

## WBAL Champs 2023 - 4/28/2023 to 4/29/2023

## Results - WBAL Fianls

## Event 1 Girls 200 Yard Medley Relay Varsity

WBAL: 1:44.59 # 2022

Sacred Heart Preparatory

Howe, Sturzenegger, Holman, Bower

1:58.99 CCS

Team	Relay	Finals Time
1 SHPR	A	1:49.68 CCS
1) Li, Abby SO	2) J-Cheng, Audrey SR	
3) Chan, Katelyn JR	4) Kwok, Zoe SO	
29.11 28.68	25.91 25.98	
2 CSTL	A	1:53.15 CCS
1) Finn, Addison FR	2) Yuan, Amelia FR	
3) Kapoor, Aria JR	4) Lowell, Sydney JR	
26.29 32.31	28.26 26.29	
3 TKAC	A	1:56.23 CCS
1) Wong, Veronica FR	2) Mina, Tristen SR	
3) Ninan, Abby SR	4) Komashko, Angelina SO	
34.47 31.74	25.68 24.34	
4 DTECH	A	1:57.67 CCS
1) Garg, Aishani SO	2) Anderson, Kalina FR	
3) Sarles, Christina SO	4) Dowd, Leda SR	
30.27 34.16	28.70 24.54	
5 HARK	A	2:02.73
1) Chahal, Janam FR	2) Yang, Stella FR	
3) Feng, Mirabelle SO	4) Burrows, Angelina SO	
30.86 34.34	30.47 27.06	
6 NDSJ	A	2:08.12
1) Spada, Alexandra SO	2) Floyd, Emily FR	
3) Ziazadeh, Aramina SO	4) Cao, Thanh-Thanh SO	
31.88 34.22	32.55 29.47	
7 MERB	A	2:13.78
1) Simpson, Gwen SO	2) Yee, Allison JR	
3) Wong, Cadence SO	4) Mcguire, Summer SR	
38.21 38.82	32.64 24.11	
8 NDBA	A	2:18.11
1) Ebert, Ella	2) Kingham, Ciara	
3) Kistler, Emma	4) Mananquil, Krista	
36.22 38.44	32.71 30.74	
9 NUEV	A	2:23.85
1) Wong, Cherise SR	2) Zarrinnegar, Noor JR	
3) Belfer, Josie SO	4) Erbay, Lale SO	
33.85 40.61	36.67 32.72	
10 CSUP	A	2:24.70
1) Dye, Kira FR	2) Wong, Bethany FR	
3) Tung, Isabella FR	4) Valgel, Julia JR	
32.66 37.72	38.98 35.34	
11 PRIO	A	2:25.87
1) Ryan, Allegra SO	2) Turk, Ellie JR	
3) Schor, Madeleine FR	4) George, Mishal SO	
37.19 39.63	35.19 33.86	
12 MENL	A	2:36.10
1) Laria, Jackie FR	2) Slater, Lya FR	
3) Karachiwala, Hinako JR	4) Salgado Oseguera, Itzel JR	
41.88 48.17	34.54 31.51	
--- SHPR	B	x2:06.41
31.89 40.36	28.41 25.75	

--- HARK	B	x2:09.31
1) Eisenberg, Keren SO	2) Tang, Mia FR	
3) Sahu, Shimeka FR	4) Adler, Sydney SR	
33.23 36.64	29.59 29.85	
--- SHPR	C	x2:14.28
35.46 39.49	30.70 28.63	
--- CSTL	B	x2:15.09
1) Li, Katelyn FR	2) Verma, Sierra FR	
3) Ramirez, Mia JR	4) Verma, Diya SO	
30.35 38.46	35.35 30.93	
--- NDSJ	B	x2:42.65
41.67 40.77	45.88 34.33	
--- MERB	B	x2:51.98
54.07 40.45	38.73 38.73	
--- NDSJ	C	x2:52.67
41.71 48.19	45.00 37.77	
--- NDSJ	D	x3:14.32
57.35 52.52	50.15 34.30	
--- NDSJ	E	x3:16.75
1:03.41 59.53	36.45 37.36	
--- NDSJ	F	DQ
50.95 51.64	50.25 45.83	

## Event 2 Boys 200 Yard Medley Relay Varsity

WBAL: 1:37.45 # 2012

TKA

Benight, Luh, deSmidt, Heale

1:45.99 CCS

Team	Relay	Finals Time
1 MENL	A	1:43.55 CCS
1) Warman, Samuel JR	2) Tung, Andrew SR	
3) Grant, Connor JR	4) Kossow, Ben JR	
27.93 29.72	22.46 23.44	
2 SHPR	A	1:46.14
1) Klemens, Thomas FR	2) West, Ryan JR	
3) Baker, Charles FR	4) Hogan, Tyler JR	
27.78 30.01	25.64 22.71	
3 HARK	A	1:46.92
1) Kajarekar, Saahil JR	2) Dong, Eric FR	
3) Zou, Wenjie FR	4) Lee, Indigo SR	
28.43 28.55	26.32 23.62	
4 CSUP	A	1:49.53
1) Lacerte, Bennett S SR	2) Wang, Jayden SO	
3) Sutherland, Jacob SO	4) Picos, Angel JR	
24.06 28.24	29.32 27.91	
5 NUEV	A	1:50.07
1) Hoffman Chande, Remi FR	2) Yang, Michael FR	
3) Kim, Ethan SR	4) Poon, Livi SR	
27.10 32.35	25.80 24.82	
6 DTECH	A	1:57.42
1) Galdamez, Austin SO	2) Hsu, Brandon SO	
3) Shiraki, Shuga JR	4) Kompella, Nishant SO	
28.26 30.78	30.46 27.92	
--- SHPR	B	x1:49.86
31.04 30.57	25.80 22.45	
--- MENL	B	x1:58.79
1) Wong, Brendan FR	2) Kawamoto, Lucas FR	
3) Stoffel, Alex FR	4) Barad, Calvin FR	
29.24 33.09	56.46	

## WBAL Champs 2023 - 4/28/2023 to 4/29/2023

## Results - WBAL Fianls

**(Event 2 Boys 200 Yard Medley Relay Varsity)**

Team	Relay		Finals Time	
--- SHPR	C		x1:58.80	
	34.88	33.31	27.18	23.43
--- NUEV	B		x1:59.53	
1) Chinmay, Dhruv SR	2) Tambling, James SO			
3) Quach, Nicholas JR	4) Li, Alaric SO			
	31.75	33.19	28.55	26.04
--- HARK	B		x2:00.57	
1) Roman, Oli SO	2) Zhong, Alex SO			
3) Cammer, Caio SO	4) Ivkov, Alexandr JR			
	29.89	36.34	30.02	24.32
--- SHPR	D		DQ	
	40.86	26.79	31.47	23.61

