

## Northern Region Swimming Trials and Finals - 5/12/2023 to 5/13/2023

## Results

**Event 1 Girls 200 Yard Medley Relay 5A**

Regionals: 1:46.97 R 5/14/2022 Galena High School

E Karam, A Herschbach, A Linzy, D Koler

Team	Relay	Finals Time	
1 RENO	A	1:47.16	40
1) Crain, Addie E SR	2) Platz, Lucy T JR		
3) Sala, Addison FR	4) Sullivan, Delaney JR		
26.04 30.33	26.69 24.10		
2 MANO	A	1:55.48	34
1) van der Veen, Colette FR	2) Shull, Brooklyn FR		
3) van der Veen, Claudia JR	4) Kellerman, Isabel FR		
28.56 33.86	27.02 26.04		
3 SPAN	A	1:56.56	32
1) Grieve, Amelia SO	2) Zboinski, Katy JR		
3) Petit, Emily SO	4) Baker, Ella FR		
31.31 29.93	28.63 26.69		
4 GAL	A	1:57.69	30
1) Burns, Breanne SR	2) Bradley, Tsila JR		
3) Jagers, Jadyr FR	4) Foster, Hannah SO		
31.64 32.71	27.42 25.92		
5 MCQ	A	2:02.76	28
1) Whitehouse, Cassie L JR	2) Walker, Kaylin J SR		
3) Patrick, Shayne L SO	4) Porter, Izzy R JR		
32.87 37.13	28.58 24.18		
6 DOUG	A	2:06.93	26
1) Jahreis, Cammie SO	2) Peck, Hadley FR		
3) Taylor, Caitlin FR	4) Stevenson, Carli FR		
36.26 31.53	29.80 29.34		
7 REED	A	2:16.20	24
1) Winters, Charlotte FR	2) Lara, Ava FR		
3) Markesen, Emilie SO	4) Abundis, Aleyla FR		
38.69 38.54	28.33 30.64		
8 CARS	A	2:21.28	22
1) Campbell-Richards, Betsy F	2) Turner, Anna JR		
3) Dooley, Gloria R FR	4) Salas, Ariel Y SO		
40.77	33.79		
9 WOO	A	2:24.46	18
1) Anderson, Merryn JR	2) Patel, Bansari		
3) Gould, Margot FR	4) Perry, Caroline SR		
41.99 40.61	31.70 30.16		

**Event 2 Boys 200 Yard Medley Relay 5A**

Regionals: 1:36.57 R 5/22/2021 Reno High School

L Hobson, N Powers, I Belflower, A Pflieger

Team	Relay	Finals Time	
1 REED	A	1:39.14	40
1) Shustov, Vlad SO	2) Rosol, Jackson JR		
3) Burgos, Elliott JR	4) Dawson, Hunter SO		
24.87 27.56	24.10 22.61		
2 GAL	A	1:42.11	34
1) Light, Jude SO	2) Dale, Matthew SR		
3) Bosco, Pierson SR	4) Quinonez, David SR		
26.31 28.13	25.53 22.14		
3 SPAN	A	1:46.17	32
1) Young, Miles JR	2) Danner, Jake JR		
3) Michel, Joseph SO	4) Clayton, Jonathan SR		
26.92 29.83	26.50 22.92		

4 MANO	A	1:54.62	30
1) Smith, Gavin SO	2) Dyson, Quinn SO		
3) Hall, Jack JR	4) Patten, Cade SO		
27.46 32.03	25.14 29.99		
5 CARS	A	1:56.13	28
1) Whalen, Clayton S SO	2) Kalley, Ewan F SO		
3) Munoz, Brendin JR	4) Crisp, Konnor J SO		
28.82 30.52	31.50 25.29		
6 DOUG	A	1:56.43	26
1) Rowlett, Baylen W FR	2) Gleason, Timothy FR		
3) Kuhlmann, Wade SR	4) Tovar, Daniel SR		
31.30 32.82	27.18 25.13		
7 MCQ	A	2:02.09	24
1) Wu, Caden S FR	2) Mayer-Hodge, Jeffrey L FR		
3) Schneider, Aidan P JR	4) Perisho, Stenson V SO		
32.07 34.77	30.54 24.71		
8 RENO	A	2:05.43	22
1) Gardner, Hunter JR	2) Sullivan, Oren SO		
3) Smith, Cruz SO	4) Smith, Finn SO		
31.96 33.97	30.87 28.63		

**Event 3 Girls 200 Yard Freestyle 5A**

Regionals: 1:50.15 R 5/22/2021 Emma W Karam

Name YrSchool Finals Time

**A - Final**

1 Sullivan, Delaney	JR RENO	1:55.81	20
26.58 29.32	29.97 29.94		
2 Llamas-Cruz, Alexandra	JR CARS	1:56.18	17
26.96 29.19	29.92 30.11		
3 Russell, Larkin L	FR CARS	1:57.84	16
27.65 29.77	30.25 30.17		
4 Scott, Keira R	JR RENO	2:04.02	15
28.60 31.52	32.24 31.66		
5 Minetto, Lena M	SO MCQ	2:04.91	14
29.01 31.67	32.32 31.91		
6 Shull, Brooklyn	FR MANO	2:04.98	13
28.61 31.37	32.34 32.66		
7 Markesen, Emilie	SO REED	2:10.57	12
28.52 33.07	33.92 35.06		
8 Brittain, Gabi	FR MANO	2:10.96	11
29.75 32.39	34.35 34.47		

**B - Final**

9 McLean, Sofie	SO MANO	2:10.88	9
30.14 32.65	34.04 34.05		
10 Pflieger, Bella	SO RENO	2:11.42	7
31.31 33.04	33.68 33.39		
11 Clark, Avery	FR RENO	2:19.10	6
31.86 35.07	36.94 35.23		
12 Peck, Hadley	FR DOUG	2:19.25	5
33.03 35.51	36.42 34.29		
13 Hornback, Annaliese	SR GAL	2:26.41	4
34.41 38.43	36.94 36.63		
14 Begay, Olivia	JR SPAN	2:27.30	3
32.13 36.45	39.82 38.90		
15 White, Lilian	JR WOO	2:32.00	2
34.04 37.33	39.53 41.10		
16 Peck, Lizzy	SO DOUG	2:36.61	1
35.46 40.39	41.87 38.89		

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## Event 3 Girls 200 Yard Freestyle 5A

Regionals: 1:50.15 R 5/22/2021 Emma W Karam

Name	Yr	School	Prelim Time	
<b>Preliminaries</b>				
1 Sullivan, Delaney	JR	RENO	1:55.19	q
26.73	29.29	29.87	29.30	
2 Russell, Larkin L	FR	CARS	1:59.41	q
27.01	29.78	31.01	31.61	
3 Llamas-Cruz, Alexandra	JR	CARS	1:59.65	q
26.67	29.98	31.45	31.55	
4 Scott, Keira R	JR	RENO	2:05.88	q
29.39	31.88	32.68	31.93	
5 Shull, Brooklyn	FR	MANO	2:06.42	q
28.54	31.05	33.31	33.52	
6 Minetto, Lena M	SO	MCQ	2:08.38	q
29.38	32.65	33.83	32.52	
7 Brittain, Gabi	FR	MANO	2:09.37	q
29.76	32.16	33.56	33.89	
8 Markesen, Emilie	SO	REED	2:09.53	q
28.59	32.71	34.79	33.44	
9 McLean, Sofie	SO	MANO	2:11.50	q
30.29	32.79	34.07	34.35	
10 Pflieger, Bella	SO	RENO	2:13.32	q
31.20	33.71	33.96	34.45	
11 Peck, Hadley	FR	DOUG	2:15.10	q
31.29	34.63	35.13	34.05	
12 Clark, Avery	FR	RENO	2:18.76	q
31.11	35.08	36.56	36.01	
13 Begay, Olivia	JR	SPAN	2:25.43	q
31.57	36.34	39.26	38.26	
14 Hornback, Annaliese	SR	GAL	2:27.65	q
34.08	38.34	37.68	37.55	
15 Peck, Lizzy	SO	DOUG	2:31.63	q
34.12	39.35	40.00	38.16	
16 White, Lilian	JR	WOO	2:31.88	q
34.07	38.27	40.67	38.87	
17 Maldonado, Haedynn	FR	MANO	2:34.66	
33.32	39.35	40.83	41.16	
18 Anderson, Merryn	JR	WOO	2:40.60	
37.27	40.71	41.63	40.99	

## Event 4 Boys 200 Yard Freestyle 5A

Regionals: 1:35.09 R 5/22/2021 Luke Hobson

Name	Yr	School	Finals Time	
<b>A - Final</b>				
1 Stevenson, Calvin	SR	DOUG	1:42.55	20
23.26	25.40	26.28	27.61	
2 Dalinis, Sam	JR	RENO	1:46.06	17
23.90	25.97	27.08	29.11	
3 Dawson, Hunter	SO	REED	1:46.79	16
23.84	26.89	28.11	27.95	
4 Morway, Leif E	SO	CARS	1:47.83	15
24.26	26.92	27.92	28.73	
5 Hustead, Walter	SO	GAL	1:47.92	14
25.32	26.89	27.57	28.14	

6 Danner, Jake	JR	SPAN	1:53.85	13
25.56	28.24	29.95	30.10	
7 Perisho, Stenson V	SO	MCQ	1:54.77	12
26.20	28.88	29.93	29.76	
8 Miller, Peyton	SO	SPAN	1:57.53	11
25.36	28.73	31.42	32.02	
<b>B - Final</b>				
9 Gleason, Timothy	FR	DOUG	1:58.56	9
26.35	30.03	31.30	30.88	
10 Whalen, Clayton S	SO	CARS	2:00.61	7
27.39	29.99	31.62	31.61	
11 Clingensmith, Jacob	SR	SPAN	2:03.96	6
27.24	30.47	33.08	33.17	
12 Smith, Cruz	SO	RENO	2:09.41	5
29.33	32.19	34.20	33.69	
13 Gardner, Hunter	JR	RENO	2:14.38	4
28.87	33.55	35.63	36.33	
14 Tovar, Daniel	SR	DOUG	2:17.80	3
29.23	33.97	37.19	37.41	
15 Vu, Alan	JR	GAL	2:24.78	2
33.05	35.92	37.85	37.96	
16 Gladstone, Ian	FR	REED	2:28.41	1
32.77	38.20	41.83	35.61	

## Event 4 Boys 200 Yard Freestyle 5A

Regionals: 1:35.09 R 5/22/2021 Luke Hobson

Name	Yr	School	Prelim Time	
<b>Preliminaries</b>				
1 Stevenson, Calvin	SR	DOUG	1:44.72	q
24.31	26.45	26.67	27.29	
2 Dalinis, Sam	JR	RENO	1:45.29	q
24.62	26.63	26.91	27.13	
3 Morway, Leif E	SO	CARS	1:47.90	q
24.83	27.10	27.95	28.02	
4 Hustead, Walter	SO	GAL	1:48.97	q
25.80	26.71	27.55	28.91	
5 Dawson, Hunter	SO	REED	1:49.53	q
24.15	27.61	29.05	28.72	
6 Danner, Jake	JR	SPAN	1:52.69	q
25.47	28.37	29.46	29.39	
7 Miller, Peyton	SO	SPAN	1:54.56	q
25.11	28.14	30.29	31.02	
8 Perisho, Stenson V	SO	MCQ	1:56.46	q
26.68	29.41	30.49	29.88	
9 Gleason, Timothy	FR	DOUG	1:58.91	q
25.74	29.88	31.57	31.72	
10 Whalen, Clayton S	SO	CARS	1:59.13	q
27.22	29.57	31.09	31.25	
11 Clingensmith, Jacob	SR	SPAN	2:04.67	q
27.31	30.93	33.11	33.32	
12 Smith, Cruz	SO	RENO	2:12.16	q
30.35	32.37	34.34	35.10	
13 Tovar, Daniel	SR	DOUG	2:13.56	q
28.64	33.01	35.81	36.10	
14 Gardner, Hunter	JR	RENO	2:19.26	q
29.45	34.58	37.80	37.43	

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**Preliminaries ... (Event 4 Boys 200 Yard Freestyle 5A)**

Name	Yr	School	Prelim Time	
15 Vu, Alan	JR	GAL	2:25.77	q
31.80	35.44	38.97	39.56	
16 Gladstone, Ian	FR	REED	2:27.41	q
31.95	37.42	39.96	38.08	
17 Lee, Spencer	FR	DOUG	2:36.19	
33.64	39.19	41.98	41.38	
18 Trinh, Justin	SR	SPAN	2:37.56	
33.34	39.03	43.01	42.18	

**Event 5 Girls 200 Yard IM 5A**

Regionals: 2:03.42 R 2003

Katie Houston

Name	Yr	School	Finals Time	
<b>A - Final</b>				
1 Sala, Addison	FR	RENO	2:05.72	20
28.21	30.39	37.62	29.50	
2 Patrick, Shayne L	SO	MCQ	2:10.16	17
28.14	34.11	37.95	29.96	
3 Zboinski, Katy	JR	SPAN	2:10.19	16
29.32	33.59	37.17	30.11	
4 Russell, Brynn A	JR	CARS	2:16.71	15
30.40	33.92	40.34	32.05	
5 Kellerman, Isabel	FR	MANO	2:19.03	14
29.16	37.27	40.19	32.41	
6 Grieve, Amelia	SO	SPAN	2:19.80	13
33.01	34.41	40.33	32.05	
7 Jakubos, Avery	FR	MANO	2:25.20	12
31.09	36.46	44.53	33.12	
8 Usabiaga, Amaia	FR	RENO	2:29.82	11
32.55	36.80	46.08	34.39	

**B - Final**

9 Pierce, MacKenzie	FR	MANO	2:26.63	9
30.73	36.18	45.57	34.15	
10 Burns, Breanne	SR	GAL	2:35.56	7
32.38	39.27	48.09	35.82	
11 Martinez, Aliya	FR	SPAN	2:38.39	6
32.60	39.26	48.28	38.25	
12 Dooley, Gloria R	FR	CARS	2:38.95	5
34.86	41.48	46.99	35.62	
13 Baranowski, Dylan	FR	MANO	2:48.38	4
36.18	44.72	47.24	40.24	
14 Rix, Emily	SR	SPAN	2:54.21	3
36.57	45.67	52.93	39.04	

**Event 5 Girls 200 Yard IM 5A**

Regionals: 2:03.42 R 2003

Katie Houston

Name	Yr	School	Prelim Time	
<b>Preliminaries</b>				
1 Sala, Addison	FR	RENO	2:09.96	q
28.96	31.86	38.75	30.39	
2 Zboinski, Katy	JR	SPAN	2:11.80	q
29.18	34.56	38.33	29.73	
3 Patrick, Shayne L	SO	MCQ	2:12.14	q
28.50	34.26	38.79	30.59	
4 Russell, Brynn A	JR	CARS	2:17.47	q
30.30	34.56	39.36	33.25	

5 Kellerman, Isabel	FR	MANO	2:18.15	q
29.61	37.33	39.77	31.44	
6 Grieve, Amelia	SO	SPAN	2:19.12	q
32.78	34.17	40.30	31.87	
7 Jakubos, Avery	FR	MANO	2:23.85	q
30.53	36.62	44.27	32.43	
8 Usabiaga, Amaia	FR	RENO	2:30.31	q
32.45	37.58	45.91	34.37	
9 Pierce, MacKenzie	FR	MANO	2:31.50	q
32.40	37.94	46.46	34.70	
10 Burns, Breanne	SR	GAL	2:32.51	q
31.92	37.00	48.19	35.40	
11 Martinez, Aliya	FR	SPAN	2:35.82	q
31.22	38.37	48.52	37.71	
12 Dooley, Gloria R	FR	CARS	2:39.99	q
34.36	40.81	48.56	36.26	
13 Baranowski, Dylan	FR	MANO	2:46.27	q
35.65	44.55	46.46	39.61	
14 Rix, Emily	SR	SPAN	2:58.36	q
36.76	46.07	55.05	40.48	

