn left. There is limited free parking in the parking lot and adjoining streets. Do not park in the library parking lot or you will be ticketed.

COURSE: OUTDOOR 25 YARD pool with up to **two courses** available for preliminary competition (10 lanes each). One 10 lane course will be used for this meet. An additional 6 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 4'6" at the start end and 4'6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

| | | |
|--|-----------------------------|------------------------------|
| TIME: Friday, Session 1 (10&U A&B Clubs): | Warm-up 4:00-4:45 PM | Meet Start 5:00pm |
| Saturday, Session 2 (12&U A Clubs): | Warm-up 8:00-8:45 AM | Meet Start 9:00 AM |
| Saturday, Session 3 (13&O A Clubs): | Warm-up Not before 12:00 PM | Meet Start Not Before 1:00pm |
| <i>*Session 3 will start approximately one hour after the completion of Session 2; not before 1:00pm</i> | | |
| Sunday, Session 4 (12&U & 13&O B Clubs): | Warm-up 8:00-8:45 AM | Meet Start 9:00 AM |

RULES: • Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.

- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed.
- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in 4 events per day.
- **10&U Athletes are eligible to compete in 1 (ONE) Session. Either Friday OR Saturday/Sunday, not both.**
- All Athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated timeline, per the “Four-Hour Rule,” based on the Athletes age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.**

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete’s USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete’s legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete’s USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete’s legal guardian to ensure compliance.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming’s online member registration before being allowed to swim in the meet.
- Athletes in the “A” Division must have met at least USA Swimming Motivational “A” minimum time standard. Athletes in the “B” Division must have met at least the listed “B” minimum time standard. All entry times slower than the listed “B” time standard will be in the “C” Division.
- Entries with "NO TIME" will be ACCEPTED
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- The Athlete’s age will be the age of the Athlete on the first day of the meet.

ENTRY PRIORITY: Zone 1 South (Z1S) entries postmarked by Wednesday, September 7, 2022 or entered online by 11:59 p.m. Wednesday, September 7, 2022 will be given priority acceptance. All entries from Zone 1 South, all other Pacific LSC zones, and other LSC’s either postmarked by Monday, September 12, 2022, entered online by 11:59 p.m. Wednesday, September 14, 2022 will be considered in the order they are received or until meet cap is reached.

ENTRY FEES: \$4.50 per event plus an \$8.00 participation fee per Athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to www.fastswims.com to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will be accepted through Wednesday, September 14, 2022.

MAILED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with Athlete’s best time. Entries must be postmarked by midnight, Monday, September 12, 2022. No late entries will be accepted.

Make check payable to: Santa Clara Swim Club **Mail entries to:** Kevin Zacher
2625 Patricia Dr
Santa Clara, CA 95051

CHECK-IN: The meet shall be pre-seeded. Athletes shall report to the bull-pen area at their scheduled time for each event.

SCRATCHES: We will ask Clubs/Coaches to let the meet director/admin official if they have athletes that will be scratching any of their events by Thursday, September 22, 6:00 PM.

AWARDS: Ribbons for places 1-8 will be awarded to each division of the 8&U, 10&U and 11-12 Age Groups. Ribbons will be available for coaches to pick up at the conclusion of the meet on Sunday. No awards will be mailed.

HOSPITALITY: Coaches and working Officials will be provided hospitality/meals during the meet; timers and volunteers will be served refreshments.

EVENT SUMMARY

| SESSION 1—FRI, SEP 23 – 5:00 PM “A & B” Clubs | | | SESSION 2—SAT, SEP 24 – 9:00 AM “A Clubs” | | | SESSION 4—SUN, SEP 25 – 9:00 AM “B Clubs” | | |
|--|----------------|---------|--|-----------------|----------------|--|-----------------|---------|
| EVENT # | EVENT | EVENT # | EVENT # | EVENT | EVENT # | EVENT # | EVENT | EVENT # |
| 1 | 10&U 100 Free | 2 | 21 | 12&U 100 Back | 22 | 53 | 12&U 100 Back | 54 |
| 3 | 10&U 25 Back | 4 | 23 | 12&U 50 Breast | 24 | 55 | 13&O 100 Back | 56 |
| 5 | 10&U 50 Back | 6 | 25 | 12&U 100 Fly | 26 | 57 | 12&U 50 Breast | 58 |
| 7 | 10&U 25 Fly | 8 | 27 | 12&U 50 Free | 28 | 59 | 13&O 50 Breast | 60 |
| 9 | 10&U 50 Fly | 10 | 29 | 12&U 100 Breast | 30 | 61 | 12&U 100 Fly | 62 |
| 11 | 10&U 25 Breast | 12 | 31 | 12&U 50 Fly | 32 | 63 | 13&O 100 Fly | 64 |
| 13 | 10&U 50 Breast | 14 | 33 | 12&U 100 Free | 34 | 65 | 12&U 50 Free | 66 |
| 15 | 10&U 25 Free | 16 | 35 | 12&U 50 Back | 36 | 67 | 13&O 50 Free | 68 |
| 17 | 10&U 50 Free | 18 | | | | 69 | 12&U 100 Breast | 70 |
| 19 | 10&U 100 IM | 20 | SESSION 3—SAT, SEP 24 – Approximately 1:00 PM “A Clubs” | | | 71 | 13&O 100 Breast | 72 |
| | | | | | | 73 | 12&U 50 Fly | 74 |
| | | | | | | 75 | 13&O 50 Fly | 76 |
| | | | EVENT # | EVENT | EVENT # | 77 | 12&U 100 Free | 78 |
| | | | 37 | 13&O 100 Back | 38 | 79 | 13&O 100 Free | 80 |
| | | | 39 | 13&O 50 Breast | 40 | 81 | 12&U 50 Back | 82 |
| | | | 41 | 13&O 100 Fly | 42 | 83 | 13&O 50 Back | 84 |
| | | | 43 | 13&O 50 Free | 44 | 85 | 13&O 200 IM | 86 |
| | | | 45 | 13&O 100 Breast | 46 | | | |
| | | | 47 | 13&O 50 Fly | 48 | | | |
| | | | 49 | 13&O 100 Free | 50 | | | |
| | | | 51 | 13&O 50 Back | 52 | | | |
| | | | 53 | 13&O 200 IM | 54 | | | |

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by **SCSC/BAY**
SHORT COURSE CBA+
SEPT 23-25, 2022
 Consolidated Entry Form

| | | | | | | | | | | | | | |
|---|-------------------|--|-----------------|--|--|------------|---------------|--|------------|--|--|--|--|
| Name: Last First Middle | | | | | | | | | | | | | |
| Club Abbr. | | | UNATT TEAM ABBR | | | | Club Name | | | | | | |
| Age | | | Date of Birth | | | | Sex M F | | LSC | | | | |
| USA-# | | | | | | | | | | | | | |
| Event # | Distance / Stroke | | | | | Entry Time | | | Circle one | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| # of entries _____ x \$4.50 = \$ _____ Participation Fee \$ 8.00 Total \$ _____ | | | | | | | | | | | | | |
| Coach | | | | | | | | | | | | | |
| Athlete's Address | | | | | | | | | | | | | |
| Phone | | | | | | | | | | | | | |
| Email | | | | | | | | | | | | | |