**Event 3 Girls 200 Yard Freestyle Varsity**

WBAL: 1:49.75 # 2017 Vivian Wang (Hark)  
1:59.99 CCS

Name	YrSchool		Finals Time	
<b>A - Final</b>				
1 Detter, Ella	SO	CSTL	1:53.39	CCS
	26.11	28.70	29.58	29.00
2 Liao, Audrey		PIWO	1:58.40	CCS
	27.17	29.39	30.49	31.35
3 Anderson, Kalina	FR	DTECH	1:59.74	CCS
	27.76	30.06	31.14	30.78
4 Brandin, Margaret	JR	SHPR	2:00.08	
	27.83	30.00	31.02	31.23
5 Newby, Megan	SO	SHPR	2:02.84	
	27.83	30.41	32.48	32.12
6 Golub, Vivian	SO	SHPR	2:05.96	
	27.80	31.45	33.46	33.25
7 Porteous, Annika	SR	MENL	2:07.84	
	28.65	31.92	33.79	33.48
8 Pyle, Samantha	SO	SHPR	2:08.12	
	28.49	31.13	33.50	35.00
<b>B - Final</b>				
9 McElhinney, Callie	FR	CSTL	2:09.19	
	29.23	32.26	33.92	33.78
10 Dye, Kira	FR	CSUP	2:12.00	
	29.97	33.21	34.56	34.26
11 Mandal, Ipsita	JR	HARK	2:13.33	
	29.98	33.43	35.02	34.90
12 Adler, Sydney	SR	HARK	2:21.13	
	32.23	35.57	37.79	35.54
13 Gainer, Zoe	FR	MERB	2:27.78	
	33.30	37.12	39.65	37.71
14 Simpson, Gwen	SO	MERB	2:36.42	
	34.76	40.80	40.36	40.50
15 Schechtman, Maya	FR	NDSJ	2:41.99	
	35.08	41.44	43.69	41.78
16 Cho, Maddie	FR	NDSJ	2:48.09	
	38.25	43.66	44.06	42.12

**Event 4 Boys 200 Yard Freestyle Varsity**

WBAL: 1:38.54 # 2019 Matthew Chung (Hark)  
1:48.59 CCS

Name	YrSchool		Finals Time	
<b>A - Final</b>				
1 Ballard, Cole	JR	SHPR	1:42.20	CCS
	23.29	25.47	26.52	26.92
2 Kirincich, Luke	SO	SHPR	1:45.20	CCS
	24.32	26.37	27.17	27.34
3 Kawaja, Cole	SO	PRIO	1:47.41	CCS
	24.66	26.55	28.07	28.13
4 Foucu, Matthieu	SR	TKAC	1:47.60	CCS
	23.88	26.33	27.82	29.57
5 Harris, Nelson	SO	SHPR	1:51.51	
	25.80	28.08	28.85	28.78
6 Li, Jason	SO	HARK	1:56.24	
	27.45	29.72	29.94	29.13
7 Edelman, David	FR	SHPR	1:56.64	
	27.19	29.34	30.52	29.59
8 Gani, Alex	JR	MENL	2:01.06	
	27.29	30.40	31.53	31.84
<b>B - Final</b>				
9 Kossow, Ben	JR	MENL	2:02.34	
	27.34	30.39	32.16	32.45
10 Risk, Daniel	SO	NUEV	2:03.49	
	27.82	31.16	32.42	32.09
11 Sutherland, Jacob	SO	CSUP	2:07.34	
	28.63	31.81	33.76	33.14
12 Genet, Matthew	JR	PRIO	2:10.50	
	29.09	32.17	34.06	35.18
13 Shiraki, Shuga	JR	DTECH	2:15.55	
	30.05	34.00	35.32	36.18
14 Yang, Michael	FR	NUEV	2:20.27	
	32.00	34.84	36.19	37.24
15 Saito, Shota	FR	DTECH	2:30.39	
	31.93	37.29	40.73	40.44
--- Li, Alaric	SO	NUEV		DQ
	29.93	35.36	35.82	37.50

**Event 7 Girls 200 Yard IM Varsity**

WBAL: 2:02.29 # 2011 Ally Howe (SHP)  
2:15.49 CCS

Name	YrSchool		Finals Time	
<b>Finals</b>				
1 J-Cheng, Audrey	SR	SHPR	2:03.81	CCS
	26.21	32.38	35.63	29.59
2 Mina, Tristen	SR	TKAC	2:09.81	CCS
	27.76	33.42	37.74	30.89
3 Cui, Kyra	SO	HARK	2:12.33	CCS
	28.66	34.90	37.09	31.68
4 Coleman, Casey	FR	SHPR	2:21.55	
	30.53	36.79	42.34	31.89
5 Wong, Cherise	SR	NUEV	2:22.85	
	29.97	36.23	42.56	34.09
6 Chahal, Janam	FR	HARK	2:23.43	
	31.69	35.57	42.12	34.05

## WBAL Champs 2023 - 4/28/2023 to 4/29/2023

## Results - WBAL Fianls

## Finals ... (Event 7 Girls 200 Yard IM Varsity)

Name	YrSchool	Finals Time
7 Lim, Kashya	SO SHPR	2:25.44
29.76	37.29	44.33
34.06		
8 Frolik, Sophie	SR SHPR	2:30.60
31.54	37.90	46.77
34.39		
9 Sarles, Christina	SO DTECH	2:30.82
30.23	39.59	44.63
36.37		
10 Wong, Cadence	SO MERB	2:31.13
30.06	38.02	46.77
36.28		
11 Yee, Allison	JR MERB	2:42.88
32.59	42.55	47.77
39.97		
12 Ziazadeh, Aramina	SO NDSJ	2:45.39
34.87	43.01	48.84
38.67		
13 Verma, Sierra	FR CSTL	2:47.80
37.51	44.90	48.91
36.48		
14 Kistler, Sophie	NDBA	2:52.81
36.54	46.46	52.24
37.57		
15 Simpson, Gwen	SO MERB	2:53.75
37.69	44.05	52.43
39.58		
16 Verma, Diya	SO CSTL	2:57.22
36.79	45.06	55.11
40.26		