**Event 6 Boys 200 Yard IM 5A**

Regionals: 1:54.52 R 1995

Tim Russell

Name	Yr	School	Finals Time	
<b>A - Final</b>				
1 Reddig, Jaxon	SO	SPAN	1:57.46	20
25.08	29.15	34.56	28.67	
2 Schott, Evan	SO	RENO	2:00.84	17
27.02	30.47	34.68	28.67	
3 Bosco, Pierson	SR	GAL	2:01.07	16
26.27	31.10	34.14	29.56	
4 Light, Jude	SO	GAL	2:02.80	15
25.82	30.34	37.36	29.28	
5 Luke, Dylan	FR	SPAN	2:29.91	14
31.84	37.17	45.17	35.73	
6 Rowlett, Baylen W	FR	DOUG	2:30.56	13
31.20	37.06	48.43	33.87	
7 Smith, Finn	SO	RENO	2:42.16	12
34.36	41.71	50.29	35.80	
--- Igarta, Keaheanu	SO	REED	DQ	
32.08	37.10	47.91	37.03	

**B - Final**

9 Munoz, Brendin	JR	CARS	2:46.18	9
35.45	43.55	47.47	39.71	
10 Haufler, Grayson	SO	SPAN	2:46.94	7
36.11	41.94	51.89	37.00	
11 Vu, Alan	JR	GAL	2:48.15	6
37.62	44.14	51.02	35.37	
12 Garcia, William	FR	WOO	2:57.85	5
41.06	43.79	53.62	39.38	

**Event 6 Boys 200 Yard IM 5A**

Regionals: 1:54.52 R 1995

Tim Russell

Name	Yr	School	Prelim Time	
<b>Preliminaries</b>				
*1 Bosco, Pierson	SR	GAL	2:00.77	q
25.89	31.10	34.00	29.78	

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## Preliminaries ... (Event 6 Boys 200 Yard IM 5A)

Name	YrSchool	Prelim Time		
*1 Reddig, Jaxon	SO SPAN	2:00.77	q	
25.85	29.89	35.88	29.15	
3 Light, Jude	SO GAL	2:01.13	q	
25.87	30.07	36.83	28.36	
4 Schott, Evan	SO RENO	2:01.52	q	
26.88	29.98	35.78	28.88	
5 Rowlett, Baylen W	FR DOUG	2:26.69	q	
31.11	36.95	46.59	32.04	
6 Luke, Dylan	FR SPAN	2:32.92	q	
32.47	39.61	45.68	35.16	
7 Smith, Finn	SO RENO	2:39.94	q	
34.30	41.72	48.60	35.32	
8 Igarra, Keaheanu	SO REED	2:40.63	q	
33.21	38.83	50.42	38.17	
9 Munoz, Brendin	JR CARS	2:47.24	q	
33.60	43.71	48.64	41.29	
10 Vu, Alan	JR GAL	2:51.58	q	
39.65	43.51	52.63	35.79	
11 Hauffer, Grayson	SO SPAN	2:54.63	q	
37.33	43.48	54.77	39.05	
12 Garcia, William	FR WOO	2:59.60	q	
39.96	45.54	54.16	39.94	
--- Young, Miles	JR SPAN		DQ	
29.04	32.57	41.68	30.23	
--- Yturbide, Matthew	JR DOUG		DQ	
31.70	40.07	44.80	37.00	
--- Sullivan, Oren	SO RENO		DQ	
33.29		35.12		

## Event 7 Girls 50 Yard Freestyle 5A

Regionals: 23.82 R 2014		Shelby Koontz	
Name	YrSchool	Finals Time	
<b>A - Final</b>			
1 Porter, Izzy R	JR MCQ	23.87	20
2 Jagers, Jady	FR GAL	24.99	17
3 van der Veen, Colette	FR MANO	25.16	16
4 Foster, Hannah	SO GAL	25.74	15
5 Baker, Ella	FR SPAN	26.17	14
6 Duffy, Keira	JR DOUG	26.77	13
7 Jahreis, Cammie	SO DOUG	26.79	12
8 Markesen, Emilie	SO REED	27.08	11
<b>B - Final</b>			
9 Vieira, Sweetpea	SR DOUG	27.25	9
10 Taylor, Caitlin	FR DOUG	27.71	7
11 Bradley, Tsila	JR GAL	27.85	6
12 Wessel, Chloe	FR MANO	28.02	5
13 Bender, Maris	SO MANO	28.14	4
14 Whitehouse, Cassie L	JR MCQ	28.15	3
15 Nelson, Madison	JR SPAN	28.87	2
16 Nguyen, Venice T	SO MCQ	30.06	1

## Event 7 Girls 50 Yard Freestyle 5A

Regionals: 23.82 R 2014		Shelby Koontz	
Name	YrSchool	Prelim Time	
<b>Preliminaries</b>			
1 Porter, Izzy R	JR MCQ	24.07	q
2 van der Veen, Colette	FR MANO	25.35	q
3 Jagers, Jady	FR GAL	25.62	q
4 Foster, Hannah	SO GAL	26.12	q
5 Baker, Ella	FR SPAN	26.46	q
6 Jahreis, Cammie	SO DOUG	26.52	q
7 Duffy, Keira	JR DOUG	26.99	q
8 Markesen, Emilie	SO REED	27.08	q
9 Vieira, Sweetpea	SR DOUG	27.38	q
10 Taylor, Caitlin	FR DOUG	27.51	q
11 Bender, Maris	SO MANO	27.87	q
12 Bradley, Tsila	JR GAL	28.02	q
13 Whitehouse, Cassie L	JR MCQ	28.09	q
14 Wessel, Chloe	FR MANO	28.47	q
15 Nelson, Madison	JR SPAN	29.24	q
16 Nguyen, Venice T	SO MCQ	29.71	q
17 Syn, Kasia	SO RENO	30.16	
18 Winters, Charlotte	FR REED	30.20	
19 Abundis, Aleyla	FR REED	30.54	
20 Campbell-Richards, Betsy	FR CARS	30.78	
21 Roper, Corinne	SR RENO	30.79	

## Event 8 Boys 50 Yard Freestyle 5A

Regionals: 20.88 R 2006		Jordan Smith	
Name	YrSchool	Finals Time	
<b>A - Final</b>			
1 Bennett, Cole G	SR CARS	21.61	20
2 Shim, Austin	SR CARS	22.31	17
3 Shustov, Vlad	SO REED	22.48	16
4 Dale, Matthew	SR GAL	22.61	15
5 Clayton, Jonathan	SR SPAN	22.62	14
6 Quinonez, David	SR GAL	22.72	13
7 Hall, Jack	JR MANO	22.82	12
8 Rosol, Jackson	JR REED	22.97	11
<b>B - Final</b>			
9 Sutton, Matthew	FR DOUG	24.16	9
10 Kuhlmann, Wade	SR DOUG	24.40	7
11 Del Fiorentino, David A	FR CARS	24.54	6
12 Schemenauer, Luke D	JR RENO	24.56	5
13 Pickett, Landon	SO GAL	25.14	4
14 Egan, Jack	SO SPAN	25.19	3
15 Langer, Ari	SO WOO	25.65	2
16 Tovar, Daniel	SR DOUG	25.92	1

## Event 8 Boys 50 Yard Freestyle 5A

Regionals: 20.88 R 2006		Jordan Smith	
Name	YrSchool	Prelim Time	
<b>Preliminaries</b>			
1 Bennett, Cole G	SR CARS	22.09	q
2 Shustov, Vlad	SO REED	22.18	q
3 Shim, Austin	SR CARS	22.48	q
4 Clayton, Jonathan	SR SPAN	22.75	q

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**Preliminaries ... (Event 8 Boys 50 Yard Freestyle 5A)**

Name	YrSchool	Prelim Time	
5 Quinonez, David	SR GAL	22.78	q
6 Dale, Matthew	SR GAL	22.81	q
7 Hall, Jack	JR MANO	22.85	q
8 Rosol, Jackson	JR REED	22.93	q
9 Kuhlmann, Wade	SR DOUG	24.11	q
10 Schemenauer, Luke D	JR RENO	24.43	q
11 Sutton, Matthew	FR DOUG	24.60	q
12 Del Fiorentino, David A	FR CARS	24.63	q
13 Egan, Jack	SO SPAN	24.75	q
14 Tovar, Daniel	SR DOUG	25.22	q
15 Langer, Ari	SO WOO	25.58	q
16 Pickett, Landon	SO GAL	25.79	q
17 Crisp, Konnor J	SO CARS	26.01	
18 Lee, Tayte	FR DOUG	26.02	
19 Park, Alex	SO RENO	26.39	
20 Sharma, Yash	JR WOO	27.06	

**Event 9 Girls 1 mtr Diving 5A**

Regionals: 518.25 R 5/8/2015 Mckenzie Caufield

Name	YrSchool	Finals Score	
1 Guidara, Sydney	SR GAL	501.80	20
2 Morris, Niah	JR GAL	380.75	17
3 Chappell, McKenna	SR DOUG	376.00	16
4 Rosi, Flavia	SO RENO	358.90	15
5 Sherry, Natalie	SO GAL	343.85	14
6 Phillips, Emily	JR DOUG	312.70	13
7 Dufrene, Kendyl	SPAN	293.00	12
8 Gorden, Ainsley	REED	290.00	11
9 Herschbach, Abigail	SR GAL	245.85	9

**Event 10 Boys 1 mtr Diving 5A**

Regionals: 528.50 R 5/8/2015 Bai Aiello

Name	YrSchool	Finals Score	
1 Dyson, Quinn	SO MANO	493.55	20
2 Baker, Allen	JR DOUG	448.00	17
3 Pitts, Austin	DOUG	415.05	16
4 Sherry, Stanley	GAL	384.45	15
5 Wilborn, Leo	SO RENO	362.35	14
6 Green, Conner	GAL	331.15	13
7 Alloway, Cameron	DOUG	279.30	12
8 Santiago, Dominic	DOUG	272.65	11

**Event 11 Girls 100 Yard Butterfly 5A**

Regionals: 56.40 R 5/14/2016 Shelby Koontz

Name	YrSchool	Finals Time	
<b>A - Final</b>			
1 Llamas-Cruz, Alexandra	JR CARS	56.58	20
2 Klatt, Katarina E	JR CARS	56.90	17
3 Crain, Addie E	SR RENO	58.23	16
4 Jagers, Jady	FR GAL	1:00.12	15

5 Goss, Gracie	SO DOUG	1:02.17	14
6 Pierce, MacKenzie	FR MANO	1:03.77	13
7 Petit, Emily	SO SPAN	1:04.88	12
8 Taylor, Caitlin	FR DOUG	1:06.37	11

**B - Final**

9 van der Veen, Claudia	JR MANO	1:04.17	9
10 Spidahl, Morgan	SO SPAN	1:07.04	7
11 Brittain, Gabi	FR MANO	1:07.51	6
12 Gould, Margot	FR WOO	1:08.86	5
13 Turner, Anna	JR CARS	1:12.18	4
14 Morris, McKenna	SR RENO	1:13.42	3
15 Komar, Rylee	SR GAL	1:14.83	2
16 Allen, Mya	JR SPAN	1:17.31	1

**Event 11 Girls 100 Yard Butterfly 5A**

Regionals: 56.40 R 5/14/2016 Shelby Koontz

Name	YrSchool	Prelim Time	
<b>Preliminaries</b>			
1 Klatt, Katarina E	JR CARS	57.24	q
2 Crain, Addie E	SR RENO	57.25	q
3 Llamas-Cruz, Alexandra	JR CARS	57.75	q
4 Goss, Gracie	SO DOUG	1:02.57	q
5 Jagers, Jady	FR GAL	1:02.90	q
6 Petit, Emily	SO SPAN	1:04.69	q
7 Taylor, Caitlin	FR DOUG	1:05.46	q
8 Pierce, MacKenzie	FR MANO	1:06.34	q
9 van der Veen, Claudia	JR MANO	1:06.81	q
10 Spidahl, Morgan	SO SPAN	1:08.89	q
11 Brittain, Gabi	FR MANO	1:09.54	q
12 Turner, Anna	JR CARS	1:11.83	q
13 Gould, Margot	FR WOO	1:12.00	q

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## Results

**Preliminaries ... (Event 11 Girls 100 Yard Butterfly 5A)**

Name	YrSchool	Prelim Time		
14 Komar, Rylee	SR GAL	1:13.83	q	
33.45	40.38			
15 Allen, Mya	JR SPAN	1:14.46	q	
34.44	40.02			
16 Morris, McKenna	SR RENO	1:15.17	q	
35.19	39.98			
--- Dooley, Gloria R	FR CARS		DQ	
35.75	43.49			

**Event 12 Boys 100 Yard Butterfly 5A**

Regionals: 50.00 R 5/14/2022 Nicholas S Melsheimer

Name	YrSchool	Finals Time		
<b>A - Final</b>				
1 Burgos, Elliott	JR REED	52.66	20	
24.18	28.48			
2 Shim, Austin	SR CARS	52.75	17	
24.41	28.34			
3 Morway, Leif E	SO CARS	54.90	16	
25.49	29.41			
4 Jones, Liam	SR DOUG	55.09	15	
25.07	30.02			
5 Myers, Brayden T	SR RENO	56.79	14	
26.23	30.56			
6 Miller, Ben	SO REED	58.40	13	
25.99	32.41			
7 Peuchaud, Jacques	JR WOO	58.98	12	
27.34	31.64			
8 Michel, Joseph	SO SPAN	1:01.32	11	
27.27	34.05			
<b>B - Final</b>				
9 Dale, James	SR GAL	1:00.70	9	
28.32	32.38			
10 Smith, Gavin	SO MANO	1:03.14	7	
28.98	34.16			
11 Lara, Dillon	JR REED	1:05.45	6	
28.54	36.91			
12 Yturbide, Matthew	JR DOUG	1:06.81	5	
30.49	36.32			
13 Igarta, Keaheanu	SO REED	1:08.92	4	
31.11	37.81			

**Event 12 Boys 100 Yard Butterfly 5A**

Regionals: 50.00 R 5/14/2022 Nicholas S Melsheimer

Name	YrSchool	Prelim Time		
<b>Preliminaries</b>				
1 Burgos, Elliott	JR REED	53.08	q	
24.59	28.49			
2 Shim, Austin	SR CARS	53.37	q	
24.91	28.46			
3 Jones, Liam	SR DOUG	54.39	q	
24.98	29.41			
4 Morway, Leif E	SO CARS	54.89	q	
25.79	29.10			
5 Myers, Brayden T	SR RENO	57.45	q	
26.11	31.34			

6 Miller, Ben	SO REED	58.48	q	
26.87	31.61			
7 Peuchaud, Jacques	JR WOO	59.89	q	
27.88	32.01			
8 Michel, Joseph	SO SPAN	1:00.67	q	
27.62	33.05			
9 Dale, James	SR GAL	1:00.94	q	
28.79	32.15			
10 Smith, Gavin	SO MANO	1:04.25	q	
28.79	35.46			
11 Lara, Dillon	JR REED	1:04.66	q	
27.95	36.71			
12 Yturbide, Matthew	JR DOUG	1:09.41	q	
31.51	37.90			
13 Igarta, Keaheanu	SO REED	1:13.19	q	
34.06	39.13			
--- Schneider, Aidan P	JR MCQ		DQ	
31.74	41.85			

