

**Terrapins Swim team**  
**PACIFIC SWIMMING SHORT COURSE Closed Dual Meet**  
**TERA/CROW**

**Saturday, January 17, 2015**

Enter Online: <http://ome.swimconnection.com/pc/tera20150117>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **15-006**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <http://terrapinswim.com>.**

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**      *Meet Referee:* **Dave Cottam**      *Head Starter:* **Ken Barsanti**      *Administrative Official:* **Carol Cottam**  
*Meet Marshal:* **Andrzej Szfranski**      *Meet Director:* **Ray Mitchell**      [rayterra@att.net](mailto:rayterra@att.net)

**LOCATION:** **Concord Community Park Pool, 3501 Cowell Rd Concord, CA 94518**

**COURSE:** OUTDOOR 25yd pool with up to 10 lanes available for competition. An additional 6 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 5ft at the start end and 5ft at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:** Meet will begin at **1:00pm** with warm-ups from **12:00pm** to **12:50pm**.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- Swimmers may compete in **5** events per day plus 2 relays.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.

- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

**ELIGIBILITY:** • Swimmers must be current members of USA-S of **TERA** or **CROW** and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Entries with "**NO TIME**" will be accepted.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

**ENTRY FEES:** There is no entry fee per event. A \$20.00 per swimmer fee will be collected to cover pool rental and meet expenses.

**ONLINE ENTRIES:** You may enter this meet online or by U.S. mail. To enter on-line go to <http://ome.swimconnection.com/pc/tera20150117>. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, **January 14 2015**

**MAIL or HAND DELIVERED ENTRIES:** Mailed and/or Hand – Delivered entries will NOT be accepted.

**CHECK-IN:** The meet will be pre seeded.

**SCRATCHES:** Swimmers shall report promptly to the starting blocks when their event/heat is called. Any swimmers not reporting for or competing in an individual timed final event shall NOT be penalized.

**AWARDS:** None.

**ADMISSION:** Free.

**REFRESHMENTS:** A snack bar will be available throughout the competition

## EVENTS

January 17 2015		
EVENT #	EVENT	EVENT #
1	10-u 200MR	2
3	11-12 200MR	4
5	13-O 200MR	6
7	11-O 200 Back	8
9	10-U 50 Back	10
11	11-O 200 Breast	12
13	10-U 50 Breast	14
15	11-O 50 Free	16
17	10-U 50 Free	18
19	11-O 200 Fly	20
21	11-O 100Fly	22
23	10-U 50Fly	24
25	11-O 200 Free	26
27	10-U 100 Free	28
29	11-O 400IM	30
31	12-U 100IM	32
33	13-O 200 F.R.	34
35	11-12 200 F.R.	36
37	10-U 200 F.R.	38