## Event 8 Boys 200 Yard IM Varsity

WBAL: 1:48.60 # 2019

Ethan Hu (Hark)

2:02.49 CCS

Name	YrSchool	Finals Time
<b>Finals</b>		
1 Foucu, Nathan	FR TKAC	1:56.15 CCS
25.34	30.77	32.66
27.38		
2 Su, Sean	PIWO	1:57.50 CCS
26.01	28.97	35.63
26.89		
3 Zou, Wenjie	FR HARK	2:02.86
26.41	31.62	36.23
28.60		
4 Wang, Jayden	SO CSUP	2:04.06
27.18	32.09	34.74
30.05		
5 West, Ryan	JR SHPR	2:09.41
27.82	33.92	37.82
29.85		
6 Boesch, Alex	JR MENL	2:11.31
26.68	33.15	40.63
30.85		
7 Tung, Andrew	SR MENL	2:12.75
28.64	36.17	37.04
30.90		
8 Klemens, Thomas	FR SHPR	2:13.41
28.20	32.19	43.60
29.42		
9 Hsu, Brandon	SO DTECH	2:14.45
28.54	35.24	37.61
33.06		
10 Roman, Oli	SO HARK	2:15.55
29.08	33.82	42.60
30.05		
11 Kawamoto, Lucas	FR MENL	2:17.41
28.52	35.50	40.11
33.28		
12 Warman, Samuel	JR MENL	2:18.87
29.19	35.12	41.54
33.02		
13 Wong, Ryan	SO SHPR	2:21.22
29.38	37.00	42.21
32.63		
14 Poon, Livi	SR NUEV	2:24.67
29.95	36.58	43.78
34.36		
15 Quach, Nicholas	JR NUEV	2:31.46
31.02	39.38	43.98
37.08		

## Event 9 Girls 50 Yard Freestyle Varsity

WBAL: 22.81 # 2013

Ally Howe (SHP)

25.39 CCS

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 Detter, Olivia	JR CSTL	24.24 CCS
2 Cortez, Serafina	SR CSTL	24.95 CCS
3 Liao, Audrey	PIWO	25.06 CCS
4 Dowd, Leda	SR DTECH	25.07 CCS
5 Kwok, Zoe	SO SHPR	25.70
6 Brush, Ellison	FR SHPR	25.76
7 Floyd, Emily	FR NDSJ	25.95
8 Kapoor, Aria	JR CSTL	26.53
<b>B - Final</b>		
9 Dova, Isabella	SO SHPR	26.32
10 Flierl, Sofia	SO MENL	26.78
11 Lowell, Sydney	JR CSTL	26.81
12 Cassidy, Kenya	JR MENL	27.29
13 Garg, Aishani	SO DTECH	27.47
*14 Gamble, Scarlett	JR MENL	27.52
*14 Yang, Stella	FR HARK	27.52
16 Mcguire, Summer	SR MERB	28.40

## Event 10 Boys 50 Yard Freestyle Varsity

WBAL: 21.36 # 2009

Cole Davis (Hark)

22.59 CCS

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 Swart, William	SR SHPR	21.87 CCS
2 Pawliger, Adam	SO HARK	22.06 CCS
3 Spencer, Andrew	JR SHPR	22.46 CCS
4 Hogan, Tyler	JR SHPR	22.76
5 Marcin, Oliver	FR SHPR	23.00
6 Baumgarte, Oskar	SO HARK	23.32
7 Reed, Andrew	SR HARK	23.34
8 Coleman, Jackson	FR MENL	23.88
<b>B - Final</b>		
9 Bonhagen, RJ	JR TKAC	23.95
10 Lee, Indigo	SR HARK	24.29
11 Galdamez, Austin	SO DTECH	24.70
*12 Hoffman Chande, Remi	FR NUEV	25.10
*12 Lee, Jason	SO TKAC	25.10
14 Wu, Allen	FR PRIO	25.82
15 Bradley, Michael	PIWO	26.39
16 Li, Alaric	SO NUEV	26.57

## Event 13 Girls 100 Yard Butterfly Varsity

WBAL: 54.81 # 2011

Ally Howe (SHP)

1:00.99 CCS

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 Detter, Ella	SO CSTL	54.86 CCS
26.19	28.67	
2 Ninan, Abby	SR TKAC	56.23 CCS
26.73	29.50	
3 Finn, Addison	FR CSTL	57.38 CCS
26.91	30.47	

## WBAL Champs 2023 - 4/28/2023 to 4/29/2023

## Results - WBAL Fianls

**A - Final ... (Event 13 Girls 100 Yard Butterfly Varsity)**

Name	YrSchool	Finals Time
4 Hong, Ashley	JR HARK	58.51 CCS
27.35	31.16	
5 Chan, Katelyn	JR SHPR	58.71 CCS
28.75	29.96	
6 Lee, Caitlyn	SO CSTL	59.77 CCS
27.86	31.91	
7 Kapoor, Aria	JR CSTL	1:01.85
28.22	33.63	
8 Sahu, Shimeka	FR HARK	1:04.75
30.82	33.93	

**B - Final**

9 Lim, Kashya	SO SHPR	1:04.64
30.44	34.20	
10 Wong, Cadence	SO MERB	1:06.08
30.30	35.78	
11 Feng, Mirabelle	SO HARK	1:06.44
31.30	35.14	
12 Sarles, Christina	SO DTECH	1:08.89
32.43	36.46	
13 Burrows, Angelina	SO HARK	1:10.47
32.47	38.00	
14 Frolik, Sophie	SR SHPR	1:13.02
33.67	39.35	
15 Kistler, Emma	NDBA	1:15.29
34.10	41.19	
16 Ziazadeh, Aramina	SO NDSJ	1:15.58
34.21	41.37	

**Event 14 Boys 100 Yard Butterfly Varsity**

WBAL: 47.57 # 2019 Ethan Hu (Hark)  
54.79 CCS

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 Grant, Connor	JR MENL	51.83 CCS
24.05	27.78	
2 Kajarekar, Saahil	JR HARK	54.00 CCS
25.76	28.24	
3 Lin, Eugene	FR PRIO	55.40
26.12	29.28	
4 Baker, Charles	FR SHPR	57.34
25.68	31.66	
5 Wisdom, Thomas	SR HARK	57.48
26.36	31.12	
6 An, Alexander	SO SHPR	58.99
27.01	31.98	
7 Cheline, Alejandro	FR HARK	59.50
27.73	31.77	
8 Nilsson, Kip	JR SHPR	1:01.11
27.79	33.32	