**Event 13 Girls 100 Yard Freestyle 5A**

Regionals: 51.22 R 2013 Shelby Koontz

Name	YrSchool	Finals Time		
<b>A - Final</b>				
1 Porter, Izzy R	JR MCQ	52.25	20	
25.09	27.16			
2 Klatt, Katarina E	JR CARS	52.54	17	
25.23	27.31			
3 Sullivan, Delaney	JR RENO	52.97	16	
25.51	27.46			
4 Baker, Ella	FR SPAN	56.84	15	
27.11	29.73			
5 Duffy, Keira	JR DOUG	57.73	14	
27.77	29.96			
6 Jakubos, Avery	FR MANO	57.98	13	
27.80	30.18			
7 Foster, Hannah	SO GAL	58.48	12	
28.16	30.32			
8 Vieira, Sweetpea	SR DOUG	59.68	11	
28.39	31.29			
<b>B - Final</b>				
9 Whitehouse, Cassie L	JR MCQ	1:01.14	9	
29.43	31.71			
10 Wessel, Chloe	FR MANO	1:01.26	7	
29.78	31.48			
11 Bender, Maris	SO MANO	1:02.18	6	
29.81	32.37			
12 Walker, Kaylin J	SR MCQ	1:02.94	5	
30.19	32.75			
13 Nelson, Madison	JR SPAN	1:05.05	4	
30.92	34.13			
14 Begay, Olivia	JR SPAN	1:05.67	3	
31.03	34.64			
15 Winters, Charlotte	FR REED	1:06.68	2	
32.76	33.92			
16 Perry, Caroline	SR WOO	1:07.32	1	
32.45	34.87			

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## Event 13 Girls 100 Yard Freestyle 5A

Regionals: 51.22 R 2013		Shelby Koontz	
Name	YrSchool	Prelim Time	
<b>Preliminaries</b>			
1 Klatt, Katarina E	JR CARS	52.19	q
25.22	26.97		
2 Sullivan, Delaney	JR RENO	53.00	q
25.50	27.50		
3 Porter, Izzy R	JR MCQ	53.33	q
25.74	27.59		
4 Baker, Ella	FR SPAN	57.37	q
27.46	29.91		
5 Jakubos, Avery	FR MANO	58.41	q
28.07	30.34		
6 Duffy, Keira	JR DOUG	58.46	q
27.98	30.48		
7 Vieira, Sweetpea	SR DOUG	59.79	q
29.05	30.74		
8 Foster, Hannah	SO GAL	1:01.18	q
29.36	31.82		
9 Whitehouse, Cassie L	JR MCQ	1:01.69	q
29.78	31.91		
10 Wessel, Chloe	FR MANO	1:01.89	q
29.88	32.01		
11 Bender, Maris	SO MANO	1:02.11	q
29.53	32.58		
12 Walker, Kaylin J	SR MCQ	1:03.24	q
30.59	32.65		
13 Begay, Olivia	JR SPAN	1:05.19	q
30.91	34.28		
14 Winters, Charlotte	FR REED	1:05.54	q
31.70	33.84		
15 Nelson, Madison	JR SPAN	1:05.74	q
31.80	33.94		
16 Perry, Caroline	SR WOO	1:07.69	q
32.13	35.56		
17 Abundis, Aleyla	FR REED	1:08.85	
32.22	36.63		
18 Roper, Corinne	SR RENO	1:08.87	
33.15	35.72		
19 Lara, Ava	FR REED	1:09.20	
32.24	36.96		
20 Campbell-Richards, Betsy	FR CARS	1:10.69	
33.67	37.02		
21 Maldonado, Haedynn	FR MANO	1:11.13	
32.76	38.37		
22 Anderson, Merryn	JR WOO	1:13.11	
35.97	37.14		
23 McNamara, Emma M	SO MCQ	1:13.91	
34.74	39.17		

## Event 14 Boys 100 Yard Freestyle 5A

Regionals: 45.22 R 5/22/2021		Luke Hobson	
Name	YrSchool	Finals Time	
<b>A - Final</b>			
*1 Stevenson, Calvin	SR DOUG	47.12	18.5
22.65	24.47		
*1 Bennett, Cole G	SR CARS	47.12	18.5
22.86	24.26		
3 Burgos, Elliott	JR REED	48.09	16
23.22	24.87		
4 Dawson, Hunter	SO REED	48.56	15
23.04	25.52		
5 Hall, Jack	JR MANO	49.34	14
23.55	25.79		
6 Hustead, Walter	SO GAL	49.87	13
23.97	25.90		
7 Quinonez, David	SR GAL	51.71	12
24.60	27.11		
8 Sutton, Matthew	FR DOUG	51.77	11
24.78	26.99		
<b>B - Final</b>			
9 Schemenauer, Luke D	JR RENO	52.93	9
25.65	27.28		
10 Del Fiorentino, David A	FR CARS	54.54	7
26.15	28.39		
11 Clingensmith, Jacob	SR SPAN	54.56	6
26.29	28.27		
12 Wu, Caden S	FR MCQ	54.83	5
26.26	28.57		
13 Kuhlmann, Wade	SR DOUG	54.93	4
26.08	28.85		
14 Lara, Dillon	JR REED	55.17	3
25.82	29.35		
15 Schardt, Gage	FR GAL	57.97	2
27.74	30.23		
16 Smith, Cruz	SO RENO	58.96	1
28.51	30.45		
<b>Event 14 Boys 100 Yard Freestyle 5A</b>			
Regionals: 45.22 R 5/22/2021		Luke Hobson	
Name	YrSchool	Prelim Time	
<b>Preliminaries</b>			
1 Bennett, Cole G	SR CARS	47.46	q
2 Stevenson, Calvin	SR DOUG	47.49	q
3 Burgos, Elliott	JR REED	48.86	q
4 Dawson, Hunter	SO REED	49.33	q
5 Hustead, Walter	SO GAL	49.57	q
6 Hall, Jack	JR MANO	49.95	q
7 Quinonez, David	SR GAL	50.97	q
8 Sutton, Matthew	FR DOUG	52.62	q
9 Schemenauer, Luke D	JR RENO	53.50	q
10 Lara, Dillon	JR REED	53.89	q
11 Clingensmith, Jacob	SR SPAN	54.89	q
12 Kuhlmann, Wade	SR DOUG	55.26	q
13 Del Fiorentino, David A	FR CARS	55.51	q
14 Wu, Caden S	FR MCQ	55.77	q

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**Preliminaries ... (Event 14 Boys 100 Yard Freestyle 5A)**

Name	YrSchool	Prelim Time
15 Schardt, Gage	FR GAL	56.58 q
16 Smith, Cruz	SO RENO	58.37 q
17 Crisp, Konnor J	SO CARS	59.11
18 Bellows, Dalton	SO REED	59.99
19 Ipsen, Liam	FR GAL	1:04.79
20 Martell-Garcia, Arturo	JR CARS	1:05.03

**Event 15 Girls 500 Yard Freestyle 5A**

Regionals: 4:53.04 R 2000 Julie Hardt

Name	YrSchool	Finals Time
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**A - Final**

1 Sala, Addison	FR RENO	5:04.05	20
27.96	30.36	30.81	30.79
30.97	30.59	30.97	30.95
30.55	30.10		
2 Patrick, Shayne L	SO MCQ	5:18.03	17
28.72	31.24	32.19	32.17
32.15	32.30	32.56	32.23
32.80	31.67		
3 Kellerman, Isabel	FR MANO	5:19.96	16
28.93	31.58	32.18	32.30
32.46	32.41	32.82	33.02
32.68	31.58		
4 Russell, Larkin L	FR CARS	5:23.01	15
29.36	32.20	32.90	32.66
32.28	32.71	32.80	33.30
32.86	31.94		
5 Grieve, Amelia	SO SPAN	5:28.53	14
30.23	32.45	33.40	33.26
33.13	33.26	33.57	33.74
33.38	32.11		
6 Stevenson, Carli	FR DOUG	5:37.81	13
29.91	33.32	34.85	34.93
34.79	34.05	34.35	34.27
34.64	32.70		
7 Minetto, Lena M	SO MCQ	5:38.17	12
30.09	34.07	35.30	34.30
34.57	34.36	34.76	34.20
34.03	32.49		
8 Scott, Keira R	JR RENO	5:40.83	11
30.13	33.16	33.81	34.59
34.85	34.95	35.16	35.17
35.29	33.72		

**B - Final**

9 Pflieger, Bella	SO RENO	5:53.60	9
33.68	35.69	36.85	35.92
36.56	36.10	35.71	35.29
34.44	33.36		
10 McLean, Sofie	SO MANO	5:57.74	7
32.92	35.40	36.10	36.10
36.33	36.69	36.88	36.71
36.76	33.85		

11 Hornback, Annaliese	SR GAL	6:44.41	6
35.60	40.54	42.11	42.58
42.61	42.49	42.36	40.13
39.86	36.13		
12 Peck, Lizzy	SO DOUG	6:50.99	5
35.76	40.33	41.30	41.94
42.27	42.19	42.08	42.18
41.50	41.44		
13 Rix, Emily	SR SPAN	6:52.65	4
34.76	40.14	41.75	42.17
43.02	43.06	43.89	43.71
41.63	38.52		
14 White, Lilian	JR WOO	7:03.69	3
37.52	40.97	41.60	42.92
44.04	43.97	45.63	45.17
43.18	38.69		
15 Ferrell, Lily	SR MANO	7:13.27	2
37.26	41.67	42.97	43.67
44.78	45.12	45.23	44.90
44.68	42.99		
16 Salas, Ariel Y	SO CARS	7:16.01	1
39.11	44.01	45.01	44.79
44.73	44.51	44.39	44.00
43.26	42.20		

**Event 15 Girls 500 Yard Freestyle 5A**

Regionals: 4:53.04 R 2000 Julie Hardt

Name	YrSchool	Prelim Time
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**Preliminaries**

1 Sala, Addison	FR RENO	5:12.61	q
2 Russell, Larkin L	FR CARS	5:24.50	q
3 Patrick, Shayne L	SO MCQ	5:26.33	q
4 Kellerman, Isabel	FR MANO	5:27.82	q
5 Grieve, Amelia	SO SPAN	5:32.68	q
6 Stevenson, Carli	FR DOUG	5:42.34	q
7 Scott, Keira R	JR RENO	5:44.38	q
8 Minetto, Lena M	SO MCQ	5:47.12	q
9 Pflieger, Bella	SO RENO	5:55.61	q
10 McLean, Sofie	SO MANO	5:56.21	q
11 Hornback, Annaliese	SR GAL	6:44.57	q
12 Rix, Emily	SR SPAN	6:52.02	q
13 Peck, Lizzy	SO DOUG	6:53.03	q
14 White, Lilian	JR WOO	7:04.26	q
15 Salas, Ariel Y	SO CARS	7:13.98	q
16 Ferrell, Lily	SR MANO	7:14.18	q
17 Giambastiani, Amelia	SO RENO	7:25.93	

**Event 16 Boys 500 Yard Freestyle 5A**

Regionals: 4:31.85 R 1996 Steven Brown

Name	YrSchool	Finals Time
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**A - Final**

1 Myers, Brayden T	SR RENO	4:49.29	20
25.67	28.29	28.86	29.11
29.66	29.67	29.57	29.77
29.53	29.16		



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**A - Final ... (Event 16 Boys 500 Yard Freestyle 5A)**

Name	Yr	School	Finals Time	
2 Reddig, Jaxon	SO	SPAN	4:50.33	17
			25.72 28.32 28.84 29.23	
			29.80 29.81 29.72 29.98	
			29.77 29.14	
3 Miller, Peyton	SO	SPAN	4:57.80	16
			25.94 28.55 29.95 30.33	
			30.61 31.18 30.92 30.26	
			30.29 29.77	
4 Light, Jude	SO	GAL	5:01.26	15
			26.56 28.98 29.95 30.49	
			30.65 30.64 30.93 31.28	
			31.63 30.15	
5 Perisho, Stenson V	SO	MCQ	5:08.35	14
			27.20 29.69 30.79 31.28	
			31.52 31.55 31.66 32.04	
			31.84 30.78	
6 Kalley, Ewan F	SO	CARS	5:16.66	13
			28.35 30.94 31.90 32.19	
			32.69 32.54 32.70 32.90	
			32.19 30.26	
7 Motta, Ryan	JR	GAL	5:16.94	12
			28.40 31.01 32.37 32.40	
			32.68 32.50 32.43 32.65	
			31.68 30.82	
8 Gleason, Timothy	FR	DOUG	5:24.13	11
			28.09 31.50 33.37 32.23	
			33.88 33.21 34.49 34.54	
			30.56 32.26	

**B - Final**

9 Peuchaud, Jacques	JR	WOO	5:32.97	9
			28.29 32.26 33.52 34.40	
			33.94 34.56 34.55 34.88	
			34.11 32.46	
10 Rowlett, Baylen W	FR	DOUG	5:56.26	7
			32.28 35.19 37.11 36.24	
			36.91 37.02 36.80 36.67	
			34.96 33.08	
11 Gardner, Hunter	JR	RENO	6:09.56	6
			31.71 35.91 37.54 38.25	
			38.12 38.16 38.81 39.54	
			37.32 34.20	
12 Egan, Jack	SO	SPAN	6:10.01	5
			28.55 34.32 34.97 37.39	
			37.79 38.48 41.06 41.23	
			39.70 36.52	
13 Schardt, Gage	FR	GAL	6:19.17	4
			31.79 35.70 37.24 37.25	
			39.19 40.03 39.41 40.91	
			41.26 36.39	
14 Smith, Finn	SO	RENO	6:22.67	3
			39.58 39.41	
			1:15.38	

15 Garcia, William	FR	WOO	7:12.00	2
			37.47 41.83 43.29 44.60	
			44.92 43.88 44.74 45.10	
			44.06 42.11	
16 Upham, Gage	JR	REED	7:13.48	1
			38.37 42.94 43.09 44.72	
			46.54 46.55 44.56 44.03	
			42.84 39.84	

**Event 16 Boys 500 Yard Freestyle 5A**

Regionals: 4:31.85 R 1996 Steven Brown

Name	YrSchool	Prelim Time
<b>Preliminaries</b>		
1 Myers, Brayden T	SR RENO	4:52.79 q
2 Reddig, Jaxon	SO SPAN	4:57.79 q
3 Miller, Peyton	SO SPAN	4:58.36 q
4 Light, Jude	SO GAL	4:59.77 q
5 Kalley, Ewan F	SO CARS	5:15.35 q
6 Perisho, Stenson V	SO MCQ	5:15.56 q
7 Motta, Ryan	JR GAL	5:17.94 q
8 Gleason, Timothy	FR DOUG	5:19.94 q
9 Peuchaud, Jacques	JR WOO	5:53.68 q
10 Rowlett, Baylen W	FR DOUG	5:55.58 q
11 Gardner, Hunter	JR RENO	6:08.09 q
12 Egan, Jack	SO SPAN	6:09.06 q
13 Schardt, Gage	FR GAL	6:20.80 q
14 Smith, Finn	SO RENO	6:27.06 q
15 Upham, Gage	JR REED	7:09.24 q
16 Garcia, William	FR WOO	7:16.50 q
17 Sharma, Yash	JR WOO	7:16.81
18 Monson, Ben D	FR MCQ	7:22.82
19 Budge, Connor	JR RENO	8:15.26