**B - Final**

9 Kim, Ethan	SR NUEV	58.32
26.34	31.98	
10 Averbuck, Redmond	JR SHPR	59.03
26.48	32.55	

11 Kossow, Ben	JR MENL	1:03.82
29.75	34.07	
12 Lee, Indigo	SR HARK	1:04.67
29.98	34.69	
13 Poon, Livi	SR NUEV	1:05.30
29.95	35.35	
14 Quach, Nicholas	JR NUEV	1:12.22
31.88	40.34	
15 Wu, Nicholas	JR TKAC	1:21.28
37.17	44.11	

**Event 15 Girls 100 Yard Freestyle Varsity**

WBAL: 52.32 # 2010 Jessica Khojasteh (Hark)  
55.39 CCS

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 Detter, Olivia	JR CSTL	52.13# CCS
25.38	26.75	
2 Komashko, Angelina	SO TKAC	54.04 CCS
25.93	28.11	
3 Dowd, Leda	SR DTECH	54.81 CCS
26.32	28.49	
4 Cortez, Serafina	SR CSTL	54.82 CCS
26.05	28.77	
5 Huddleston, Sage	JR MENL	55.49
26.77	28.72	
6 Newby, Megan	SO SHPR	56.59
27.36	29.23	
7 Golub, Vivian	SO SHPR	56.62
27.30	29.32	
8 Cassidy, Kenya	JR MENL	58.61
28.61	30.00	
<b>B - Final</b>		
9 Floyd, Emily	FR NDSJ	57.82
27.73	30.09	
10 Lowell, Sydney	JR CSTL	58.63
28.27	30.36	
11 Gamble, Scarlett	JR MENL	59.28
28.62	30.66	
12 Burks, Annika	SR CSTL	59.45
28.77	30.68	
13 Flierl, Sofia	SO MENL	59.47
28.66	30.81	
14 Mandal, Ipsita	JR HARK	1:01.61
29.74	31.87	
15 Dioli, Kate	JR SHPR	1:03.55
29.95	33.60	
16 Mcguire, Summer	SR MERB	1:03.77
30.23	33.54	

**Event 16 Boys 100 Yard Freestyle Varsity**

WBAL: 46.47 # 2010 Tom Kremer (SHP)  
49.69 CCS

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 Ballard, Cole	JR SHPR	46.63 CCS
22.43	24.20	

**WBAL Champs 2023 - 4/28/2023 to 4/29/2023**

**Results - WBAL Fianls**

**A - Final ... (Event 16 Boys 100 Yard Freestyle Varsity)**

Name	YrSchool	Finals Time
2 Swart, William	SR SHPR	47.50 CCS
22.59 24.91		
3 Lacerte, Bennett S	SR CSUP	47.73 CCS
23.23 24.50		
4 Foucu, Matthieu	SR TKAC	48.22 CCS
23.29 24.93		
5 Hogan, Tyler	JR SHPR	48.93 CCS
23.73 25.20		
6 Pawliger, Adam	SO HARK	49.68 CCS
24.06 25.62		
7 Spencer, Andrew	JR SHPR	49.76
23.82 25.94		
8 Kawaja, Cole	SO PRIO	49.98
24.28 25.70		

**B - Final**

9 Baumgarte, Oskar	SO HARK	50.52
24.43 26.09		
10 Reed, Andrew	SR HARK	51.56
25.12 26.44		
11 Bonhagen, RJ	JR TKAC	53.66
25.08 28.58		
12 Coleman, Jackson	FR MENL	53.90
25.57 28.33		
13 Ivkov, Alexandr	JR HARK	55.17
26.45 28.72		
14 Avery, Christian	JR PRIO	55.85
26.04 29.81		
15 Genet, Matthew	JR PRIO	55.88
25.69 30.19		
16 Lee, Isaiah	JR MENL	56.73
26.66 30.07		

**Event 17 Girls 500 Yard Freestyle Varsity**

**WBAL: 4:44.53 # 2014 Ally Howe (SHP)**  
**5:25.49 CCS**

Name	YrSchool	Finals Time
1 Brandin, Margaret	JR SHPR	5:12.83 CCS
28.29 30.89 32.14 31.92		
31.95 31.58 32.03 31.95		
31.64 30.44		
2 Li, Abby	SO SHPR	5:19.07 CCS
27.96 31.08 32.01 32.14		
32.61 32.74 32.82 32.87		
32.97 31.87		
3 Anderson, Kalina	FR DTECH	5:19.13 CCS
28.63 31.54 32.57 32.71		
32.54 32.98 32.79 32.47		
32.31 30.59		
4 Spada, Alexandra	SO NDSJ	5:26.87
31.02 35.25 37.03 37.00		
37.57 37.77 37.93 38.03		
35.79		
5 Porteous, Annika	SR MENL	5:35.88
29.35 32.73 33.62 34.55		
34.69 34.48 34.38 34.51		
34.50 33.07		

6 McElhinney, Callie	FR CSTL	5:39.70
29.82 33.19 34.00 34.15		
34.12 35.05 35.29 34.54		
35.04 34.50		
7 Pyle, Samantha	SO SHPR	5:47.83
30.33 33.40 34.19 34.42		
34.97 35.53 35.91 36.31		
36.76 36.01		
8 Dye, Kira	FR CSUP	5:53.16
30.30 33.97 35.65 36.69		
36.73 36.58 36.50 36.92		
35.81 34.01		
9 Toyos, Sofia	FR SHPR	6:23.89
32.59 38.00 38.54 38.75		
39.34 38.72 40.69 39.81		
39.50 37.95		
10 Verma, Sierra	FR CSTL	6:33.88
34.34 37.59 39.46 40.78		
41.00 40.24 41.33 39.86		
40.00 39.28		
11 Karachiwala, Hinako	JR MENL	6:38.10
35.88 39.25 40.02 40.12		
40.74 41.24 41.14 41.12		
1:18.59		
12 Verma, Diya	SO CSTL	6:40.16
34.54 38.25 40.44 41.09		
41.13 41.68 41.66 41.31		
40.91 39.15		
13 Gainer, Zoe	FR MERB	6:45.24
33.82 38.30 40.99 41.90		
41.63 42.18 42.03 42.46		
42.61 39.32		
14 Giles, Madison	JR NDSJ	6:54.75
35.14 40.46 42.41 42.29		
42.60 42.98 43.46 42.92		
42.51 39.98		
15 Mananquil, Krista	NDBA	7:04.46
34.77 39.71 42.13 42.67		
43.57 44.67 44.65 44.82		
45.30 42.17		
16 Murray, Mia	FR NDSJ	7:54.01
39.79 45.06 47.46 48.71		
48.23 49.34 50.19 50.58		
49.02 45.63		
17 Nguyen, Amabelle	NDSJ	8:42.58
45.01 50.99 55.91 55.18		
54.55 55.31 56.13 52.37		
51.20 45.93		
18 DeSilva-Craycroft, Sonali	NDSJ	x8:50.62
45.88 51.98 54.91 55.72		
53.80 55.21		
1:44.28		