**Event 17 Girls 200 Yard Freestyle Relay 5A**

Regionals: 1:39.16 R 2013 Galena High School

M. Meyer, A. Perry, M. Lloyd, R. Matsumura

Team	Relay	Finals Time
1 RENO	A	1:39.36 40
	1) Sullivan, Delaney JR	2) Platz, Lucy T JR
	3) Crain, Addie E SR	4) Sala, Addison FR
	24.48 25.61	24.29 24.98
2 CARS	A	1:41.15 34
	1) Klatt, Katarina E JR	2) Russell, Larkin L FR
	3) Russell, Brynn A JR	4) Llamas-Cruz, Alexandra JR
	24.20 25.69	26.24 25.02
3 DOUG	A	1:44.22 32
	1) Goss, Gracie SO	2) Jahreis, Cammie SO
	3) Vieira, Sweetpea SR	4) Duffy, Keira JR
	25.84 25.86	26.49 26.03
4 MCQ	A	1:46.62 30
	1) Patrick, Shayne L SO	2) Minetto, Lena M SO
	3) Whitehouse, Cassie L JR	4) Porter, Izzy R JR
	26.14 28.48	28.04 23.96
5 GAL	A	1:47.09 28
	1) Foster, Hannah SO	2) Bradley, Tsila JR
	3) Burns, Breanne SR	4) Jagers, Jady FR
	26.58 27.82	27.44 25.25

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**(Event 17 Girls 200 Yard Freestyle Relay 5A)**

Team	Relay	Finals Time	
6 MANO	A	1:51.48	26
1) Jakubos, Avery FR	2) Brittain, Gabi FR		
3) Pierce, MacKenzie FR	4) Wessel, Chloe FR		
27.63 30.59	24.71 28.55		
7 SPAN	A	1:57.29	24
1) Martinez, Aliya FR	2) Nelson, Madison JR		
3) Allen, Mya JR	4) Spidahl, Morgan SO		
27.92 30.75	30.54 28.08		
8 REED	A	1:57.67	22
1) Lara, Ava FR	2) Abundis, Aleyla FR		
3) Winters, Charlotte FR	4) Markesen, Emilie SO		
29.97 31.05	29.43 27.22		
9 WOO	A	2:32.42	18
1) Stokes, Sydney SR	2) Westmont, Sara JR		
3) Slover, Jaisa	4) Ramirez Ramirez, Monserr:		
33.93	36.24		

**Event 18 Boys 200 Yard Freestyle Relay 5A**

Regionals: 1:28.99 R 5/14/2022 Carson High School

C Bennett, B Kahue, A Shim, N Melsheimer

Team	Relay	Finals Time	
1 CARS	A	1:30.07	40
1) Bennett, Cole G SR	2) Morway, Leif E SO		
3) Del Fiorentino, David A FR	4) Shim, Austin SR		
21.80 22.26	24.36 21.65		
2 GAL	A	1:30.93	34
1) Hustead, Walter SO	2) Dale, Matthew SR		
3) Light, Jude SO	4) Quinonez, David SR		
23.43 22.79	22.41 22.30		
3 SPAN	A	1:32.15	32
1) Clayton, Jonathan SR	2) Danner, Jake JR		
3) Miller, Peyton SO	4) Reddig, Jaxon SO		
22.71 24.08	23.20 22.16		
4 RENO	A	1:32.77	30
1) Dalinis, Sam JR	2) Schott, Evan SO		
3) Schemenauer, Luke D JR	4) Myers, Brayden T SR		
22.27 23.46	24.07 22.97		
5 DOUG	A	1:33.67	28
1) Stevenson, Calvin SR	2) Jones, Liam SR		
3) Sutton, Matthew FR	4) Kuhlmann, Wade SR		
21.98 23.70	24.02 23.97		
6 REED	A	1:40.96	26
1) Lara, Dillon JR	2) Igarta, Keaheanu SO		
3) Bellows, Dalton SO	4) Miller, Ben SO		
24.03 27.11	26.20 23.62		
7 MANO	A	1:45.34	24
1) Hall, Jack JR	2) Smith, Gavin SO		
3) Dyson, Quinn SO	4) Patten, Cade SO		
22.97 26.02	25.47 30.88		
8 MCQ	A	1:48.14	22
1) Perisho, Stenson V SO	2) Batavia, Ryan G JR		
3) Schneider, Aidan P JR	4) Wu, Caden S FR		
25.78 29.48	27.99 24.89		
9 WOO	A	1:51.78	18
1) Langer, Ari SO	2) Garcia, William FR		
3) Sharma, Yash JR	4) Peuchaud, Jacques JR		
26.53 32.88	27.02 25.35		

**Event 19 Girls 100 Yard Backstroke 5A**

Regionals: 53.34 R 5/22/2021 Emma W Karam

Name	YrSchool	Finals Time	
<b>A - Final</b>			
1 Crain, Addie E	SR RENO	55.72	20
27.00	28.72		
2 van der Veen, Colette	FR MANO	1:00.40	17
29.26	31.14		
3 Goss, Gracie	SO DOUG	1:01.62	16
29.55	32.07		
4 Jahreis, Cammie	SO DOUG	1:04.43	15
31.23	33.20		
5 van der Veen, Claudia	JR MANO	1:05.67	14
32.00	33.67		
6 Usabiaga, Amaia	FR RENO	1:07.87	13
32.73	35.14		
7 Martinez, Aliya	FR SPAN	1:09.67	12
33.67	36.00		
8 Allen, Mya	JR SPAN	1:13.54	11
35.34	38.20		
<b>B - Final</b>			
9 Gould, Margot	FR WOO	1:13.09	9
35.39	37.70		
10 Conley, Avery	REED	1:15.69	7
36.37	39.32		
11 Syn, Kasia	SO RENO	1:17.22	6
38.17	39.05		
12 Lara, Ava	FR REED	1:17.71	5
37.32	40.39		
13 Trinh, Jacklyn	JR SPAN	1:20.44	4
38.24	42.20		

**Event 19 Girls 100 Yard Backstroke 5A**

Regionals: 53.34 R 5/22/2021 Emma W Karam

Name	YrSchool	Prelim Time	
<b>Preliminaries</b>			
1 Crain, Addie E	SR RENO	56.72	q
27.26	29.46		
2 Goss, Gracie	SO DOUG	1:01.51	q
29.71	31.80		
3 van der Veen, Colette	FR MANO	1:01.73	q
30.22	31.51		
4 Jahreis, Cammie	SO DOUG	1:04.91	q
31.21	33.70		
5 van der Veen, Claudia	JR MANO	1:07.52	q
33.51	34.01		
6 Usabiaga, Amaia	FR RENO	1:08.89	q
33.12	35.77		
7 Martinez, Aliya	FR SPAN	1:09.35	q
33.66	35.69		
8 Allen, Mya	JR SPAN	1:11.57	q
34.70	36.87		
9 Gould, Margot	FR WOO	1:15.66	q
36.73	38.93		
10 Conley, Avery	REED	1:17.89	q
36.95	40.94		

## Northern Region Swimming Trials and Finals - 5/12/2023 to 5/13/2023

## Results

**Preliminaries ... (Event 19 Girls 100 Yard Backstroke 5A)**

Name	YrSchool	Prelim Time
11 Syn, Kasia	SO RENO	1:18.48 q
37.22 41.26		
12 Lara, Ava	FR REED	1:19.17 q
38.11 41.06		
13 Trinh, Jacklyn	JR SPAN	1:23.28 q
39.73 43.55		
--- Petit, Emily	SO SPAN	DQ
33.11 34.60		

**Event 20 Boys 100 Yard Backstroke 5A**

Regionals: 51.74 R 2004	Peter Lorring	
Name	YrSchool	Finals Time

**A - Final**

1 Shustov, Vlad	SO REED	51.87	20
25.34 26.53			
2 Dalinis, Sam	JR RENO	53.31	17
25.92 27.39			
3 Schott, Evan	SO RENO	56.22	16
27.88 28.34			
4 Young, Miles	JR SPAN	58.60	15
28.03 30.57			
5 Wu, Caden S	FR MCQ	1:00.14	14
29.16 30.98			
6 Smith, Gavin	SO MANO	1:00.30	13
29.37 30.93			
7 Motta, Ryan	JR GAL	1:00.57	12
29.23 31.34			
8 Whalen, Clayton S	SO CARS	1:00.95	11
29.49 31.46			

**B - Final**

9 Bellows, Dalton	SO REED	1:02.93	9
30.07 32.86			
10 Pickett, Landon	SO GAL	1:07.75	7
32.62 35.13			
11 Gladstone, Ian	FR REED	1:20.30	6
39.27 41.03			
12 Trinh, Justin	SR SPAN	1:21.84	5
34.27 47.57			
13 Hoffmann, Trevor	SO GAL	1:26.62	4
41.86 44.76			

**Event 20 Boys 100 Yard Backstroke 5A**

Regionals: 51.74 R 2004	Peter Lorring	
Name	YrSchool	Prelim Time

**Preliminaries**

1 Dalinis, Sam	JR RENO	53.34	q
26.35 26.99			
2 Shustov, Vlad	SO REED	53.85	q
26.46 27.39			
3 Schott, Evan	SO RENO	56.05	q
27.70 28.35			
4 Young, Miles	JR SPAN	58.45	q
28.52 29.93			
5 Smith, Gavin	SO MANO	1:00.74	q
29.32 31.42			

6 Motta, Ryan	JR GAL	1:01.31	q
29.89 31.42			
7 Whalen, Clayton S	SO CARS	1:01.53	q
29.32 32.21			
8 Wu, Caden S	FR MCQ	1:02.02	q
30.12 31.90			
9 Bellows, Dalton	SO REED	1:03.03	q
29.98 33.05			
10 Pickett, Landon	SO GAL	1:10.14	q
33.75 36.39			
11 Trinh, Justin	SR SPAN	1:14.52	q
34.79 39.73			
12 Gladstone, Ian	FR REED	1:23.03	q
40.23 42.80			
13 Hoffmann, Trevor	SO GAL	1:24.41	q
40.33 44.08			
--- Stephenson, Liam	JR REED	DQ	
37.67 46.44			

**Event 21 Girls 100 Yard Breaststroke 5A**

Regionals: 1:02.30 R 2003	Katie Houston	
Name	YrSchool	Finals Time

**A - Final**

1 Zboinski, Katy	JR SPAN	1:04.24	20
30.32 33.92			
2 Platz, Lucy T	JR RENO	1:07.69	17
31.58 36.11			
3 Bradley, Tsila	JR GAL	1:10.28	16
33.51 36.77			
4 Shull, Brooklyn	FR MANO	1:10.89	15
33.13 37.76			
5 Russell, Brynn A	JR CARS	1:11.47	14
33.25 38.22			
6 Spidahl, Morgan	SO SPAN	1:13.76	13
34.27 39.49			
7 Morris, McKenna	SR RENO	1:16.64	12
35.57 41.07			
8 Peck, Hadley	FR DOUG	1:18.62	11
37.66 40.96			

**B - Final**

9 Baranowski, Dylan	FR MANO	1:18.49	9
36.80 41.69			
10 Stevenson, Carli	FR DOUG	1:19.70	7
37.75 41.95			
11 Clark, Avery	FR RENO	1:19.73	6
38.39 41.34			
12 Komar, Rylee	SR GAL	1:21.74	5
39.29 42.45			
13 Burns, Breanne	SR GAL	1:23.02	4
39.71 43.31			
14 Turner, Anna	JR CARS	1:23.22	3
39.17 44.05			
15 Walker, Kaylin J	SR MCQ	1:24.25	2
39.56 44.69			
16 Nguyen, Venice T	SO MCQ	1:25.88	1
41.53 44.35			

## Northern Region Swimming Trials and Finals - 5/12/2023 to 5/13/2023

## Results

Event 21 Girls 100 Yard Breaststroke 5A					Event 22 Boys 100 Yard Breaststroke 5A						
Regionals: 1:02.30 R 2003					Regionals: 57.63 R 5/13/2022 Ian J Belflower						
Katie Houston					Ian J Belflower						
Name	Yr	School	Prelim Time		Name	Yr	School	Prelim Time			
<b>Preliminaries</b>					<b>Preliminaries</b>						
1	Zboinski, Katy	JR	SPAN	1:05.85	q	3	Bosco, Pierson	SR	GAL	1:01.48	16
	30.77	35.08					28.97	32.51			
2	Platz, Lucy T	JR	RENO	1:07.91	q	4	Dale, James	SR	GAL	1:02.51	15
	32.16	35.75					29.57	32.94			
3	Russell, Brynn A	JR	CARS	1:10.73	q	5	Miller, Ben	SO	REED	1:04.51	14
	33.14	37.59					29.77	34.74			
4	Bradley, Tsila	JR	GAL	1:11.74	q	6	Jones, Liam	SR	DOUG	1:04.72	13
	33.91	37.83					29.88	34.84			
5	Shull, Brooklyn	FR	MANO	1:12.05	q	7	Kalley, Ewan F	SO	CARS	1:06.23	12
	34.05	38.00					31.30	34.93			
6	Spidahl, Morgan	SO	SPAN	1:13.74	q	8	Danner, Jake	JR	SPAN	1:06.72	11
	34.80	38.94					31.42	35.30			
7	Morris, McKenna	SR	RENO	1:17.36	q	<b>B - Final</b>					
	36.15	41.21				9	Langer, Ari	SO	WOO	1:08.30	9
8	Peck, Hadley	FR	DOUG	1:18.36	q		31.68	36.62			
	37.68	40.68				10	Michel, Joseph	SO	SPAN	1:11.44	7
9	Baranowski, Dylan	FR	MANO	1:18.86	q		33.64	37.80			
	37.33	41.53				11	Sullivan, Oren	SO	RENO	1:14.22	6
10	Stevenson, Carli	FR	DOUG	1:19.30	q		35.23	38.99			
	37.79	41.51				12	Lee, Tayte	FR	DOUG	1:16.10	5
11	Clark, Avery	FR	RENO	1:19.65	q		36.17	39.93			
	37.80	41.85				13	Ipsen, Liam	FR	GAL	1:18.69	4
12	Burns, Breanne	SR	GAL	1:20.83	q		37.21	41.48			
	38.14	42.69				14	Luke, Dylan	FR	SPAN	1:19.44	3
13	Walker, Kaylin J	SR	MCQ	1:23.63	q		37.33	42.11			
	39.37	44.26				15	Martell-Garcia, Arturo	JR	CARS	1:22.75	2
14	Komar, Rylee	SR	GAL	1:24.66	q		38.36	44.39			
	40.17	44.49				16	Mayer-Hodge, Jeffrey L	FR	MCQ	1:23.85	1
*15	Nguyen, Venice T	SO	MCQ	1:26.09	q		38.10	45.75			
	40.85	45.24				<b>Event 22 Boys 100 Yard Breaststroke 5A</b>					
*15	Turner, Anna	JR	CARS	1:26.09	q	<b>Regionals: 57.63 R 5/13/2022 Ian J Belflower</b>					
	41.78	44.31			<b>Name YrSchool Prelim Time</b>						
17	Perry, Caroline	SR	WOO	1:28.79		<b>Preliminaries</b>					
	41.36	47.43			1	Dale, Matthew	SR	GAL	1:00.38	q	
18	Miller, McKenna	SO	RENO	1:29.35			28.61	31.77			
	41.99	47.36			2	Bosco, Pierson	SR	GAL	1:01.10	q	
19	Cissell, Ella A	SR	MCQ	1:31.93			28.85	32.25			
	43.01	48.92			3	Rosol, Jackson	JR	REED	1:01.39	q	
20	Diller, Gwenavere	JR	SPAN	1:33.16			29.04	32.35			
	43.72	49.44			4	Jones, Liam	SR	DOUG	1:04.68	q	
21	Aquino, Julia	FR	CARS	1:36.86			29.84	34.84			
	44.45	52.41			5	Dale, James	SR	GAL	1:04.94	q	
<b>Event 22 Boys 100 Yard Breaststroke 5A</b>					<b>Regionals: 57.63 R 5/13/2022 Ian J Belflower</b>						
<b>Regionals: 57.63 R 5/13/2022 Ian J Belflower</b>					<b>Name YrSchool Prelim Time</b>						
<b>A - Final</b>					<b>Preliminaries</b>						
1	Rosol, Jackson	JR	REED	1:00.05	20	1	Dale, Matthew	SR	GAL	1:00.38	q
	28.27	31.78					28.61	31.77			
2	Dale, Matthew	SR	GAL	1:00.37	17	2	Bosco, Pierson	SR	GAL	1:01.10	q
	28.53	31.84					28.85	32.25			
						3	Rosol, Jackson	JR	REED	1:01.39	q
							29.04	32.35			
						4	Jones, Liam	SR	DOUG	1:04.68	q
							29.84	34.84			
						5	Dale, James	SR	GAL	1:04.94	q
							30.74	34.20			
						6	Miller, Ben	SO	REED	1:05.43	q
							30.46	34.97			
						7	Danner, Jake	JR	SPAN	1:06.57	q
							30.78	35.79			
						8	Kalley, Ewan F	SO	CARS	1:08.32	q
							32.63	35.69			
						9	Langer, Ari	SO	WOO	1:08.88	q
							31.92	36.96			
						10	Michel, Joseph	SO	SPAN	1:12.44	q
							34.18	38.26			
						11	Sullivan, Oren	SO	RENO	1:14.45	q
							34.96	39.49			