## WBAL Champs 2023 - 4/28/2023 to 4/29/2023

## Results - WBAL Fianls

## Event 18 Boys 500 Yard Freestyle Varsity

WBAL: 4:29.69 # 2010

Kevin Owens (TKA)

4:57.99 CCS

Name	Yr	School	Finals Time	CCS
1 Kirincich, Luke	SO	SHPR	4:44.00	CCS
25.67	27.77	28.55	28.65	
28.76	28.98	29.14	29.08	
29.07	28.33			
2 Zou, Wenjie	FR	HARK	4:58.52	
27.39	29.25	29.27	29.77	
29.97	30.57	30.77	30.63	
30.86	30.04			
3 Harris, Nelson	SO	SHPR	5:03.11	
27.45	29.37	30.22	30.64	
31.07	30.75	31.65	31.44	
30.86	29.66			
4 Kajarekar, Saahil	JR	HARK	5:07.28	
27.57	30.00	30.81	31.10	
31.47	31.53	31.34	31.43	
31.46	30.57			
5 Cheline, Alejandro	FR	HARK	5:10.62	
27.01	29.30	30.43	31.25	
31.50	32.77	31.85	32.32	
32.08	32.11			
6 Crum, Carl	JR	SHPR	5:13.08	
27.32	30.31	31.06	31.54	
31.66	32.41	32.55	32.88	
32.84	30.51			
7 Li, Jason	SO	HARK	5:21.19	
28.64	31.43	32.52	32.67	
33.09	33.54	33.83	33.16	
32.71	29.60			
8 Edelman, David	FR	SHPR	5:25.53	
28.52	31.67	33.10	33.20	
33.47	33.73	34.23	33.18	
33.32	31.11			
9 Rossi, Lachlan	JR	HARK	x5:31.24	
29.10	31.74	31.81	32.50	
32.92	34.10	35.02	35.00	
35.71	33.34			
10 Gani, Alex	JR	MENL	5:36.92	
28.59	32.03	33.88	34.21	
34.68	34.35	35.27	34.99	
35.19	33.73			
11 Risk, Daniel	SO	NUEV	5:37.78	
29.48	33.24	34.65	34.34	
34.55	35.15	34.78	34.93	
34.34	32.32			
12 Sutherland, Jacob	SO	CSUP	5:44.60	
30.54	33.93	34.29	34.72	
35.83	35.36	35.58	34.39	
36.00	33.96			
13 Galligan, Patrick	JR	MENL	6:13.46	
31.35	34.98	36.46	37.65	
38.79	38.65	39.20	39.41	
38.91	38.06			

14 Tambling, James	SO	NUEV	6:17.51
30.93	35.50	37.28	37.86
39.16	38.54	40.48	40.53
40.00	37.23		

## Event 19 Girls 200 Yard Freestyle Relay Varsity

WBAL: 1:36.52 # 2014

Sacred Heart Prep

Howe, Holman, Bower, Sturzenegger

1:46.99 CCS

Team	Relay	Finals Time	CCS
1 CSTL	A	1:37.90	CCS
1) Detter, Ella SO	2) Kapoor, Aria JR		
3) Cortez, Serafina SR	4) Detter, Olivia JR		
24.15	25.31	24.55	23.89
2 HARK	A	1:44.08	CCS
1) Cui, Kyra SO	2) Yang, Stella FR		
3) Chahal, Janam FR	4) Hong, Ashley JR		
25.36	26.77	26.97	24.98
3 SHPR	A	1:44.30	CCS
1) Kwok, Zoe SO	2) Newby, Megan SO		
3) Brandin, Margaret JR	4) Dova, Isabella SO		
25.59	27.25	25.56	25.90
4 DTECH	A	1:45.97	CCS
1) Anderson, Kalina FR	2) Garg, Aishani SO		
3) Sarles, Christina SO	4) Dowd, Leda SR		
26.69	27.18	27.41	24.69
5 TKAC	A	1:47.46	
1) Prendergast, Iona JR	2) Mina, Tristen SR		
3) Ninan, Abby SR	4) Komashko, Angelina SO		
24.56	25.14	33.64	24.12
6 MENL	A	1:47.57	
1) Cassidy, Kenya JR	2) Gamble, Scarlett JR		
3) Flierl, Sofia SO	4) Huddleston, Sage JR		
27.67	27.09	27.18	25.63
7 MERB	A	1:55.02	
1) Mcguire, Summer SR	2) Yee, Allison JR		
3) Simpson, Gwen SO	4) Wong, Cadence SO		
28.34	28.82	30.75	27.11
8 NDSJ	A	1:57.80	
1) Floyd, Emily FR	2) Ziazadeh, Aramina SO		
3) Giles, Madison JR	4) Spada, Alexandra SO		
26.02	30.15	34.70	26.93
9 NDBA	A	2:05.88	
1) Sucre, Izzy	2) Kistler, Sophie		
3) Pfeiffer, Kirsten	4) Ebert, Ella		
31.70	29.80	32.28	32.10
10 PRIO	A	2:14.08	
1) Turk, Ellie JR	2) Schor, Madeleine FR		
3) Perlov, Deanna JR	4) Ryan, Allegra SO		
31.39	33.16	43.86	25.67
--- CSTL	B	x1:49.58	
1) Lee, Caitlyn SO	2) Burks, Annika SR		
3) Yuan, Amelia FR	4) McElhinney, Callie FR		
25.79	28.73	27.05	28.01
--- SHPR	E	x1:49.83	
26.63	26.72	27.30	29.18