## Northern Region Swimming Trials and Finals - 5/12/2023 to 5/13/2023

## Results

**Preliminaries ... (Event 22 Boys 100 Yard Breaststroke 5A)**

Name	Yr	School	Prelim Time	
12 Lee, Tayte	FR	DOUG	1:16.62	q
36.32	40.30			
13 Luke, Dylan	FR	SPAN	1:19.88	q
38.40	41.48			
14 Ipsen, Liam	FR	GAL	1:20.92	q
37.50	43.42			
15 Mayer-Hodge, Jeffrey L	FR	MCQ	1:23.79	q
38.34	45.45			
16 Martell-Garcia, Arturo	JR	CARS	1:24.46	q
38.32	46.14			
17 Park, Alex	SO	RENO	1:24.78	
39.58	45.20			
18 Schneider, Aidan P	JR	MCQ	1:24.88	
38.59	46.29			
19 Lee, Spencer	FR	DOUG	1:24.92	
40.08	44.84			
20 Munoz, Brendin	JR	CARS	1:26.04	
41.88	44.16			
21 Hauffer, Grayson	SO	SPAN	1:33.03	
42.05	50.98			

**Event 23 Girls 400 Yard Freestyle Relay 5A**

Regionals: 3:35.19 R 1998 Carson

Baum, J. Hardt, Keller, K. Hardt

Team	Relay	Finals Time	
1 CARS	A	3:40.75	40
1) Llamas-Cruz, Alexandra JR	2) Russell, Larkin L FR		
3) Russell, Brynn A JR	4) Klatt, Katarina E JR	27.05 56.55	
26.14 54.73	27.05 56.55		
26.57 56.57	25.08 52.90		
2 MANO	A	3:49.05	34
1) Kellerman, Isabel FR	2) Jakubos, Avery FR		
3) Shull, Brooklyn FR	4) van der Veen, Colette FR	27.52 58.05	
27.73 57.85	27.52 58.05		
27.65 58.32	26.02 54.83		
3 SPAN	A	3:52.40	32
1) Baker, Ella FR	2) Petit, Emily SO		
3) Grieve, Amelia SO	4) Zboinski, Katy JR	28.11 58.67	
27.61 57.59	28.11 58.67		
28.71 59.65	26.70 56.49		
4 DOUG	A	3:56.00	30
1) Vieira, Sweetpea SR	2) Taylor, Caitlin FR		
3) Goss, Gracie SO	4) Duffy, Keira JR	28.46 59.62	
28.79 1:00.30	28.46 59.62		
27.41 57.82	27.34 58.26		
5 RENO	A	4:07.47	28
1) Scott, Keira R JR	2) Clark, Avery FR		
3) Pflieger, Bella SO	4) Usabiaga, Amaia FR	29.47 1:02.34	
29.13 1:00.31	29.47 1:02.34		
29.97 1:03.36	29.10 1:01.46		
6 MCQ	A	4:27.65	26
1) Walker, Kaylin J SR	2) McNamara, Emma M SO		
3) Nguyen, Venice T SO	4) Minetto, Lena M SO	32.86 1:12.46	
31.56 1:05.36	32.86 1:12.46		
31.20 1:07.26	29.47 1:02.57		

7 WOO	A	4:30.06	24
1) Perry, Caroline SR	2) Anderson, Merryn JR		
3) White, Lilian JR	4) Gould, Margot FR	32.27 1:08.44	
32.27 1:08.44	34.09 1:11.21		
32.17 1:07.87	29.45 1:02.54		
8 GAL	A	4:45.42	22
1) Hornback, Annaliese SR	2) Ruymann, Kaylee SR		
3) Livingston, Ashley SR	4) Komar, Rylee SR	31.35 1:06.31	
31.35 1:06.31	35.82 1:16.61		
36.15 1:15.65	31.49 1:06.85		

**Event 24 Boys 400 Yard Freestyle Relay 5A**

Regionals: 3:14.37 R 2009

Reno

Roepke, Schouweiler, Tung, Weiss

Team	Relay	Finals Time	
1 CARS	A	3:15.12	40
1) Morway, Leif E SO	2) Del Fiorentino, David A FR		
3) Shim, Austin SR	4) Bennett, Cole G SR	23.49 49.16	
23.49 49.16	24.76 52.49		
22.28 47.01	22.03 46.46		
2 REED	A	3:17.54	34
1) Rosol, Jackson JR	2) Dawson, Hunter SO		
3) Shustov, Vlad SO	4) Burgos, Elliott JR	23.79 49.75	
23.79 49.75	23.65 49.64		
23.97 49.56	23.16 48.59		
3 RENO	A	3:21.90	32
1) Dalinis, Sam JR	2) Schott, Evan SO		
3) Schemenauer, Luke D JR	4) Myers, Brayden T SR	23.13 48.94	
23.13 48.94	24.25 50.78		
24.86 52.64	23.46 49.54		
4 SPAN	A	3:23.76	30
1) Miller, Peyton SO	2) Young, Miles JR		
3) Clayton, Jonathan SR	4) Reddig, Jaxon SO	24.43 51.97	
24.43 51.97	24.94 51.75		
24.15 51.15	23.15 48.89		
5 GAL	A	3:29.58	28
1) Husted, Walter SO	2) Motta, Ryan JR		
3) Dale, James SR	4) Bosco, Pierson SR	24.46 50.94	
24.46 50.94	25.29 54.12		
25.40 53.05	24.51 51.47		
6 DOUG	A	3:32.53	26
1) Jones, Liam SR	2) Sutton, Matthew FR		
3) Gleason, Timothy FR	4) Stevenson, Calvin SR	25.45 53.96	
25.45 53.96	26.25 56.22		
25.05 53.87	22.85 48.48		
7 WOO	A	4:12.06	24
1) Langer, Ari SO	2) Garcia, William FR		
3) Sharma, Yash JR	4) Peuchaud, Jacques JR	27.50 58.22	
27.50 58.22	33.45 1:11.93		
30.01 1:02.50	29.55 59.41		
8 MCQ	A	4:46.89	22
1) Engh, Johnny R FR	2) Monson, Ben D FR		
3) Cornell, Zachary R SO	4) Batavia, Ryan G JR	32.45 1:11.28	
32.45 1:11.28	31.45 1:13.41		
34.77 1:14.36	31.55 1:07.84		

## Northern Region Swimming Trials and Finals - 5/12/2023 to 5/13/2023

## Results

**Event 101 Girls 200 Yard Medley Relay 3A**

Regionals: 1:49.83 R 5/12/2012 Douglas High School

M Smithen, M Skilling, S Morefield, C Gray

Team	Relay	Finals Time	
1 TRUCK	A	1:57.15	40
1) Smith, Hope X JR	2) Crews, Allie P SR		
3) Palmer, Ella A SR	4) Hoffmann, Reese JR		
30.94 34.15	26.01 26.05		
2 NORTH	A	2:05.16	32
1) Stanley, Marian SR	2) Kaiser, Eva SO		
3) Demitropoulos, Avery SO	4) Kaiser, Janine JR		
33.06 35.13	28.96 28.01		
3 TAHOE	A	2:09.95	30
1) Edmonds, Maia SO	2) Casto, Madden JR		
3) Whisnant, Nicole SO	4) Hitchcock, Katherine SR		
40.15 30.50	30.19 29.11		
4 NTAHO	A	2:14.78	28
1) Watts, Kayden JR	2) Giansiracusa, Maile FR		
3) Li, Dawna FR	4) McAndrews, Rayna JR		
30.25 38.06	37.29 29.18		
5 CHURC	A	2:18.22	26
1) Lott, Evelyn R JR	2) Cosman, Gracie E JR		
3) Oneill, Eveylyn R SR	4) Miller, Jocelyn D SO		
38.89 36.21	32.95 30.17		
6 FERN	A	2:26.53	24
1) Chapin, Ellie JR	2) Mortenson, Karlyn JR		
3) Pearson, Rylie SO	4) Wilcox, Brynne JR		
37.70 41.78	35.91 31.14		
7 INCL	A	2:55.84	22
1) Ogden, Elanor SR	2) Stephans, Samantha SR		
3) Simonov, Ashley FR	4) Dukes, Willemina FR		
44.71 1:05.05	33.92 32.16		
8 SPKS	A	2:59.56	18
1) Poindexter - Lopez, Kaysi JI	2) Grimm, Carla SO		
3) Gochnor, Ava SR	4) Reyes, Sammy SO		
51.31 52.74	40.88 34.63		
--- DAM	A	DQ	34
1) Williams, Calliope m SR	2) Rosselli, Makenna c SR		
3) Jagers, Maddy n SR	4) Langer, Teagan FR		
30.00 34.68	27.41 26.87		

**Event 102 Boys 200 Yard Medley Relay 3A**

Regionals: 1:35.40 R 5/22/2021 Truckee High School

K Crews, R Williams, A Kates, J Cook

Team	Relay	Finals Time	
1 NTAHO	A	1:48.89	40
1) Lanza, John FR	2) Query, Kaleb JR		
3) Rocco, Macallan SO	4) Springsteel, Rowin JR		
28.77 29.13	27.14 23.85		
2 TRUCK	A	1:51.18	34
1) Hodges, Aidan F SR	2) Deluna, Matthew J SR		
3) Kates, Asher B JR	4) Moran, Blake D JR		
30.44 31.82	23.77 25.15		
3 TAHOE	A	1:57.83	32
1) Preciado, Juan SO	2) Guenther, Cruz SO		
3) Trew, Jackson SR	4) Manzano, Omar SR		
30.32 33.52	27.99 26.00		

4 FERN	A	2:02.25	30
1) Schaeffer, Zach SO	2) Garrett, Braeden SR		
3) Jones, Matt SO	4) Mauk, Nate SO		
34.16 31.25	30.32 26.52		
5 DAM	A	2:08.11	28
1) Solum, Jack s JR	2) Kieckhefer, Austin r JR		
3) Doan, Nick JR	4) Krainbrink, Drake FR		
32.47	30.00		
6 CHURC	A	2:08.51	26
1) Henning, Miles SO	2) Koenig, Zachary JR		
3) Wassmuth, Gerik SR	4) Mc Lean, William FR		
35.27 31.04	31.50 30.70		
--- NORTH	A	DQ	24
1) Quintanilla, Brandon FR	2) Johnson, Sander JR		
3) Porter, Alexander SR	4) McHaney, Liam SO		
41.64 33.75	33.05 34.52		

**Event 103 Girls 200 Yard Freestyle 3A**

Regionals: 1:50.84 R 2000

Julie Hardt

Name	YrSchool	Finals Time	
1 Williams, Calliope m	SR DAM	2:08.06	20
29.50 32.20	33.32 33.04		
2 Clark, Addi	SO SAGE	2:08.61	17
29.22 32.19	33.55 33.65		
3 Hynes, Hayley J	FR TRUCK	2:08.77	16
29.84 32.31	33.91 32.71		
4 Hanley, Brynn	FR TRUCK	2:10.73	15
29.94 32.55	34.09 34.15		
5 Kaiser, Janine	JR NORTH	2:10.93	14
30.37 32.47	34.07 34.02		
6 Oneill, Eveylyn R	SR CHURC	2:17.10	13
30.61 33.83	36.41 36.25		
7 Hajduk-Dorworth, Grace	JR TRUCK	2:23.64	12
32.83 36.26	37.09 37.46		
8 Edmonds, Maia	SO TAHOE	2:27.27	11
34.30 37.32	39.20 36.45		

**Event 103 Girls 200 Yard Freestyle 3A**

Regionals: 1:50.84 R 2000

Julie Hardt

Name	YrSchool	Prelim Time	
1 Clark, Addi	SO SAGE	2:11.62	q
30.66 33.52	33.94 33.50		
2 Williams, Calliope m	SR DAM	2:12.28	q
30.44 33.43	34.17 34.24		
3 Kaiser, Janine	JR NORTH	2:14.73	q
30.79 33.35	34.77 35.82		
4 Hanley, Brynn	FR TRUCK	2:14.81	q
30.83 34.41	35.13 34.44		
5 Hynes, Hayley J	FR TRUCK	2:15.24	q
31.28 34.92	35.17 33.87		
6 Oneill, Eveylyn R	SR CHURC	2:18.45	q
30.49 34.71	36.62 36.63		
7 Hajduk-Dorworth, Grace	JR TRUCK	2:18.95	q
30.93 35.45	36.45 36.12		
8 Edmonds, Maia	SO TAHOE	2:26.44	q
32.45 37.17	39.35 37.47		

## Northern Region Swimming Trials and Finals - 5/12/2023 to 5/13/2023

## Results

**Preliminaries ... (Event 103 Girls 200 Yard Freestyle 3A)**

Name	Yr	School	Prelim Time
9 DeLuna, Adriana S	FR	TRUCK	2:31.63
34.17	38.57	40.64	38.25
10 Kranz, Corinne	JR	INCL	2:31.77
33.68	37.17	39.59	41.33
11 Nam, Stacy	FR	DAM	2:32.16
34.08	38.54	40.60	38.94
12 McAndrews, Rayna	JR	NTAHO	2:33.85
33.07	38.47	41.32	40.99
13 Webb, Jasper	JR	TAHOE	2:35.09
33.57	39.08	42.15	40.29
14 Helton, Katelen M	JR	CHURC	2:35.59
33.66	39.24	42.27	40.42
15 Munson, Bella	SR	TAHOE	2:37.96
36.62	40.47	41.09	39.78
*16 Wilcox, Brynne	JR	FERN	2:40.76
35.60	39.65	43.00	42.51
*16 Smith, Rebecca	SR	CHURC	2:40.76
36.91	40.70	42.34	40.81
18 Kieckhefer, Aspen r	JR	DAM	2:43.49
37.47	41.31	42.66	42.05
19 Plumb, Maren	SO	NTAHO	2:47.15
34.79	42.11	46.09	44.16
20 Murray, Aelli L	JR	HUG	2:47.23
37.13	41.73	44.54	43.83
21 Gochnor, Ava	SR	SPKS	2:47.28
37.61	42.93	45.31	41.43
22 Li, Dawna	FR	NTAHO	2:47.57
38.75	42.11	44.02	42.69
23 Villanueva, Sawyer	SR	TAHOE	2:49.72
36.90	44.02	47.45	41.35
24 Peters, Aidan	SO	LOWRY	2:52.02
38.35	43.03	47.25	43.39
25 Mortenson, Karlyn	JR	FERN	2:54.80
38.12	42.30	46.24	48.14
26 Morgan, Evie	SO	LOWRY	2:59.22
41.94	48.36	47.88	41.04
--- Ward, Renee	SR	DAM	DQ
36.03	41.59	1:30.98	
--- Ogilvy, Kaileigh	JR	NTAHO	DQ
37.50	41.85	44.38	44.33

**Event 104 Boys 200 Yard Freestyle 3A**

Regionals: 1:40.68 R 1996		Steven Brown	
Name	Yr	School	Finals Time
1 Erskine, Noah J	JR	TRUCK	1:54.95 20
26.26	28.40	29.44	30.85
2 Lanza, John	FR	NTAHO	1:59.67 17
26.68	29.16	31.31	32.52
3 Manzano, Omar	SR	TAHOE	2:10.68 16
31.45	33.75	32.94	32.54
4 Startsev, Blake O	SO	TRUCK	2:11.00 15
30.38	33.14	34.57	32.91
5 Kieckhefer, Austin r	JR	DAM	2:11.79 14
29.92	32.61	34.67	34.59

6 Garrett, Braeden	SR	FERN	2:13.48 13
28.07	32.90	35.96	36.55
7 Jones, Matt	SO	FERN	2:17.34 12
28.64	33.19	36.65	38.86
8 Melendrez, Damian	SO	SPKS	2:26.92 11
30.98	35.19	40.43	40.32

**Event 104 Boys 200 Yard Freestyle 3A**

Regionals: 1:40.68 R 1996		Steven Brown	
Name	Yr	School	Prelim Time
<b>Preliminaries</b>			
1 Erskine, Noah J	JR	TRUCK	1:58.17 q
26.50	29.32	30.86	31.49
2 Lanza, John	FR	NTAHO	1:59.66 q
27.05	29.50	31.69	31.42
3 Garrett, Braeden	SR	FERN	2:13.12 q
28.64	33.47	36.48	34.53
4 Kieckhefer, Austin r	JR	DAM	2:13.81 q
29.71	33.03	35.52	35.55
5 Jones, Matt	SO	FERN	2:15.07 q
29.61	33.37	36.06	36.03
6 Manzano, Omar	SR	TAHOE	2:15.76 q
31.03	34.14	35.24	35.35
7 Startsev, Blake O	SO	TRUCK	2:21.18 q
31.86	36.87	36.96	35.49
8 Melendrez, Damian	SO	SPKS	2:24.99 q
31.10	36.03	38.75	39.11
9 Trew, Jackson	SR	TAHOE	2:27.37
31.88	37.50	40.54	37.45
10 Chavarria, Jeffery	SR	TAHOE	2:28.46
31.72	38.07	40.50	38.17
11 Reynolds, Brody	FR	CHURC	2:30.21
32.27	37.26	40.17	40.51
12 Mc Lean, William	FR	CHURC	2:36.53
34.05	38.86	42.35	41.27
13 Krainbrink, Drake	FR	DAM	2:49.87
33.40	44.66	46.75	45.06

**Event 105 Girls 200 Yard IM 3A**

Regionals: 2:03.42 R 2003		Katie Houston	
Name	Yr	School	Finals Time
<b>Finals</b>			
1 Jagers, Maddy n	SR	DAM	2:19.36 20
28.29	34.33	43.94	32.80
2 Hane, Ava	SO	INCL	2:28.64 17
32.26	36.45	43.83	36.10
3 Smith, Hope X	JR	TRUCK	2:33.37 16
32.98	37.43	47.52	35.44
4 Rosselli, Makenna c	SR	DAM	2:33.78 15
34.27	40.86	43.46	35.19
5 Stanley, Marian	SR	NORTH	2:35.21 14
32.33	39.36	47.36	36.16
6 Whisnant, Nicole	SO	TAHOE	2:35.24 13
32.89	39.55	48.00	34.80
7 McCarthy Smith, Kyla or I	FR	TRUCK	2:35.40 12
33.32	40.48	46.11	35.49

## Northern Region Swimming Trials and Finals - 5/12/2023 to 5/13/2023

## Results

## Finals ... (Event 105 Girls 200 Yard IM 3A)

Name	YrSchool	Finals Time
8 Wurzelbacher, JoJo T	FR TRUCK	2:38.56 11
		34.63 39.32 49.81 34.80

## Event 105 Girls 200 Yard IM 3A

Regionals: 2:03.42 R 2003

Katie Houston

Name	YrSchool	Prelim Time
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## Preliminaries

1 Jagers, Maddy n	SR DAM	2:20.91 q
		29.78 35.37 42.67 33.09
2 Hane, Ava	SO INCL	2:29.12 q
		32.26 36.61 43.92 36.33
3 Smith, Hope X	JR TRUCK	2:31.09 q
		32.80 36.61 46.76 34.92
4 Stanley, Marian	SR NORTH	2:35.68 q
		32.55 38.97 48.22 35.94
5 Whisnant, Nicole	SO TAHOE	2:36.05 q
		32.15 39.72 49.12 35.06
6 Rosselli, Makenna c	SR DAM	2:38.72 q
		34.33 41.09 45.11 38.19
7 McCarthy Smith, Kyla or I	FR TRUCK	2:39.31 q
		33.83 40.14 49.21 36.13
8 Wurzelbacher, JoJo T	FR TRUCK	2:43.52 q
		35.32 39.05 51.42 37.73
9 Duckworth, Abby	JR INCL	2:49.77
		35.55 45.70 48.89 39.63
10 Lott, Evelyn R	JR CHURC	2:58.09
		36.46 45.78 51.40 44.45
11 Bengoa, Tea	JR LOWRY	2:59.73
		39.73 45.81 52.43 41.76
12 Giansiracusa, Maile	FR NTAHO	3:02.78
		38.69 49.50 50.75 43.84
13 Martin, Sophia L	SO TRUCK	3:03.02
		41.16 48.49 52.16 41.21
14 Thomas, Sarah	SO DAM	3:18.83
		42.49 48.22 1:01.98 46.14
15 Villanueva, Sawyer	SR TAHOE	3:20.49
		40.71 52.14 1:03.24 44.40
16 Farstad, Avery	JR DAM	3:21.36
		43.70 50.66 1:00.03 46.97
--- Phillips, Lily	SR TAHOE	DQ
		46.25 55.26 1:12.68 45.83

## Event 106 Boys 200 Yard IM 3A

Regionals: 1:54.52 R 1995

Tim Russell

Name	YrSchool	Finals Time
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## Finals

1 Kates, Asher B	JR TRUCK	1:58.60 20
		24.95 30.10 34.54 29.01
2 Query, Kaleb	JR NTAHO	2:16.90 17
		30.13 35.53 37.86 33.38
3 Moran, Blake D	JR TRUCK	2:25.96 16
		33.22 39.20 40.53 33.01
4 Schaeffer, Zach	SO FERN	2:27.61 15
		31.29 36.87 41.99 37.46

5 Teter, Taj	SO TAHOE	2:50.60 14
		35.35 44.34 49.88 41.03
6 Phillips, Quinn	SO TAHOE	3:10.58 13
		41.93 52.93 51.38 44.34
7 Bhakta, Ayush	SO SPKS	3:19.81 12
		44.91 41.03
--- Lucas, Dylan	SO TAHOE	DQ
		31.10 40.92 50.47 35.87

## Event 106 Boys 200 Yard IM 3A

Regionals: 1:54.52 R 1995

Tim Russell

Name	YrSchool	Prelim Time
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## Preliminaries

1 Kates, Asher B	JR TRUCK	2:00.47 q
		25.04 30.13 35.80 29.50
2 Query, Kaleb	JR NTAHO	2:18.87 q
		30.09 36.48 38.92 33.38
3 Schaeffer, Zach	SO FERN	2:26.24 q
		31.69 36.83 40.98 36.74
4 Moran, Blake D	JR TRUCK	2:26.68 q
		33.45 39.44 40.83 32.96
5 Lucas, Dylan	SO TAHOE	2:46.27 q
		33.41 42.48 51.99 38.39
6 Teter, Taj	SO TAHOE	2:50.60 q
		35.30 45.83 49.30 40.17
7 Phillips, Quinn	SO TAHOE	3:05.60 q
		39.90 53.05 50.06 42.59
8 Bhakta, Ayush	SO SPKS	3:16.17 q
		42.57 56.86 56.27 40.47
--- Hatch, Tanner	SO LOWRY	DQ
		31.85 38.93 53.55 44.34
--- Evans, Rhys	SO TAHOE	DQ
		46.76 56.44 54.92 48.16
--- Porter, Alexander	SR NORTH	DQ
		34.30 50.97 1:04.73 42.29

## Event 107 Girls 50 Yard Freestyle 3A

Regionals: 24.02 R 5/22/2021 Claire Rumzie

Name	YrSchool	Finals Time
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## Finals

1 Demitropoulos, Avery	SO NORTH	26.22 20
2 Hall, Aspen D	SO TRUCK	26.34 17
3 Hoffmann, Reese	JR TRUCK	27.23 16
4 Hugar, Shannon	SR INCL	27.26 15
5 Whisnant, Nicole	SO TAHOE	27.61 14
6 Koval, Anna	JR DAM	27.89 13
7 Schaller, Addie L	FR TRUCK	27.92 12
8 Schatz, Callie M	SO TRUCK	28.57 11

## Event 107 Girls 50 Yard Freestyle 3A

Regionals: 24.02 R 5/22/2021 Claire Rumzie

Name	YrSchool	Prelim Time
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## Preliminaries

1 Hall, Aspen D	SO TRUCK	26.07 q
2 Demitropoulos, Avery	SO NORTH	26.38 q
3 Hoffmann, Reese	JR TRUCK	26.61 q
4 Hugar, Shannon	SR INCL	27.04 q
5 Whisnant, Nicole	SO TAHOE	27.17 q



## Northern Region Swimming Trials and Finals - 5/12/2023 to 5/13/2023

## Results

**Preliminaries ... (Event 107 Girls 50 Yard Freestyle 3A)**

Name	YrSchool	Prelim Time	
6 Schaller, Addie L	FR TRUCK	27.53	q
7 Koval, Anna	JR DAM	27.91	q
8 Schatz, Callie M	SO TRUCK	28.25	q
9 Pearson, Rylie	SO FERN	28.94	
10 Tomlinson, Emma m	SO DAM	29.38	
11 Webb, Jasper	JR TAHOE	29.78	
12 Erickson, Tess L	JR DAM	29.81	
13 Miller, Jocelyn D	SO CHURC	30.06	
14 Warner, Avala	SO NTAHO	30.07	
15 Allen, Sophia	JR TAHOE	30.67	
16 Walker Coghlan, Megan	JR FERN	31.51	
17 Wilcox, Elizabeth	SO FERN	32.03	
18 Paredes, Ana	SO FERN	32.24	

**Event 108 Boys 50 Yard Freestyle 3A**

Regionals: 20.53 R 5/12/2018 Cooper DeRyk

Name	YrSchool	Finals Time	
1 Rocco, Macallan	SO NTAHO	23.93	20
2 Springsteel, Rowin	JR NTAHO	24.19	17
3 Wogsland, Lance	SO TRUCK	24.44	16
4 Johnson, Sander	JR NORTH	25.03	15
5 Hodges, Aidan F	SR TRUCK	26.16	14
6 Mauk, Nate	SO FERN	26.77	13
7 Liston, Michael	FR CHURC	27.46	12
8 Jensen, Garrett	JR LOWRY	27.88	11

**Event 108 Boys 50 Yard Freestyle 3A**

Regionals: 20.53 R 5/12/2018 Cooper DeRyk

Name	YrSchool	Prelim Time	
1 Rocco, Macallan	SO NTAHO	23.74	q
2 Wogsland, Lance	SO TRUCK	24.95	q
3 Johnson, Sander	JR NORTH	25.01	q
4 Springsteel, Rowin	JR NTAHO	25.17	q
5 Hodges, Aidan F	SR TRUCK	25.70	q
6 Mauk, Nate	SO FERN	26.92	q
7 Jensen, Garrett	JR LOWRY	27.96	q
8 Liston, Michael	FR CHURC	28.45	q
9 Teter, Taj	SO TAHOE	29.66	
10 Henning, Miles	SO CHURC	30.08	

**Event 111 Girls 100 Yard Butterfly 3A**

Regionals: 57.13 R 2008 Kirdy Franco

Name	YrSchool	Finals Time	
1 Palmer, Ella A	SR TRUCK	59.85	20
27.76 32.09			
2 Jagers, Maddy n	SR DAM	1:02.13	17
29.22 32.91			
3 Demitropoulos, Avery	SO NORTH	1:04.38	16
29.33 35.05			
4 Watts, Kayden	JR NTAHO	1:07.93	15
31.26 36.67			

5 Hajduk-Dorworth, Grace	JR TRUCK	1:08.89	14
33.06 35.83			
6 Koval, Anna	JR DAM	1:08.92	13
32.16 36.76			
7 Makay, Livi k	SO DAM	1:11.44	12
31.75 39.69			
8 Crews, Allie P	SR TRUCK	1:13.53	11
33.69 39.84			

**Event 111 Girls 100 Yard Butterfly 3A**

Regionals: 57.13 R 2008 Kirdy Franco

Name	YrSchool	Prelim Time	
<b>Preliminaries</b>			
1 Palmer, Ella A	SR TRUCK	1:00.26	q
27.83 32.43			
2 Demitropoulos, Avery	SO NORTH	1:04.16	q
29.63 34.53			
3 Jagers, Maddy n	SR DAM	1:04.77	q
30.00 34.77			
4 Koval, Anna	JR DAM	1:08.40	q
31.27 37.13			
5 Hajduk-Dorworth, Grace	JR TRUCK	1:08.46	q
32.04 36.42			
6 Watts, Kayden	JR NTAHO	1:10.13	q
33.14 36.99			
7 Crews, Allie P	SR TRUCK	1:10.81	q
30.37 40.44			
8 Makay, Livi k	SO DAM	1:12.25	q
32.16 40.09			
9 Hugar, Shannon	SR INCL	1:16.02	
34.19 41.83			
10 Rehn, Lupita	FR TAHOE	1:19.39	
36.44 42.95			
11 Bengoa, Tea	JR LOWRY	1:27.08	
39.67 47.41			
12 Farstad, Shelby	JR DAM	1:30.98	
40.93 50.05			
13 Martin, Sophia L	SO TRUCK	1:35.05	
45.80 49.25			

**Event 112 Boys 100 Yard Butterfly 3A**

Regionals: 48.50 R 5/22/2021 Kaikea Crews

Name	YrSchool	Finals Time	
<b>Finals</b>			
1 Power, Zachary	SO SAGE	48.92	20
22.83 26.09			
2 Erskine, Noah J	JR TRUCK	58.00	17
26.40 31.60			
3 Preciado, Juan	SO TAHOE	1:03.89	16
27.71 36.18			
4 Doan, Nick	JR DAM	1:04.46	15
29.20 35.26			
5 Trew, Jackson	SR TAHOE	1:06.21	14
28.82 37.39			
6 Lucas, Dylan	SO TAHOE	1:08.78	13
30.98 37.80			