**WBAL Champs 2023 - 4/28/2023 to 4/29/2023****Results - WBAL Fianls****(Event 19 Girls 200 Yard Freestyle Relay Varsity)**

Team	Relay	Finals Time	
--- SHPR	C	x1:56.72	
1) Golub, Vivian SO	2) Wong, Alexa SO		
3) Dioli, Kate JR			
27.19	30.64	29.41	29.48
--- HARK	B	x1:58.55	
1) Mandal, Ipsita JR	2) Adler, Sydney SR		
3) Brill, Alana FR	4) Eisenberg, Keren SO		
28.69	29.89	31.72	28.25
--- SHPR	D	x2:06.44	
1) Coleman, Casey FR	2) Beekler, Eden FR		
3) Frolik, Sophie SR	4) Toyos, Sofia FR		
26.18	43.68	27.92	28.66
--- NDSJ	B	x2:12.40	
33.80	31.00	35.45	32.15
--- MENL	B	x2:16.42	
1) Laria, Jackie FR	2) Slater, Lya FR		
3) Barg, Lauren FR	4) Salgado Oseguera, Itzel JR		
33.23	38.26	34.73	30.20
--- CSTL	C	x2:24.59	
1) Prasad, Tanvi JR	2) Kwong, Ashley FR		
3) Koczynski, Clara FR	4) Verma, Diya SO		
32.89	40.48	39.59	31.63
--- MERB	B	x2:27.16	
40.41	40.09	40.60	26.06
--- NDSJ	C	x2:27.92	
32.10	43.11	38.84	33.87
--- NDSJ	D	x2:34.46	
40.48	41.23	15.52	57.23
--- NDSJ	E	x2:37.65	
40.66	40.37	41.49	35.13
--- NDSJ	F	x3:06.03	
50.31	48.65	15.06	1:12.01

**Event 20 Boys 200 Yard Freestyle Relay Varsity**

WBAL: 1:25.91 # 2019 Harker

Chung, Kwok, Hu, Edwards

1:34.39 CCS

Team	Relay	Finals Time	
1 SHPR	A	1:27.35 CCS	
1) Hogan, Tyler JR	2) Spencer, Andrew JR		
3) Swart, William SR	4) Ballard, Cole JR		
22.65	21.98	21.52	21.20
2 HARK	A	1:31.78 CCS	
23.69	22.79	23.40	21.90
3 TKAC	A	1:32.05 CCS	
1) Foucu, Matthieu SR	2) Foucu, Nathan FR		
3) Lee, Jason SO	4) Bonhagen, RJ JR		
22.27	22.05	24.20	23.53
4 MENL	A	1:32.89 CCS	
1) Grant, Connor JR	2) Tung, Andrew SR		
3) Warman, Samuel JR	4) Kossow, Ben JR		
22.15	23.92	22.99	23.83
5 PRIO	A	1:38.82	
1) Lin, Eugene FR			
3) Wu, Allen FR	4) Kawaja, Cole SO		
24.49	26.07	24.83	23.43

6 CSUP	A	1:40.71	
1) Wang, Jayden SO	2) Picos, Angel JR		
3) Sutherland, Jacob SO	4) Lacerte, Bennett S SR		
23.27	28.47	27.31	21.66
7 DTECH	A	1:45.83	
1) Galdamez, Austin SO	2) Kompella, Nishant SO		
3) Saito, Shota FR	4) Hsu, Brandon SO		
24.21	28.19	28.82	24.61
8 NUEV	A	1:48.86	
1) Quach, Nicholas JR	2) Chinmay, Dhruv SR		
3) Yang, Michael FR	4) Li, Alaric SO		
27.05	26.95	28.36	26.50
--- SHPR	B	x1:34.39 CCS	
1) Kazemipour, Cameron SO	2) Averbuck, Redmond JR		
3) Carrington, Claiborne FR	4) Nilsson, Kip JR		
22.66	24.49	23.37	23.87
--- SHPR	C	x1:35.35	
1) Pistorino, Matthew JR	2) Karr, Ryan FR		
3) An, Alexander SO	4) West, Ryan JR		
22.57	25.75	23.46	23.57
--- HARK	B	x1:37.11	
1) Dong, Eric FR	2) Kajarekar, Saahil JR		
3) Li, Jason SO	4) Wisdom, Thomas SR		
24.66	24.03	25.10	23.32
--- SHPR	D	x1:40.27	
1) Marcin, Oliver FR	2) Plaschke, John SO		
3) Kim, Ryan SO	4) Keller, Taylor SO		
23.24	25.75	26.28	25.00
--- MENL	B	x1:40.74	
1) Boesch, Alex JR	2) Mulloy, Cormac JR		
3) Lee, Isaiah JR	4) Coleman, Jackson FR		
23.91	26.95	25.58	24.30
--- HARK	C	x1:43.64	
1) Zhong, Alex SO	2) Cammer, Caio SO		
3) Cheline, Alejandro FR	4) Ivkov, Alexandr JR		
26.72	26.37	25.77	24.78
--- MENL	C	x1:44.63	
1) Wong, Brendan FR	2) Kawamoto, Lucas FR		
3) Oliveira, Bernardo JR	4) Barad, Calvin FR		
25.45	24.71	28.33	26.14
--- PRIO	B	x1:50.85	
1) Liu, Max FR	2) Burks, Tanner FR		
3) Afrakhteh, Ardavan FR	4) Avery, Christian JR		
26.90	28.83	30.75	24.37

**Event 23 Girls 100 Yard Backstroke Varsity**

WBAL: 53.57 # 2013 Ally Howe (SHP)

1:02.39 CCS

Name	YrSchool	Finals Time	
<b>A - Final</b>			
1 Finn, Addison	FR CSTL	55.80 CCS	
26.99	28.81		
2 Komashko, Angelina	SO TKAC	58.98 CCS	
28.53	30.45		
3 Chan, Katelyn	JR SHPR	59.21 CCS	
29.01	30.20		
4 Ninan, Abby	SR TKAC	1:00.82 CCS	
28.95	31.87		

## WBAL Champs 2023 - 4/28/2023 to 4/29/2023

## Results - WBAL Fianls

## A - Final ... (Event 23 Girls 100 Yard Backstroke Varsity)

Name	YrSchool	Finals Time
5 Lee, Caitlyn	SO CSTL	1:01.30 CCS
29.84	31.46	
6 Huddleston, Sage	JR MENL	1:02.60
30.19	32.41	
7 Li, Abby	SO SHPR	1:02.93
30.33	32.60	
8 Garg, Aishani	SO DTECH	1:04.81
31.29	33.52	