## Northern Region Swimming Trials and Finals - 5/12/2023 to 5/13/2023

## Results

**Finals ... (Event 112 Boys 100 Yard Butterfly 3A)**

Name	YrSchool	Finals Time
7 Montero, Caden	SR LOWRY	1:25.19 12
		35.53 49.66

**Event 112 Boys 100 Yard Butterfly 3A**

Regionals: 48.50 R 5/22/2021 Kaikea Crews

Name	YrSchool	Prelim Time
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**Preliminaries**

1 Power, Zachary	SO SAGE	51.08 q
		23.79 27.29
2 Erskine, Noah J	JR TRUCK	1:01.31 q
		28.85 32.46
3 Preciado, Juan	SO TAHOE	1:04.02 q
		28.50 35.52
4 Doan, Nick	JR DAM	1:06.20 q
		29.92 36.28
5 Trew, Jackson	SR TAHOE	1:06.85 q
		28.92 37.93
6 Lucas, Dylan	SO TAHOE	1:11.87 q
		31.83 40.04
7 Montero, Caden	SR LOWRY	1:27.95 q
		35.57 52.38
--- Solum, Jack s	JR DAM	DQ
		35.95 46.59
--- Mendez, Dominic A	SO TRUCK	DQ
		39.73 43.50

**Event 113 Girls 100 Yard Freestyle 3A**

Regionals: 51.98 R 2002 Marshi Smith

Name	YrSchool	Finals Time
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**Finals**

1 Hall, Aspen D	SO TRUCK	58.67 20
		27.99 30.68
2 Schaller, Addie L	FR TRUCK	1:01.00 17
		29.05 31.95
3 Clark, Addi	SO SAGE	1:01.01 16
		29.53 31.48
4 Kaiser, Janine	JR NORTH	1:02.14 15
		29.85 32.29
5 Kaiser, Eva	SO NORTH	1:03.50 14
		29.92 33.58
6 Hoffmann, Reese	JR TRUCK	1:03.72 13
		29.98 33.74
7 Schatz, Callie M	SO TRUCK	1:04.03 12
		30.80 33.23
8 Kranz, Corinne	JR INCL	1:04.61 11
		30.38 34.23

**Event 113 Girls 100 Yard Freestyle 3A**

Regionals: 51.98 R 2002 Marshi Smith

Name	YrSchool	Prelim Time
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**Preliminaries**

1 Hall, Aspen D	SO TRUCK	57.96 q
		27.60 30.36
2 Clark, Addi	SO SAGE	1:01.42 q
		29.36 32.06

3 Schaller, Addie L	FR TRUCK	1:01.72 q
		30.09 31.63
4 Hoffmann, Reese	JR TRUCK	1:01.91 q
		30.53 31.38
5 Kaiser, Eva	SO NORTH	1:02.36 q
		30.08 32.28
6 Kaiser, Janine	JR NORTH	1:02.67 q
		30.30 32.37
7 Schatz, Callie M	SO TRUCK	1:04.42 q
		31.11 33.31
8 Kranz, Corinne	JR INCL	1:05.92 q
		30.97 34.95
9 Erickson, Tess L	JR DAM	1:06.50
		32.42 34.08
10 McAndrews, Rayna	JR NTAHO	1:06.81
		31.53 35.28
11 Hitchcock, Katherine	SR TAHOE	1:07.02
		32.01 35.01
12 Wilcox, Brynne	JR FERN	1:08.63
		32.97 35.66
13 Plumb, Maren	SO NTAHO	1:09.19
		32.56 36.63
14 Nam, Stacy	FR DAM	1:09.92
		33.33 36.59
15 Dukes, Willemina	FR INCL	1:12.82
		34.80 38.02
16 Burkett, Maya	SO TAHOE	1:13.21
		35.10 38.11
17 Paredes, Ana	SO FERN	1:13.39
		34.85 38.54
18 Ogilvy, Kaileigh	JR NTAHO	1:14.21
		36.49 37.72
19 Warner, Avala	SO NTAHO	1:14.37
		34.81 39.56
20 Lott, Evelyn R	JR CHURC	1:14.59
		35.16 39.43
21 Donnelly, Addie	FR DAM	1:15.03
		36.14 38.89
22 Nelson, Madison	SR TAHOE	1:15.52
		36.99 38.53
23 Heffernan, Ella	FR DAM	1:17.65
		35.74 41.91
24 Chapin, Ellie	JR FERN	1:17.77
		36.17 41.60

**Event 114 Boys 100 Yard Freestyle 3A**

Regionals: 45.68 R 5/11/2019 Kaikea Crews

Name	YrSchool	Finals Time
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**Finals**

1 Power, Zachary	SO SAGE	46.48 20
		22.24 24.24
2 Koenig, Zachary	JR CHURC	50.88 17
		24.11 26.77
3 Deluna, Matthew J	SR TRUCK	55.30 16
		26.85 28.45
4 Springsteel, Rowin	JR NTAHO	55.60 15
		26.50 29.10

## Northern Region Swimming Trials and Finals - 5/12/2023 to 5/13/2023

## Results

Finals ... (Event 114 Boys 100 Yard Freestyle 3A)				
Name	YrSchool	Finals Time		
5 Garrett, Braeden	SR FERN	58.16	14	
		27.95	30.21	
6 Preciado, Juan	SO TAHOE	58.98	13	
		27.92	31.06	
7 Jones, Matt	SO FERN	1:00.05	12	
		28.45	31.60	
8 Hodges, Aidan F	SR TRUCK	1:01.35	11	
		28.67	32.68	

Event 114 Boys 100 Yard Freestyle 3A				
Regionals: 45.68 R 5/11/2019 Kaikea Crews				
Name	YrSchool	Prelim Time		
<b>Preliminaries</b>				
1 Power, Zachary	SO SAGE	48.31	q	
2 Koenig, Zachary	JR CHURC	50.86	q	
3 Springsteel, Rowin	JR NTAHO	56.89	q	
4 Deluna, Matthew J	SR TRUCK	56.93	q	
5 Preciado, Juan	SO TAHOE	57.38	q	
6 Garrett, Braeden	SR FERN	58.26	q	
7 Jones, Matt	SO FERN	59.50	q	
8 Hodges, Aidan F	SR TRUCK	1:00.55	q	
9 Abbott, Nicholas	SR TAHOE	1:02.08		
10 Kerrigan, Charles	SO INCL	1:02.86		
11 Jensen, Garrett	JR LOWRY	1:03.58		
12 Liston, Michael	FR CHURC	1:03.82		
13 Guenther, Cruz	SO TAHOE	1:05.28		

Event 115 Girls 500 Yard Freestyle 3A				
Regionals: 4:53.04 R 2000 Julie Hardt				
Name	YrSchool	Finals Time		
<b>Finals</b>				
1 Williams, Calliope m	SR DAM	5:37.64	20	
		29.37	32.41	33.35
		34.22	34.64	34.87
		35.06	34.68	35.14
2 Langer, Teagan	FR DAM	5:49.56	17	
		29.88	33.70	34.74
		35.99	35.90	36.08
		36.38	35.32	36.44
3 Makay, Livi k	SO DAM	5:54.75	16	
		30.01	33.64	35.50
		36.76	37.51	36.41
		37.11	34.35	36.93
4 Hanley, Brynn	FR TRUCK	5:56.22	15	
		31.97	34.63	35.90
		36.67	36.59	36.91
		35.88	34.55	36.67
5 Hynes, Hayley J	FR TRUCK	5:56.54	14	
		32.42	35.80	36.10
		36.41	36.69	36.36
		36.04	33.33	36.99
6 Hane, Ava	SO INCL	6:07.80	13	
		31.50	35.46	37.26
		37.91	38.26	38.33
		37.54	35.53	38.44

7 Pearson, Rylie	SO FERN	6:10.83	12	
		32.67	35.86	36.69
		38.33	37.78	37.09
		39.72	35.52	38.25
				38.92
8 Casto, Madden	JR TAHOE	6:17.41	11	
		33.43	35.84	37.07
		38.44	39.15	38.99
		39.60	37.47	39.29

Event 115 Girls 500 Yard Freestyle 3A				
Regionals: 4:53.04 R 2000 Julie Hardt				
Name	YrSchool	Prelim Time		
<b>Preliminaries</b>				
1 Williams, Calliope m	SR DAM	5:43.81	q	
2 Makay, Livi k	SO DAM	5:54.81	q	
3 Langer, Teagan	FR DAM	6:02.99	q	
4 Hanley, Brynn	FR TRUCK	6:03.30	q	
5 Hane, Ava	SO INCL	6:05.15	q	
6 Hynes, Hayley J	FR TRUCK	6:07.99	q	
7 Casto, Madden	JR TAHOE	6:23.17	q	
8 Pearson, Rylie	SO FERN	6:28.87	q	
9 Duckworth, Abby	JR INCL	6:42.30		
10 Munson, Bella	SR TAHOE	7:02.99		
11 Kieckhefer, Aspen r	JR DAM	7:17.92		
12 Murray, Aelli L	JR HUG	7:26.15		
13 Rich, Mila	SO TAHOE	7:41.54		
14 Hoida, Autumnn	FR INCL	7:45.46		
15 Li, Dawna	FR NTAHO	7:49.35		
16 Lopez, Kathryn E	FR TRUCK	7:52.73		
17 Gochnor, Ava	SR SPKS	7:56.55		
18 Miller, Jocelyn D	SO CHURC	8:15.77		
19 Smith, Rebecca	SR CHURC	8:17.06		
20 Foucek, Sadie	SO NTAHO	8:18.98		
21 Grimm, Carla	SO SPKS	8:20.17		
22 Jimenez, Arelynn	SO TAHOE	8:23.25		

Event 116 Boys 500 Yard Freestyle 3A				
Regionals: 4:31.85 R 1996 Steven Brown				
Name	YrSchool	Finals Time		
<b>Finals</b>				
1 Lanza, John	FR NTAHO	5:30.63	20	
		29.28	32.35	32.51
		33.38	33.82	34.60
		33.86	33.03	34.24
2 Moran, Blake D	JR TRUCK	5:41.51	17	
		30.48	32.76	33.65
		35.07	35.30	35.56
		34.72	33.66	35.39
3 Kieckhefer, Austin r	JR DAM	5:54.87	16	
		31.85	34.63	34.36
		36.71	37.09	37.00
		36.03	34.41	35.96
4 Startsev, Blake O	SO TRUCK	6:02.37	15	
		32.50	36.42	38.27
		37.76	37.10	36.53
		36.24	32.87	37.82
				36.86

## Northern Region Swimming Trials and Finals - 5/12/2023 to 5/13/2023

## Results

## Finals ... (Event 116 Boys 500 Yard Freestyle 3A)

Name	Yr	School	Finals Time	
5 Manzano, Omar	SR	TAHOE	6:17.26	14
			33.68 37.21 37.93 38.78	
			38.62 39.98 39.17 38.48	
			37.70 35.71	
6 Wassmuth, Gerik	SR	CHURC	6:19.53	13
			31.55 35.18 36.94 38.93	
			39.97 38.72 42.57 41.98	
			37.76 35.93	
7 Arrison, Wiliam	SO	INCL	6:29.19	12
			34.27 38.35 38.78 40.16	
			39.49 40.27 40.57 40.12	
			40.14 37.04	
8 Melendrez, Damian	SO	SPKS	7:01.31	11
			33.13 44.01	
			45.25 44.88 44.86 45.69	
			46.28 38.86	

## Event 116 Boys 500 Yard Freestyle 3A

Regionals: 4:31.85 R 1996

Steven Brown

Name	Yr	School	Prelim Time	
1 Lanza, John	FR	NTAHO	5:31.18	q
2 Moran, Blake D	JR	TRUCK	5:48.11	q
3 Kieckhefer, Austin r	JR	DAM	6:00.51	q
4 Startsev, Blake O	SO	TRUCK	6:11.42	q
5 Manzano, Omar	SR	TAHOE	6:21.13	q
6 Wassmuth, Gerik	SR	CHURC	6:34.74	q
7 Arrison, Wiliam	SO	INCL	6:35.06	q
8 Melendrez, Damian	SO	SPKS	6:55.88	q
9 Chavarria, Jeffery	SR	TAHOE	7:09.34	
10 Mauk, Nate	SO	FERN	7:15.55	
11 Mendez, Dominic A	SO	TRUCK	7:25.17	
12 Bingham, Jaden	FR	TAHOE	7:51.58	
13 Phillips, Quinn	SO	TAHOE	7:58.65	
14 Krainbrink, Drake	FR	DAM	8:11.81	

## Event 117 Girls 200 Yard Freestyle Relay 3A

Regionals: 1:41.23 R 1999

Reno

Baily, Dixon, Rais, Gipson

Team	Relay	Finals Time	
1 TRUCK	A	1:48.83	40
1) Hall, Aspen D SO	2) Hynes, Hayley J FR		
3) Schaller, Addie L FR	4) Hoffmann, Reese JR		
		27.09 27.71 27.34 26.69	
2 DAM	A	1:53.88	34
1) Koval, Anna JR	2) Rosselli, Makenna c SR		
3) Tomlinson, Emma m SO	4) Makay, Livi k SO		
		28.26 27.81 34.84 22.97	
3 INCL	A	1:53.93	32
1) Hane, Ava SO	2) Duckworth, Abby JR		
3) Kranz, Corinne JR	4) Hugar, Shannon SR		
		28.49 29.83 28.93 26.68	
4 TAHOE	A	1:55.03	30
1) Casto, Madden JR	2) Rehn, Lupita FR		
3) Hitchcock, Katherine SR	4) Whisnant, Nicole SO		
		29.71 29.84 28.74 26.74	

5 NTAHO	A	1:58.85	28
1) McAndrews, Rayna JR	2) Warner, Avala SO		
3) Plumb, Maren SO	4) Watts, Kayden JR		
		30.28 31.11 31.03 26.43	
6 CHURC	A	2:04.35	26
1) Lott, Evelyn R JR	2) Oneill, Eveylyn R SR		
3) Cosman, Gracie E JR	4) Smith, Rebecca SR		
		32.13 28.87 29.17 34.18	
7 FERN	A	2:05.22	24
1) Wilcox, Claire	2) Wilcox, Elizabeth SO		
3) Wilcox, Brynne JR	4) Walker Coghlan, Megan JR		
		29.76 31.08 35.03 29.35	
8 NORTH	A	2:36.01	22
1) Dominguez, Shany FR	2) Hernandez, Kassandra FR		
3) Diaz, Grace 10	4) Nichols, Alisyn SO		
		43.58 36.63 38.51 37.29	

## Event 118 Boys 200 Yard Freestyle Relay 3A

Regionals: 1:29.73 R 2006

Reno

Roepke, Baily, Lorrington, Smith

Team	Relay	Finals Time	
1 TRUCK	A	1:38.13	40
1) Kates, Asher B JR	2) Wogsland, Lance SO		
3) Hodges, Aidan F SR	4) Erskine, Noah J JR		
		22.19 25.74 26.66 23.54	
2 FERN	A	1:47.07	34
1) Jones, Matt SO	2) Mauk, Nate SO		
3) Schaeffer, Zach SO	4) Garrett, Braeden SR		
		26.96 27.43 26.88 25.80	
3 TAHOE	A	1:51.71	32
1) Teter, Taj SO	2) Guenther, Cruz SO		
3) Lucas, Dylan SO	4) Abbott, Nicholas SR		
		29.85 27.58 28.48 25.80	
4 CHURC	A	1:53.36	30
1) Liston, Michael FR	2) Henning, Miles SO		
3) Koenig, Zachary JR	4) Reynolds, Brody FR		
		31.78 28.22 23.42 29.94	
5 NORTH	A	2:02.74	28
1) Quintanilla, Brandon FR	2) Porter, Alexander SR		
3) McHaney, Liam SO	4) Johnson, Sander JR		
		29.58 29.81 35.07 28.28	

## Event 119 Girls 100 Yard Backstroke 3A

Regionals: 56.64 R 2002

Marshi Smith

Name	Yr	School	Finals Time	
1 Palmer, Ella A	SR	TRUCK	57.73	20
			28.49 29.24	
2 Watts, Kayden	JR	NTAHO	1:05.81	17
			31.86 33.95	
3 Smith, Hope X	JR	TRUCK	1:06.82	16
			32.12 34.70	
4 Langer, Teagan	FR	DAM	1:07.98	15
			32.64 35.34	
5 Wurzelbacher, Jojo T	FR	TRUCK	1:11.88	14
			34.27 37.61	
6 Cosman, Gracie E	JR	CHURC	1:12.19	13
			34.88 37.31	

## Northern Region Swimming Trials and Finals - 5/12/2023 to 5/13/2023

## Results

**Finals ... (Event 119 Girls 100 Yard Backstroke 3A)**

Name	YrSchool	Finals Time		
7 Rehn, Lupita	FR TAHOE	1:13.65	12	
		35.33 38.32		
8 Tomlinson, Emma m	SO DAM	1:14.16	11	
		35.42 38.74		

**Event 119 Girls 100 Yard Backstroke 3A**

Regionals: 56.64 R 2002 Marshi Smith

Name	YrSchool	Prelim Time
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**Preliminaries**

1 Palmer, Ella A	SR TRUCK	59.10	q
		28.89 30.21	
2 Smith, Hope X	JR TRUCK	1:07.33	q
		32.27 35.06	
3 Watts, Kayden	JR NTAHO	1:07.80	q
		33.05 34.75	
4 Langer, Teagan	FR DAM	1:10.01	q
		33.91 36.10	
5 Cosman, Gracie E	JR CHURC	1:13.18	q
		35.00 38.18	
6 Wurzelbacher, JoJo T	FR TRUCK	1:13.85	q
		36.15 37.70	
7 Tomlinson, Emma m	SO DAM	1:13.94	q
		36.19 37.75	
8 Rehn, Lupita	FR TAHOE	1:15.14	q
		36.06 39.08	
9 Edmonds, Maia	SO TAHOE	1:16.20	
		36.03 40.17	
10 Helton, Katelen M	JR CHURC	1:19.89	
11 Nelson, Madison	SR TAHOE	1:19.92	
		38.88 41.04	
12 Hitchcock, Katherine	SR TAHOE	1:20.14	
		39.05 41.09	
13 McPherson, Reese	FR TRUCK	1:21.07	
		39.06 42.01	
14 Ward, Renee	SR DAM	1:23.18	
		40.14 43.04	
15 Walker Coghlan, Megan	JR FERN	1:24.23	
		39.92 44.31	
16 Wilcox, Elizabeth	SO FERN	1:25.12	
		42.24 42.88	
17 Donnelly, Addie	FR DAM	1:25.32	
		41.30 44.02	
18 Chapin, Ellie	JR FERN	1:26.11	

**Event 120 Boys 100 Yard Backstroke 3A**

Regionals: 48.36 R 5/21/2021 Kaikea Crews

Name	YrSchool	Finals Time
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**Finals**

1 Kates, Asher B	JR TRUCK	53.65	20
		26.00 27.65	
2 Rocco, Macallan	SO NTAHO	58.67	17
		28.71 29.96	
3 Wogsland, Lance	SO TRUCK	1:06.66	16
		32.17 34.49	

4 Schaeffer, Zach	SO FERN	1:06.72	15
		32.46 34.26	
5 Hatch, Tanner	SO LOWRY	1:09.05	14
		32.25 36.80	
6 Solum, Jack s	JR DAM	1:17.98	13
		36.03 41.95	
7 Schaeffer, Paul	FR FERN	1:19.64	12
		39.09 40.55	
8 Day, Calvin	SO INCL	1:25.68	11
		38.97 46.71	

**Event 120 Boys 100 Yard Backstroke 3A**

Regionals: 48.36 R 5/21/2021 Kaikea Crews

Name	YrSchool	Prelim Time
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**Preliminaries**

1 Kates, Asher B	JR TRUCK	54.15	q
		26.32 27.83	
2 Rocco, Macallan	SO NTAHO	59.22	q
		28.68 30.54	
3 Wogsland, Lance	SO TRUCK	1:05.88	q
		30.88 35.00	
4 Schaeffer, Zach	SO FERN	1:07.14	q
		32.36 34.78	
5 Hatch, Tanner	SO LOWRY	1:10.83	q
		33.46 37.37	
6 Schaeffer, Paul	FR FERN	1:19.33	q
		39.48 39.85	
7 Solum, Jack s	JR DAM	1:20.33	q
		36.88 43.45	
8 Day, Calvin	SO INCL	1:24.56	q
		40.63 43.93	
9 Lucas, Jacob	SO TAHOE	1:26.75	
		42.19 44.56	
10 Porter, Alexander	SR NORTH	1:30.87	
		44.49 46.38	
11 Quintanilla, Brandon	FR NORTH	1:34.83	
		46.73 48.10	
12 Evans, Rhys	SO TAHOE	1:36.57	
		47.83 48.74	

**Event 121 Girls 100 Yard Breaststroke 3A**

Regionals: 1:02.30 R 2003 Katie Houston

Name	YrSchool	Finals Time
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**Finals**

1 Crews, Allie P	SR TRUCK	1:16.04	20
		36.05 39.99	
2 Kaiser, Eva	SO NORTH	1:16.31	17
		35.39 40.92	
3 Cosman, Gracie E	JR CHURC	1:17.62	16
		36.71 40.91	
4 Rosselli, Makenna c	SR DAM	1:18.19	15
		36.91 41.28	
5 Casto, Madden	JR TAHOE	1:20.79	14
		37.69 43.10	
6 Stanley, Marian	SR NORTH	1:21.30	13
		38.28 43.02	

## Northern Region Swimming Trials and Finals - 5/12/2023 to 5/13/2023

## Results

**Finals ... (Event 121 Girls 100 Yard Breaststroke 3A)**

Name	YrSchool	Finals Time	
7 Oneill, Eveylyn R	SR CHURC	1:22.83	12
38.76 44.07			
8 McCarthy Smith, Kyla or I	FR TRUCK	1:24.88	11
39.60 45.28			

**Event 121 Girls 100 Yard Breaststroke 3A**

Regionals: 1:02.30 R 2003 Katie Houston

Name	YrSchool	Prelim Time	
<b>Preliminaries</b>			
1 Crews, Allie P	SR TRUCK	1:17.84	q
36.40 41.44			
2 Kaiser, Eva	SO NORTH	1:18.31	q
35.77 42.54			
3 Cosman, Gracie E	JR CHURC	1:18.89	q
37.91 40.98			
4 Rosselli, Makenna c	SR DAM	1:20.28	q
38.02 42.26			
5 Casto, Madden	JR TAHOE	1:20.67	q
38.31 42.36			
6 Stanley, Marian	SR NORTH	1:22.45	q
38.83 43.62			
7 McCarthy Smith, Kyla or I	FR TRUCK	1:24.58	q
39.66 44.92			
8 Oneill, Eveylyn R	SR CHURC	1:24.78	q
38.72 46.06			
9 Giansiracusa, Maile	FR NTAHO	1:24.88	
40.49 44.39			
10 DeLuna, Adriana S	FR TRUCK	1:26.39	
40.36 46.03			
11 Gajar, Stella	SO NTAHO	1:28.08	
40.56 47.52			
12 Simonov, Ashley	FR INCL	1:29.10	
40.98 48.12			
13 Mortenson, Karlyn	JR FERN	1:31.88	
42.34 49.54			
*14 Morgan, Evie	SO LOWRY	1:36.00	
46.37 49.63			
*14 Hoida, Autumn	FR INCL	1:36.00	
45.23 50.77			
16 Wurzelbacher, Jessica J	FR TRUCK	1:37.89	
44.76 53.13			
17 Farstad, Shelby	JR DAM	1:39.05	
45.69 53.36			
--- Burkett, Maya	SO TAHOE		DQ
46.92 53.93			
--- Wilcox, Claire	FERN		DQ
45.96 51.68			

**Event 122 Boys 100 Yard Breaststroke 3A**

Regionals: 57.97 R 5/22/2021 Ryan Williams

Name	YrSchool	Finals Time	
<b>Finals</b>			
1 Koenig, Zachary	JR CHURC	1:01.43	20
29.09 32.34			

2 Query, Kaleb	JR NTAHO	1:05.64	17
30.13 35.51			
3 Deluna, Matthew J	SR TRUCK	1:09.32	16
32.54 36.78			
4 Doan, Nick	JR DAM	1:10.61	15
32.67 37.94			
5 Johnson, Sander	JR NORTH	1:12.80	14
34.57 38.23			
6 Guenther, Cruz	SO TAHOE	1:17.81	13
35.56 42.25			
7 Byus, Bennett	FR TRUCK	1:19.03	12
36.87 42.16			
8 Schaeffer, Paul	FR FERN	1:23.02	11
39.59 43.43			

**Event 122 Boys 100 Yard Breaststroke 3A**

Regionals: 57.97 R 5/22/2021 Ryan Williams

Name	YrSchool	Prelim Time	
<b>Preliminaries</b>			
1 Koenig, Zachary	JR CHURC	1:01.79	q
28.92 32.87			
2 Query, Kaleb	JR NTAHO	1:07.07	q
30.89 36.18			
3 Doan, Nick	JR DAM	1:11.93	q
33.12 38.81			
4 Deluna, Matthew J	SR TRUCK	1:11.97	q
33.35 38.62			
5 Johnson, Sander	JR NORTH	1:13.33	q
34.68 38.65			
6 Guenther, Cruz	SO TAHOE	1:17.58	q
36.24 41.34			
7 Byus, Bennett	FR TRUCK	1:20.94	q
38.41 42.53			
8 Schaeffer, Paul	FR FERN	1:21.46	q
38.80 42.66			
9 Reynolds, Brody	FR CHURC	1:21.86	
39.58 42.28			
10 Abbott, Nicholas	SR TAHOE	1:24.34	
39.54 44.80			
11 Arrison, Wiliam	SO INCL	1:25.72	
41.40 44.32			
12 Lucas, Jacob	SO TAHOE	1:25.83	
40.28 45.55			
13 Mc Lean, William	FR CHURC	1:29.19	
41.99 47.20			
14 Kerrigan, Charles	SO INCL	1:31.00	
42.69 48.31			
15 Bhakta, Ayush	SO SPKS	1:32.31	
43.55 48.76			
16 Montero, Caden	SR LOWRY	1:33.92	
43.98 49.94			

## Northern Region Swimming Trials and Finals - 5/12/2023 to 5/13/2023

## Results

**Event 123 Girls 400 Yard Freestyle Relay 3A**

Regionals: 3:35.19 R 1998 Carson

Baum, J. Hardt, Keller, K. Hardt

Team	Relay	Finals Time	
1 DAM	A	3:54.47	40
1) Koval, Anna JR	2) Williams, Calliope m SR		
3) Langer, Teagan FR	4) Jagers, Maddy n SR		
29.08 1:01.51	28.18 59.03		
28.27 59.32	26.28 54.61		
2 TRUCK	A	3:56.25	34
1) Hall, Aspen D SO	2) Hynes, Hayley J FR		
3) Schaller, Addie L FR	4) Palmer, Ella A SR		
28.05 59.40	28.86 1:00.74		
28.77 1:01.57	25.95 54.54		
3 NORTH	A	4:11.34	32
1) Demitropoulos, Avery SO	2) Kaiser, Eva SO		
3) Stanley, Marian SR	4) Kaiser, Janine JR		
28.60 1:00.46	31.14 1:06.45		
29.27 1:02.84	29.45 1:01.59		
4 INCL	A	4:16.77	30
1) Hugar, Shannon SR	2) Duckworth, Abby JR		
3) Kranz, Corinne JR	4) Hane, Ava SO		
29.88 1:02.93	31.51 1:06.81		
30.74 1:05.36	29.13 1:01.67		
5 TAHOE	A	4:31.82	28
1) Edmonds, Maia SO	2) Burkett, Maya SO		
3) Webb, Jasper JR	4) Rehn, Lupita FR		
31.85 1:10.50	31.33 1:07.09		
31.85 1:08.43	1:05.80		
6 NTAHO	A	4:50.35	26
1) Li, Dawna FR	2) Ogilvy, Kaileigh JR		
3) Warner, Avala SO	4) Plumb, Maren SO		
33.26 1:12.35	34.92 1:15.12		
35.16 1:13.90	31.43 1:08.98		
7 CHURC	A	4:54.82	24
1) Helton, Katelen M JR	2) Reeder, Miranda FR		
3) Smith, Rebecca SR	4) Miller, Jocelyn D SO		
32.35 1:10.82	34.54 1:16.26		
36.61 1:17.36	33.01 1:10.38		
--- SPKS	A	DQ	
1) Reyes, Sammy SO	2) Poindexter - Lopez, Kaysi JI		
3) Grimm, Carla SO	4) Gochnor, Ava SR		
42.93 1:34.65	40.49 1:25.96		
41.97			

2 TRUCK	A	3:40.07	34
1) Moran, Blake D JR	2) Wogsland, Lance SO		
3) Deluna, Matthew J SR	4) Erskine, Noah J JR		
26.94 55.92	28.11 58.64		
26.11 55.15	23.37 50.36		
3 TAHOE	A	4:05.34	32
1) Manzano, Omar SR	2) Trew, Jackson SR		
3) Abbott, Nicholas SR	4) Preciado, Juan SO		
28.68 58.71	29.13 1:04.57		
32.38 1:06.17	26.06 55.89		
4 DAM	A	4:17.47	30
1) Solum, Jack s JR	2) Krainbrink, Drake FR		
3) Kieckhefer, Austin r JR	4) Doan, Nick JR		
31.77 1:11.23	29.45 1:05.80		
29.51 1:01.77	26.96 58.67		
5 CHURC	A	4:22.92	28
1) Wassmuth, Gerik SR	2) Reynolds, Brody FR		
3) Liston, Michael FR	4) Mc Lean, William FR		
28.62 1:00.78	30.98 1:07.29		
29.65 1:07.26	28.88 1:07.59		
6 SPKS	A	5:21.37	26
1) Bhakta, Ayush SO	2) Cook, Achilles FR		
3) Garcia, Jonathan JR	4) Melendrez, Damian SO		
38.57 1:24.81	37.61 1:22.21		
34.47 1:16.94	31.51 1:17.41		

**Event 124 Boys 400 Yard Freestyle Relay 3A**

Regionals: 3:14.37 R 2009 Reno

Roepke, Schouweiler, Tung, Weiss

Team	Relay	Finals Time	
1 NTAHO	A	3:36.02	40
1) Query, Kaleb JR	2) Springsteel, Rowin JR		
3) Lanza, John FR	4) Rocco, Macallan SO		
25.61 53.91	26.49 55.30		
25.77 54.44	24.72 52.37		