## B - Final

9 Chahal, Janam	FR HARK	1:04.81
31.18	33.63	
10 Li, Katelyn	FR CSTL	1:06.03
32.19	33.84	
11 Sahu, Shimeka	FR HARK	1:06.51
32.35	34.16	
12 Feng, Mirabelle	SO HARK	1:07.38
33.18	34.20	
13 Dova, Isabella	SO SHPR	1:07.65
32.46	35.19	
14 Spada, Alexandra	SO NDSJ	1:10.71
34.54	36.17	
15 Shroff, Niyati	JR SHPR	1:12.78
35.00	37.78	
16 Karachiwala, Hinako	JR MENL	1:18.32

## Event 24 Boys 100 Yard Backstroke Varsity

WBAL: 50.40 # 2012 Tom Kremer (SHP)  
56.99 CCS

Name	YrSchool	Finals Time
<b>Finals</b>		
1 Lacerte, Bennett S	SR CSUP	50.55 CCS
24.51	26.04	
2 Su, Sean	PIWO	53.57 CCS
26.11	27.46	
3 Grant, Connor	JR MENL	56.51 CCS
26.97	29.54	
4 Boesch, Alex	JR MENL	57.62
27.92	29.70	
5 Hoffman Chande, Remi	FR NUEV	58.29
28.14	30.15	
6 Pistorino, Matthew	JR SHPR	58.92
28.26	30.66	
7 Klemens, Thomas	FR SHPR	59.37
28.55	30.82	
8 Galdamez, Austin	SO DTECH	1:01.08
29.02	32.06	
9 Roman, Oli	SO HARK	1:03.33
30.84	32.49	
10 Lee, Jason	SO TKAC	1:03.71
30.15	33.56	
11 Baker, Charles	FR SHPR	1:04.84
31.29	33.55	
12 Chinmay, Dhruv	SR NUEV	1:08.43
32.99	35.44	
13 Pyle, Justin	JR SHPR	1:09.35
33.67	35.68	

14 Kompella, Nishant	SO DTECH	1:11.18
35.73	35.45	
15 Tambling, James	SO NUEV	1:12.91
35.51	37.40	
--- Wong, Brendan	FR MENL	DQ
28.55	31.26	

## Event 27 Girls 100 Yard Breaststroke Varsity

WBAL: 1:02.32 # 2022 AudreyJ-Cheng (SHP)  
1:09.99 CCS

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 J-Cheng, Audrey	SR SHPR	1:02.86 CCS
29.45	33.41	
2 Cui, Kyra	SO HARK	1:06.39 CCS
31.43	34.96	
3 Mina, Tristen	SR TKAC	1:06.69 CCS
31.81	34.88	
4 Wong, Cherise	SR NUEV	1:11.74
34.27	37.47	
5 Kwok, Zoe	SO SHPR	1:11.97
34.00	37.97	
6 Yuan, Amelia	FR CSTL	1:13.40
34.43	38.97	
7 Coleman, Casey	FR SHPR	1:14.13
34.56	39.57	
<b>B - Final</b>		
9 Yang, Stella	FR HARK	1:13.28
34.75	38.53	
10 Brush, Ellison	FR SHPR	1:13.58
35.09	38.49	
11 Kistler, Emma	NDBA	1:21.48
39.21	42.27	
12 Kingham, Ciara	NDBA	1:23.50
38.17	45.33	
13 Yee, Allison	JR MERB	1:23.67
39.42	44.25	
14 Kwong, Ashley	FR CSTL	1:29.43
42.56	46.87	
15 Ramirez, Mia	JR CSTL	1:31.58
42.37	49.21	
16 Zarrinagar, Noor	JR NUEV	1:34.19
42.52	51.67	

## Event 28 Boys 100 Yard Breaststroke Varsity

WBAL: 55.21 # 2019 Jason Kwok (Hark)  
1:01.99 CCS

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 Foucu, Nathan	FR TKAC	59.16 CCS
27.71	31.45	
2 Wang, Jayden	SO CSUP	1:01.15 CCS
28.76	32.39	
3 Lin, Eugene	FR PRIO	1:03.00
29.96	33.04	
4 West, Ryan	JR SHPR	1:04.93
30.85	34.08	



## WBAL Champs 2023 - 4/28/2023 to 4/29/2023

## Results - WBAL Fianls

## A - Final ... (Event 28 Boys 100 Yard Breaststroke Varsity)

Name	YrSchool	Finals Time
5 Tung, Andrew	SR MENL	1:05.19
30.39	34.80	
6 Hsu, Brandon	SO DTECH	1:05.91
30.53	35.38	
7 Kim, Ethan	SR NUEV	1:07.90
31.28	36.62	
8 Wong, Ryan	SO SHPR	1:08.57
31.90	36.67	

## B - Final

9 Gurtner, Pierce	JR SHPR	1:09.46
33.17	36.29	
10 Yang, Michael	FR NUEV	1:10.63
32.73	37.90	
11 Warman, Samuel	JR MENL	1:12.39
34.22	38.17	
12 Bradley, Michael	PIWO	1:12.74
34.72	38.02	
13 Kawamoto, Lucas	FR MENL	1:13.50
34.93	38.57	
14 Karr, Ryan	FR SHPR	1:16.42
35.52	40.90	
15 Burks, Connor	FR MENL	1:17.63
36.12	41.51	
16 Liu, Max	FR PRIO	1:17.97
36.87	41.10	

## Event 29 Girls 400 Yard Freestyle Relay Varsity

WBAL: 3:30.92 # 2022 SHP

Ross, Gibbons, Li, Reinstein

3:56.99 CCS

Team	Relay	Finals Time
1 CSTL	A	3:33.90 CCS
1) Cortez, Serafina SR	2) Finn, Addison FR	
3) Detter, Ella SO	4) Detter, Olivia JR	
26.03	55.03	25.24 53.33
25.42	52.66	24.86 52.88
2 SHPR	A	3:42.37 CCS
1) Brandin, Margaret JR	2) Chan, Katelyn JR	
3) Newby, Megan SO	4) J-Cheng, Audrey SR	
27.16	56.22	26.30 54.30
28.09	59.65	25.31 52.20
3 MENL	A	3:54.03 CCS
1) Cassidy, Kenya JR	2) Porteous, Annika SR	
3) Gamble, Scarlett JR	4) Huddleston, Sage JR	
29.29	59.82	28.26 59.41
28.01	58.85	26.98 55.95
4 HARK	A	3:54.67 CCS
1) Mandal, Ipsita JR	2) Feng, Mirabelle SO	
3) Sahu, Shimeka FR	4) Cui, Kyra SO	
29.41	1:01.24	28.27 59.34
28.47	59.80	26.06 54.29
5 NDBA	A	4:30.34
1) Kistler, Sophie	2) Sucre, Izzy	
3) Kistler, Emma	4) Kingham, Ciara	
31.81	1:06.67	33.57 1:10.76
31.17	1:05.60	32.22 1:07.31

6 NUEV	A	4:48.82
1) Belfer, Josie SO	2) Erbay, Lale SO	
3) Zarrinagar, Noor JR	4) Wong, Cherise SR	
35.35	1:14.96	35.34 1:17.78
35.22	1:30.90	45.18
7 NDSJ	A	4:50.06
1) Cho, Maddie FR	2) Schechtman, Maya FR	
3) Cao, Thanh-Thanh SO	4) Giles, Madison JR	
35.94	1:15.10	35.24 1:14.66
32.02	1:07.03	35.55 1:13.27
8 MERB	A	5:13.85
1) Fung, Chloe SO	2) Thomas, Kylie FR	
3) Sainz, Dylan SO	4) Gainer, Zoe FR	
37.56	1:22.82	15.62 41.40
45.26	1:22.28	42.44 1:47.35
--- CSTL	B	x3:58.78
1) Lee, Caitlyn SO	2) McElhinney, Callie FR	
3) Burks, Annika SR	4) Lowell, Sydney JR	
26.82	55.53	29.18 1:00.87
21.43	1:02.53	28.78 59.85
--- SHPR	B	x4:18.47
27.74	57.11	39.70 1:26.41
25.83	56.33	27.37 58.62
--- SHPR	C	x4:25.84
28.29	59.31	27.32 57.62
32.95	1:10.38	34.78 1:18.53
--- CSTL	C	x4:35.60
1) Li, Katelyn FR	2) Prasad, Tanvi JR	
3) Ramirez, Mia JR	4) Verma, Sierra FR	
29.32	1:03.38	34.06 1:14.74
33.55	1:10.89	31.78 1:06.59
--- NDSJ	B	x5:23.48
37.69	1:20.47	38.36 1:23.06
20.03	38.00	41.70 2:01.95
--- NDSJ	C	x5:42.02
41.18	1:26.53	38.27 1:25.30
39.72	1:26.18	37.13 1:24.01

## Event 30 Boys 400 Yard Freestyle Relay Varsity

WBAL: 3:08.84 # 2019 Harker

Chung, Kwok, Hu, Edwards

3:29.99 CCS

Team	Relay	Finals Time
1 SHPR	A	3:13.28 CCS
1) Ballard, Cole JR	2) Swart, William SR	
3) Spencer, Andrew JR	4) Pistorino, Matthew JR	
22.92	47.80	22.37 47.15
23.37	49.38	23.22 48.95
2 TKAC	A	3:24.35 CCS
1) Foucu, Nathan FR	2) Foucu, Matthieu SR	
3) Lee, Jason SO	4) Bonhagen, RJ JR	
23.13	48.25	22.79 47.65
25.61	55.24	24.63 53.21
3 HARK	A	3:25.03 CCS
1) Baumgarte, Oskar SO	2) Wisdom, Thomas SR	
3) Reed, Andrew SR	4) Pawliger, Adam SO	
24.11	50.35	25.20 53.21
24.24	51.01	23.69 50.46

**WBAL Champs 2023 - 4/28/2023 to 4/29/2023****Results - WBAL Fianls****(Event 30 Boys 400 Yard Freestyle Relay Varsity)**

Team	Relay	Finals Time
4 NUEV	A	3:41.23
1) Poon, Livi SR	2) Risk, Daniel SO	
3) Hoffman Chande, Remi FR	4) Kim, Ethan SR	
26.33 55.10	26.65 56.87	
26.47 56.29	24.55 52.97	
5 PRIO	A	3:41.80
1) Kawaja, Cole SO	2) Genet, Matthew JR	
3) Wu, Allen FR	4) Lin, Eugene FR	
24.88 52.23	27.92 57.99	
25.88 56.70	25.54 54.88	
6 MENL	A	3:48.29
1) Boesch, Alex JR	2) Mulloy, Cormac JR	
3) Gani, Alex JR	4) Coleman, Jackson FR	
28.84 1:01.32	27.07 58.20	
25.31 53.34	25.74 55.43	
--- SHPR	B	x3:21.72 CCS
--- SHPR	C	x3:29.14 CCS
--- HARK	B	x3:38.37
1) Rossi, Lachlan JR	2) Cheline, Alejandro FR	
3) Roman, Oli SO	4) Li, Jason SO	
25.52 53.19	26.88 56.09	
26.61 55.68	25.80 53.41	
--- SHPR	D	x3:44.60
--- SHPR	E	x3:47.00
--- PRIO	B	x4:12.41
1) Liu, Max FR	2) Burks, Tanner FR	
3) Afrakhteh, Ardavan FR	4) Avery, Christian JR	
--- MENL	B	x4:17.61
1) Meeks, Teddy JR	2) Panchula, Evan FR	
3) Burks, Connor FR	4) Galligan, Patrick JR	
27.87 59.23	32.22 1:08.56	
29.49 1:03.48	31.50 1:06.34	

3. Menlo School	266
4. The Nueva School	167.5
5. The King's Academy	164.5
6. Crystal Springs Uplands	136
7. Priory	129
8. Design Tech	98
9. Pinewood School	41

**Scores - Women****Women - Varsity - Team Rankings - Through Event 30**

1. Sacred Heart Prep	451
2. Castilleja	394
3. The Harker School	219.5
4. Menlo School	163.5
5. The King's Academy	159
6. Design Tech	152
7. Notre Dame, San Jose	124
8. Mercy, Burlingame	109
9. Notre Dame, Belmont	86
10. The Nueva School	74
11. Pinewood School	33
12. Crystal Springs Uplands	32
13. Priory	26

**Scores - Men****Men - Varsity - Team Rankings - Through Event 30**

1. Sacred Heart Prep	513
2. The Harker School	331